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THE TREASURY OF DEVOTION

Whoever picks up this small book, or carries it about with him, will find in it something appropriate to his spiritual needs at all times. The original arrangement and choice of material survived without major alterations the exacting test of daily use by many thousands over a period of nearly ninety years.

During the last two decades, however, the pace of change in the outward circumstances of and inner attitude to daily life has so accelerated that the need arose for a fundamental revision. This has been carried out by Dom Robert Petitpierre, Monk of Nashdom, who has skilfully retained the original editor's approach while revising the choice and arrangement of content in the light of present-day requirements.

The book still includes, as ever, doctrine and instruction as well as devotional material for a very wide variety of seasons, occasions and uses, and this new edition will be found of the greatest value to all those who feel the need of a compact manual to aid their prayers whether at home, in church, or at odd moments during a busy day.

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*Anon.—*The Book of the Poor in Spirit*
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*Winzen—*Symbols of Christ*

* *Not for Sale in U.S.A. and Canada*

THE TREASURY OF DEVOTION

A Manual of Prayers

Compiled by a priest and edited by

THE REVEREND
T. T. CARTER
Sometime Warden of the House of Mercy, Clewer

NEW EDITION

Revised by

DOM ROBERT PETITPIERRE
Monk of Nashdom Abbey

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PREFACE TO THE REVISED EDITION

To one who grew up on the *Treasury of Devotion* it was both a pleasure and a responsibility to be asked to prepare a Revised Edition of the book.

A manual of prayer compiled for use in the conditions of ninety years ago cannot but bear marks of its time, and needs adjusting to our own time.

The *Treasury*, while not the first book of its kind, is the only one of its decade which has remained in use until the middle of this century. This is due in large measure to the fact that it draws its material chiefly from the classical (and liturgical) piety of Western Christendom.

In its original form the *Treasury* was intended to be a more or less complete manual of christian devotion. Since it appeared, many other manuals, office books and missals have become available, and have supplemented or rendered unnecessary some of the devotions given in the *Treasury*.

The Revised Edition has a limited aim. It is designed as a manual for the use of christians who wish to pray regularly every day, apart from Church services, whether in their own homes or in a church. The key to the arrangement of the book is found in the "Scheme for a Week's Devotions" on pp. 19–22.

The text of the Eucharist is given, according to the Book of Common Prayer (with the addition also of the Prayer of Consecration of the Episcopal Church of America). The Devotions before and after the Holy Eucharist are retained much as in the earlier edition. It is suggested they can also be used on Thursdays as Personal Devotions. The preface which heads the section on the "Administration of the Eucharist" is that given for Ascensiontide in the Gelasian Sacramentary.

The Seasonal Devotions have undergone modification. Various additions have been made, mostly from ancient liturgical sources: some from the breviaries and missals, and all the prefaces from the Gelasian Sacramentary.

The section on Meditation or Mental Prayer is omitted from the Revised Edition. Many excellent books now exist on this important theme. Similarly, while the Penitential Devotions remain, the part on self-examination has been rewritten. It is assumed that both those preparing for a first confession, and those who require special instruction, will turn to the now considerable literature on the subject.

The editor and the publishers are indebted to the authors and Messrs. A. R. Mowbray & Co. Ltd. for permission to reproduce extracts from *Cambridge Offices and Orisons* by E. Milner White and B. T. D. Smith. The text of the Book of Common Prayer is Crown Copyright and the extracts used in this book are by permission.

The editor also tenders his thanks to many friends for their suggestions, and especially to two of them for their help with translations. He would express his gratitude also to an Intern Oblate of Nashdom Abbey for much time spent on proof-reading.

ROBERT PETITPIERRE
Monk of Nashdom Abbey

Nashdom Abbey,
Burnham, Bucks.
15th August 1957

PREFACE TO THE FIRST EDITION

To the loving care and unsparing diligence of a priest who desires to withhold his name, we are indebted for this, as the editor believes, very important addition to the series of our devotional manuals. The difficulty, of course, in such a work is to select out of the mass of materials what is likely to be adapted to many different minds under many varying circumstances; and arrange what is selected in the order most easily followed in familiar use. Such use only can be a real test of its success. But the greatest care has been bestowed in aiming at the desired result.

For the ordinary daily devotions as great variety has been given as the compass of the work admitted; and in the case of special devotions, where doubt was felt as to their introduction, the rule observed has been to adopt such as are found in the greater number of manuals, as being a guarantee of their popularity. In all important cases where the devotions are derived from ancient sources, the translation has been carefully compared with the original. In doctrinal statements, for the most part, the words of some recognized authority have been employed; in one or two cases the authorities are given in the text.

The compiler has drawn his materials from whatever sources were accessible to him. The aid given in the case of individual prayers or litanies, etc., it is scarcely possible to acknowledge; but for the most important assistance in his work, his thanks are specially due to Dr. Pusey for the kind permission to use his translation of the *Paradise of the Christian Soul*; to the editors of the *Priest to the Altar*, the *Encheiridion, or Hours of Sarum*, and of the *Hours of the Passion*, for kindly placing their works at his disposal. He is also indebted for a few important addi-

tions to *The Manual for Sisters of Mercy*, also kindly allowed. The translations of the hymns, "Rerum Deus tenax vigor",* "Nunc Sancte nobis Spiritus",* "Rector potens verax Deus",* "Pange lingua", "Verbum Supernum prodiens", "O Esca Viatorum", are taken from *Hymns Ancient and Modern*, through the kind permission of the editors.

In venturing to commend this manual, of which his own share has chiefly been in suggesting what occurred to him as likely to enhance its value and usefulness, the editor feels the momentous responsibility of promoting what, if it became popular, must exercise a vital and lasting influence on the character of the devotional life now, through the mercy of God, deeply stirred within the Church of England. But he believes that, according to the best judgment he is able to form, the *Treasury* contains all the great principles which it is important to cherish, in perfecting our communion with God, and the things which are of God; and this according to the teaching of those who have been mercifully given to us, as our authoritative guides in the ways of faith and piety. In conclusion, he would ask of those who use this book that they may sometimes remember before the Throne of Grace him to whose labours for his brethren's sake we are indebted for so great an aid, as well as those who have assisted him in his work.

T. T. C.

Clewer Rectory, Lent 1869

* *Not included in this present edition.*

DOCTRINE AND INSTRUCTION

The Apostles' Creed

I believe in God the Father Almighty, Maker of Heaven and earth:

And in Jesus Christ his only Son our Lord: Who was conceived by the Holy Ghost, born of the Virgin Mary: Suffered under Pontius Pilate, was crucified, dead, and buried: He descended into Hell, the third day he rose again from the dead: He ascended into Heaven, and sitteth on the right hand of God the Father Almighty: From thence he shall come to judge the quick and the dead:

I believe in the Holy Ghost: The Holy Catholick Church, the Communion of Saints: The Forgiveness of sins: The Resurrection of the body: And the Life everlasting. Amen.

The Lord's Prayer

Our Father, which art in Heaven, Hallowed be thy Name: Thy Kingdom come: Thy Will be done in earth, as it is in Heaven: Give us this day our daily Bread: And forgive us our trespasses, as we forgive them that trespass against us: And lead us not into temptation: But deliver us from evil. Amen.

The Gloria Patri

Glory be to the Father, and to the Son, and to the Holy Ghost:

As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Angelic Salutation

Hail Mary, full of grace: the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

The Ten Commandments

I. God spake these Words and said: I am the

Lord thy God: Thou shalt have none other gods but me.

II. Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in Heaven above, or in the earth beneath, or in the water under the earth. Thou shalt not bow down to them, nor worship them: for I the Lord thy God am a jealous God, and visit the sins of the fathers upon the children, unto the third and fourth generation of them that hate me, and shew mercy unto thousands in them that love me, and keep my Commandments.

III. Thou shalt not take the Name of the Lord thy God in vain: for the Lord will not hold him guiltless that taketh his Name in vain.

IV. Remember that thou keep holy the Sabbath-day. Six days shalt thou labour, and do all that thou hast to do; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work, thou, and thy son, and thy daughter, thy man-servant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made Heaven and earth, the sea, and all that in them is, and rested the seventh day; wherefore the Lord blessed the seventh day, and hallowed it.

V. Honour thy father and thy mother, that thy days may be long in the land which the Lord thy God giveth thee.

VI. Thou shalt do no murder.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his servant, nor his maid, nor his ox, nor his ass, nor any thing that is his.

My Duty to God is

To believe in him, to fear him and to love him; with all my heart, with all my mind, with all my soul, and with all my strength;

To worship him, to give him thanks, to put my

whole trust in him, to call upon him.

To honour his holy Name and his Word, and to serve him truly all the days of my life.

My Duty to my neighbour is

To love him as myself, and to do to all men, as I would they should do unto me.

To love, honour, and succour my father and mother;

To honour and obey the Queen, and all that are in authority under her: To submit myself to all my governors, teachers, spiritual pastors and masters; To order myself lowly and reverently to all my betters:

To hurt nobody by word nor deed: To be true and just in all my dealing: To bear no malice nor hatred in my heart.

To keep my hands from picking and stealing, and my tongue from evil-speaking, lying, and slandering: To keep my body in temperance, soberness and chastity:

Not to covet or desire other men's goods: but to learn and labour truly to get my own living, and to do my duty in that state of life, unto which it shall please God to call me.

Precepts of the Church

1. To observe the Festivals and Holy-days appointed.

2. To keep the Fasting-days with devotion and abstinence.

3. To observe the Ecclesiastical Customs and Ceremonies established, and that without frowardness or contradictions.

4. To repair unto the public Service of the Church for Matins and Evensong, with other holy Offices at times appointed, unless there be a just and unfeigned cause to the contrary.

5. To receive the Blessed Sacrament of the Body and Blood of Christ with frequent devotion, and three times a year at least, of which times Easter to be always one. And for better preparation thereunto, as occasion is, to disburden and quiet our consciences of those sins that may grieve us, or scruples that may trouble us, to a learned and discreet Priest, and from him to receive advice, and the benefit of absolution. (*Bp. Cosin.*)

The Two greater Sacraments generally necessary to Salvation

1. Baptism.
2. The Holy Eucharist.

The Five lesser not of universal obligation

1. Confirmation.
2. Penance.
3. Orders.
4. Matrimony.
5. Unction of the Sick.

(*First Prayer Book of Edward VI.*)

The Three Theological Virtues

1. Faith.
2. Hope.
3. Charity.

The Four Cardinal Virtues

1. Justice.
2. Prudence.
3. Temperance.
4. Fortitude.

The Seven Gifts of the Holy Ghost

1. Wisdom.
2. Understanding.
3. Counsel.
4. Ghostly strength.
5. Knowledge.
6. True Godliness.
7. Holy Fear.

The Twelve Fruits of the Holy Ghost

1. Love.
2. Joy.
3. Peace.
4. Long-suffering.
5. Gentleness.
6. Goodness.
7. Faith.
8. Meekness.
9. Patience.
10. Modesty.
11. Temperance.
12. Chastity.

The Seven Spiritual Works of Mercy

1. To instruct the ignorant.
2. To correct offenders.
3. To counsel the doubtful.
4. To comfort the afflicted.
5. To suffer injuries with patience.
6. To forgive offences and wrongs.
7. To pray for others.

The Seven Corporal Works of Mercy

1. To feed the hungry, and give drink to the thirsty.
2. To clothe the naked.
3. To harbour the stranger and needy.
4. To visit the sick.

5. To minister unto prisoners and captives.
6. To visit the fatherless and widows.
7. To bury the dead.

The Eight Beatitudes

1. Blessed are the poor in spirit: for theirs is the Kingdom of Heaven.
2. Blessed are they that mourn: for they shall be comforted.
3. Blessed are the meek: for they shall inherit the earth.
4. Blessed are they which do hunger and thirst after righteousness: for they shall be filled.
5. Blessed are the merciful: for they shall obtain mercy.
6. Blessed are the pure in heart: for they shall see God.
7. Blessed are the peacemakers: for they shall be called the Children of God.
8. Blessed are they which are persecuted for righteousness' sake: for theirs is the Kingdom of Heaven.

The Seven Capital or Deadly Sins, and the Contrary Virtues

	Contrary Virtues
1. Pride	1. Humility
2. Covetousness	2. Liberality
3. Lust	3. Chastity
4. Envy	4. Gentleness
5. Gluttony	5. Temperance
6. Anger	6. Patience
7. Sloth	7. Diligence

Nine Ways of Participating in another's Sin

1. By counsel.
2. By command.
3. By consent.
4. By provocation.
5. By praise or flattery.
6. By concealment.
7. By partaking.
8. By silence.
9. By defence of the ill done.

Six Sins against the Holy Ghost

1. Presuming on God's mercy.
2. Despair.
3. Impugning a known truth.
4. Envy at another's good.
5. Obstinacy in sin.
6. Final impenitence.

Three Notable Duties

1. Prayer.
2. Fasting.
3. Almsgiving.

The Three Parts of True Repentance

1. Contrition.
2. Confession.
3. Satisfaction.

The Penitential Psalms

Pss. vi., xxxii., xxxviii, li., cii., cxxx., cxliii.

The Gradual Psalms

Pss. cxx. to cxxxiv.

The Evangelical Councils

1. Voluntary Poverty.
2. Perpetual Chastity, *i.e.*, Perpetual Virginity or Widowhood.
3. Holy Obedience.

The Seven Words on the Cross

Jesus said:

1. Father, forgive them; for they know not what they do.
2. Verily I say unto thee, To-day shalt thou be with me in Paradise.
3. Woman, behold thy Son! Behold thy Mother!
4. My God, my God, why hast thou forsaken me?
5. I thirst.
6. It is finished.
7. Father, into thy hands I commend my spirit.

The Four Last Things

1. Death.
2. Judgment.
3. Heaven.
4. Hell.

Subjects for Daily Meditation and Prayer

Remember, Christian Soul, that thou hast this day, and every day of thy life,

God to glorify.
Jesus to imitate.
A soul to save.
A body to mortify.
Sins to repent of.
Virtues to acquire.
Hell to avoid.
Heaven to gain.
Eternity to prepare for.
Time to profit by.
Neighbours to edify.
The world to despise.
Devils to combat.
Passions to subdue.
Death, perhaps, to suffer.
Judgment to undergo.

DAILY DEVOTIONS

Christians must pray every day. Sometimes this is not easy, either because time and place are hard to come by or because praying itself is difficult. We must not let this discourage us. God blesses us when, finding difficulty, we persevere in prayer.

We need to plan our praying. Prayers in the early morning and late at night are best kept short, since we then are usually too hurried or too tired. A form of Morning and of Evening Prayer is given in this book. This should be taken as a pattern and varied to suit our personal needs.

It is good planning to try to keep ten or fifteen minutes during each day when we can, perhaps in a church, find opportunity to be quiet with God. On such occasions we can make use of some of the devotions given in the following pages, making a selection from them.

The Litanies do not have to be used in full. They are divided into sections, and one or another may serve. The formal response after each invocation or petition can be omitted. It may well be good simply to dwell on the vision of God that each phrase supplies. We go to God by desires rather than by many words.

It can be useful to organise our devotions for the different days of the week, and one way of doing this is suggested on pp. 19–22. But it is also important to keep prayer balanced. So we should see to it that over the week our prayer is concerned not only with our own needs and those of others

(Petition, Intercession) but also with God's greatness (Adoration), his goodness (Thanksgiving) and his wonderful works (Praise). Nor should we forget that we are sinners and tell him our sorrow for this (Penitence).

A FORM OF MORNING PRAYER

As soon as you are awake, make the Sign of the Cross, and say:

Glory be to the Father, Who hath created me.
Glory be to the Son, Who hath redeemed me.
Glory be to the Holy Ghost, Who sanctifieth me.

Blessed be the Holy and Undivided Trinity, now and for evermore, who hath preserved me during the night past, and saved me from the sleep of death.

On rising from your bed, say:

In thy Name, O Lord Jesus Christ, do I rise from sleep: do thou bless, guide, and guard me, and lead me to everlasting life. Amen.

While you are dressing, be on your guard against admitting worldly thoughts into your mind; fix your thoughts on some point in the Life or Passion of our Blessed Lord, on God's mercies to you, on some daily duty, or probable temptation, on the shortness of life, on eternity, or say a Psalm or a Hymn.

As soon as you are dressed, calling to mind the greatness of God and your own nothingness, place yourself in his presence, and kneel down and say:

In the Name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

Blessed be the Holy and Undivided Trinity, now and for evermore. Amen.

Come, Holy Ghost, and fill the hearts of thy faithful people, and kindle in them the fire of thy love.

The Lord's Prayer

Our Father.

The Angelic Salutation

Hail Mary.

The Apostles' Creed

I believe in God.

Act of Faith

O my God! I firmly believe that thou art here present, and perfectly seest me: that thou observest all my actions and knowest all my thoughts. I acknowledge that I am not worthy to come into thy presence, nor to lift up mine eyes in thy sight, because I have so often sinned against thee. But, O Lord, of thy mercy give me pardon for all my sins, and assist me with thy Holy Spirit that I may pray to thee as I ought.

Act of Thanksgiving

O eternal God, I praise thee, and I thank thee from my inmost heart, because thou hast created me after thine own Image; and hast redeemed me with the precious Blood of thy dear Son; and in addition to other countless blessings, hast so mercifully preserved me, bringing me safely to the beginning of another day, and keeping me from evils and dangers during the past night. What return, O Lord, shall I make to thee, for these and all the other manifold mercies which thou hast bestowed upon me?

Act of Self-Dedication

Behold, O Lord, I cheerfully give up all to thee, from whom alone cometh all that I have. I truly and entirely dedicate, to the greater glory of thy Name, my body and soul, with all their powers and faculties, and all the thoughts, words, and actions of this day, that in them all thy blessed Name may be for ever praised and glorified: and this I do in union with all the works which, in the most perfect love, our Saviour wrought on earth for our salvation; so that out of the abundant merits of thine only-begotten Son, in whom thou art ever well-pleased, my offerings may be accepted, my weakness strengthened, and my defects supplied.

Intercession

Almighty and everlasting God, who hast promised to hear the petitions of those who ask in thy Son's Name, I commend unto thee my Parents, my Brothers, and Sisters, my

Wife (or Husband), my Children and Godchildren, and all my Relations, Friends, Dependants, and those for whom I have been asked to pray. Let thy fatherly hand, I beseech thee, ever be over them. Let thy Holy Spirit ever be with them, and so lead them in the knowledge and obedience of thy word, that in the end they may obtain everlasting life. Pity, O Lord, and have mercy upon all men, for Jesus Christ's sake, who with thee and the Holy Ghost, liveth and reigneth, ever One God, world without end. Amen.

May the intercessions of the holy Mother of God, of the Prophets, of the holy Apostles, of the Martyrs, help us. May all the Saints and elect of God pray for us, that we may be worthy with them to possess the Kingdom of God. Amen.

May the holy Angels, especially my own guardian, keep watch around me throughout this day, to protect me against the assaults of the evil one, to suggest to me holy thoughts, to defend me against all dangers, to lead me in the perfect way of peace, and to bring me safe, at length, to my home in Heaven.

O Lord Jesus, in union with thy most perfect actions, I commend to thee my works of this day, to be directed according to thy will. Amen.

Benediction

The peace of our Lord Jesus Christ, and the virtue of his most sacred Passion, the Sign of the ✠ Holy Cross, and the triumphant title Jesus of Nazareth, King of the Jews; his immaculate Birth of the Blessed Virgin Mary, the guardianship of the holy Angels, especially of my peculiar guardian, and the prayers of all the Elect of God, be between me and all my enemies, visible and invisible, both now and at the hour of my death. Amen.

In the Name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

A FORM OF EVENING PRAYER

In the Name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

Abide with us, O Lord!

For it is towards evening, and the day is far spent.

May my evening prayer ascend up unto thee, O Lord!

And thy mercy descend upon me.

Keep me, O Lord, as the apple of an eye, hide me under the shadow of thy wings.

The Lord's Prayer

Our Father.

The Angelic Salutation

Hail Mary.

The Apostles' Creed

I believe in God.

Thanksgiving

O infinite Goodness! I thank thee from my inmost heart for all thy blessings, which this day, and through my whole life, thou hast so bountifully bestowed upon me, who am so utterly unworthy of them. Praise and glory be to thee, from me and from thine Elect in Heaven and in earth, and from all thy creatures for ever and ever.

AN ACT OF PENITENCE

Prayer for Light

Come Holy Ghost, and send forth from Heaven the rays of thy light: enlighten the darkness of my mind, that I may see and know the sins which I have this day committed in thought, word, or deed, and whatsoever good I have left undone; and give me the grace of true contrition, that I may acknowledge them and hate them, as I ought. Amen.

Here examine your conscience; consider well where you have been; with whom you have had anything to do; what you have thought, said, or done during the day. Examine yourself with respect to your station, office, or calling. Consider what progress you have made in the practice of the grace you

most need, and in rooting out the fault that most besets you: put to yourself such questions as these:

Did I say my prayers this morning reverently and carefully?

Have I wasted my time?

Have I injured the character of any one?

Have I led any one to commit sin?

Have I been angry or impatient with any one?

Have I earnestly put away any evil, bitter, or impure thoughts that may have occurred?

Have I done to-day, or have I not done, what I determined yesterday to do or not to do?

When you have finished your self-examination and confession:

Confess one by one the sins that you have committed during the day.

Pray for Pardon

O God of Infinite Mercy! pardon all my past sins; behold I cast all my offences of this day and of my whole life into the abyss of thy love, and I beseech thee, O my God, by the Death of thy dear Son, do thou forgive me wherein-soever I have sinned against thee in thought, word, or deed.

Resolve to Amend

O Eternal Wisdom, I do most firmly purpose, by thy grace, not to offend thee any more.

AN ACT OF INTERCESSION

Intercession

Remember, Gracious God, for good my dear Parents, Brothers, Sisters, Husband (Wife), Children, God - children. Bless all my Relations, Benefactors, and Friends (especially N.). Hear me, Good Lord, who commend unto thy tender mercy all that labour under trials and afflictions. Have mercy upon this household; and grant that humility and meekness, peace and charity, chastity and purity, may rule therein. Grant that we may so correct and amend ourselves, that we may love, and fear, and serve thee faithfully all our days; through our Lord and Saviour Jesus Christ. Amen.

O Eternal Father, I beseech thee, of thy bound-

less mercy, and by the Life and Passion of thy dear Son, enable us to persevere unto the end, and to die in thy grace.

O Blessed Jesus, by the love of thy Eternal Father, and by thy last words upon the Cross, whereby thou didst commend thy Spirit into his hands, I pray thee to receive our souls at our last hour.

O Holy Spirit, true God, have mercy upon us; and guard us with thy holy inspirations now and in the hour of our death.

O most Holy Trinity, One God, have mercy upon us, now and in the hour of death, and in the Day of Judgment. Amen.

May the Souls of the Faithful, through the mercy of God, rest in peace. Amen.

AN ACT OF COMMENDATION

May the intercessions of the holy Mother of God, of the Prophets, of the holy Apostles, of the Martyrs, help us! May all the Saints and Elect of God pray for us, that we may be worthy with them to possess the Kingdom of God. Amen.

May the holy Angels, especially our own guardians, keep watch around us throughout this night, to protect us against the assaults of the evil one, to suggest to us holy thoughts, to defend us against all dangers, to lead us in the perfect way of peace, and to bring us safe, at length, to our home in Heaven. Amen.

Benediction

God the Father bless me; Jesus Christ defend and keep me; the power of the Holy Ghost enlighten me and sanctify me, this night and for ever. Amen.

On composing yourself to sleep.

✠ Into thy hands, O Lord, I commend my spirit, for thou hast redeemed me, O Lord, thou God of Truth. I will lay me down in peace, and take my rest, for it is thou Lord only who makest me dwell in safety.

COMPLINE

Reader. Bid, sir, a blessing.

Officiant. The Lord Almighty grant us a quiet night, and a perfect end.

Choir. Amen.

R. Brethren, be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: whom resist stedfast in the faith. But thou, O Lord, have mercy upon us.

Ch. Thanks be to God.

O. ✠ Our help is in the Name of the Lord.

Ch. Who hath made heaven and earth.

Then the principal person says the Confession.

Ch. Almighty God have mercy upon thee, forgive thee all thy sins, and bring thee to everlasting life. *P.* Amen.

Ch. I confess to Almighty God, to Blessed Mary Ever-virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the Holy Apostles Peter and Paul, to all the Saints and to thee, Father, that I have sinned exceedingly in thought, word and deed, through my fault, through my fault, through my own most grievous fault. Wherefore I beg Blessed Mary Ever-virgin, Blessed Michael the Archangel, Blessed John the Baptist, the Holy Apostles Peter and Paul, all the Saints and thee, Father, to pray to the Lord our God for me.

or the following:

I confess to God Almighty to all the Saints and to you, Father, that I have sinned exceedingly in thought, word and deed, through my fault, my own fault, my own most grievous fault.

Wherefore I beg all the Saints and you, Father, to pray for me to the Lord our God.

P. Almighty God have mercy upon you, forgive you all your sins, and bring you to everlasting life.
Ch. Amen.
P. The almighty and merciful God grant you ✠ pardon, absolution and remission of all your sins.
Ch. Amen.
O. Turn thou us, O God our Saviour;
Ch. And let thine anger cease from us.
O. O God, make speed to save me;
Ch. O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

But from Septuagesima to Wednesday in Holy Week (inclusive) instead of Alleluia *is said,*

Praise be to thee, O Christ, king of glory everlasting.

Psalm iv. *Cum invocarem*

Hear me when I call, O God of my righteousness: thou hast set me at liberty when I was in trouble, have mercy upon me, and hearken unto my prayer.

2 O ye sons of men, how long will ye blaspheme mine honour: and have such pleasure in vanity, and seek after leasing?

3 Know this also, that the Lord hath chosen to himself the man that is godly: when I call upon the Lord, he will hear me.

4 Stand in awe, and sin not: commune with your own heart, and in your chamber, and be still.

5 Offer the sacrifice of righteousness: and put your trust in the Lord.

6 There be many that say: Who will shew us any good?

7 Lord, lift thou up: the light of thy countenance upon us.

8 Thou hast put gladness in my heart: since the time that their corn and wine and oil increased.

9 I will lay me down in peace, and take my rest: for it is thou, Lord, only that makest me dwell in safety.

Psalm xci. *Qui habitat*

Whoso dwelleth under the defence of the most High: shall abide under the shadow of the Almighty.

2 I will say unto the Lord, Thou art my hope, and my stronghold: my God in him will I trust.

3 For he shall deliver thee from the snare of the hunter: and from the noisome pestilence.

4 He shall defend thee under his wings, and thou shalt be safe under his feathers: his faithfulness and truth shall be thy shield and buckler.

5 Thou shalt not be afraid for any terror by night: nor for the arrow that flieth by day.

6 For the pestilence that walketh in darkness: nor for the sickness that destroyeth in the noonday.

7 A thousand shall fall beside thee, and ten thousand at thy right hand: but it shall not come nigh thee.

8 Yea, with thine eyes shalt thou behold: and see the reward of the ungodly.

9 For thou Lord art my hope: thou hast set thine house of defence very high.

10 There shall no evil happen unto thee: neither shall any plague come nigh thy dwelling.

11 For he shall give his Angels charge over thee: to keep thee in all thy ways.

12 They shall bear thee in their hands: that thou hurt not thy foot against a stone.
13 Thou shalt go upon the lion and adder: the young lion and the dragon shalt thou tread under thy feet.
14 Because he hath set his love upon me, therefore will I deliver him: I will set him up because he hath known my Name.
15 He shall call upon me, and I will hear him: yea, I am with him in trouble; I will deliver him, and bring him to honour.
16 With long life will I satisfy him: and shew him my salvation.

Psalm cxxxiv. *Ecce nunc*

Behold now praise the Lord: all ye servants of the Lord.
2 Ye that by night stand in the house of the Lord: even in the courts of the house of our God.
3 Lift up your hands in the sanctuary: and praise the Lord.
4 The Lord that made heaven and earth: give thee blessing out of Sion.

Hymn. *Te lucis ante terminum*

To thee, before the close of day,
Creator of the world, we pray,
That with thy wonted favour thou
Wouldst be our guard and keeper now.

From all ill dreams defend our eyes,
From nightly fears and fantasies;
Tread under foot our ghostly foe,
That no pollution we may know.

*O Father, that we ask be done,
Through Jesus Christ, thine only Son,
Who, with the Holy Ghost and thee,
Shall live and reign eternally. Amen.

O. But thou, O Lord, art in the midst of us, and we are called by thy holy Name; leave us not, O Lord our God.

Ch. Thanks be to God.

P. (*or Reader*). Keep us, O Lord, as the apple of an eye.

Ch. Hide us under the shadow of thy wings.

O. Lord, have mercy.

Ch. Christ, have mercy.

O. Lord, have mercy. Our Father. . . .
(*in an undertone.*)
And lead us not into temptation.

Ch. But deliver us from evil.

O. O Lord, hear my prayer:

Ch. And let my cry come unto thee.

If Officiant is Priest or Deacon he says instead:

O. The Lord be with you.

Ch. And with thy spirit.

O. Let us pray.

Visit, we beseech thee, O Lord, this dwelling, and drive far from it all the snares of the enemy. Let thy holy Angels dwell herein to preserve us in peace, and may thy blessing be upon us evermore; through Jesus Christ our Lord.

Ch. Amen.

* This Doxology is changed according to the season.

O. The Lord be with you.
Ch. And with thy spirit.
O. Let us bless the Lord.
Ch. Thanks be to God. (*Choir then kneels for the blessing.*)
O. The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, ✠ bless us and guard us.
Ch. Amen.

A PLAN FOR A WEEK'S DEVOTIONS

Monday

Adoration. God our Father and Creator.

Praise. For God's creative work and his loving Providence.
For the wonder and beauty of Nature.

Penitence. For our misuse of God's creatures.
For our selfishness and greed.
For our spiritual blindness and neglect of God.

Petition. That we may do our Duty to God.
For a better trust in God's care.

Thanks. For the gift of life.
For God's continual love for us.
For the promise of seeing him in Heaven.

Tuesday

Adoration. God the Son, made Man for us.

Praise. For the joys of social and family life.
For the example of true manhood given us by him.
For the gift of intelligence and the range of human learning.

Penitence. For bad laws and customs and all social injustice—envy and hatred, and strife among men.
For the misuse of technical skill.
For our dishonesties.

Petition. For peace and justice among men.
For a right use of industry and commerce.
For schools and colleges, esp. . . . . .
For our Parliaments and local governments.

Thanks. For man's great gifts of body and mind.
For the taking of our nature by God.
For the dignity of human life.
For friendship and social joys.

Wednesday

Adoration. God the Holy Spirit, the giver of life.

Praise. For the powers of life in nature and man.
For the life of the Blessed in Heaven.
For the life of the Church on earth.

Penitence. For neglect of holy inspirations.
For self-centred lives.
For our refusal to be made holy.
For slack or wicked Christians.
For the disunity of Christians.

Petition. For clergy and laity throughout the world.
For those preparing for ordination.
For the visible unity of all Christians.
For the spread of the Gospel.
For an increase in holiness.

Thanks. For the blessed life in Heaven.
For the work of the Holy Spirit in the Holy Church.
For the holiness we meet in men.
For the power to live rightly.

Thursday

Adoration. Jesus the Good Shepherd, Head of the Church and source of all grace.

Praise. That through him we can freely come to the Father.
That in him man's nature is made perfect.
That by Baptism we are made one with him.
That by him we are fed with himself in the most holy Sacrament.

Penitence. For our lack of praise and worship of God.
For our neglect and misuse of grace.
For our neglect of our baptismal vows.
For our careless Communions.
For our self-willed refusal to follow our Shepherd.

Petition. That we may accept God's guidance.
That we may be faithful to the graces we receive.
For perseverance in prayer and sacraments.

Thanks. For the assurance of God's love.
For our baptism, our entry into the life of heaven.
For the Holy Eucharist.

Friday

Adoration. Jesus Christ, who by his Cross and Passion has redeemed the world.

Praise. For the obedience of Christ even unto death.
For his triumph over all evil.
For his goodness in dying for us sinners.

Penitence. For our hardness of heart.
For our repeated sins.
For our besetting sins.

Petition. For forgiveness for ourselves, our families and our town.
For a new life in the future.
For the redemption of our age and civilisation.
For God's mercy on us all.

Thanks. That God's forgiveness is always ready.
For the gift of restored friendship with him.
That Christ our Lord has saved the world.
For his many mercies to me.

Saturday

Adoration. God the Father in his Saints and Angels.
God the Son in whom all things are held together.
God the Holy Spirit, calling men to God.

Praise. For the unswerving service of the Angels.
For the lowliness of Blessed Mary the Virgin.
For the noble army of Martyrs.
For the hidden lives of Saints.

Penitence. For our neglect of our heavenly friends.
For our neglect of our earthly families.
For those who serve evil rather than good.
For our deafness to God's call.

Petition. For our homes and families, friends and relatives.
For deeper fellowship with the Saints and Angels.
For an increase in vocations to the priesthood, the "Religious Life", and to Missionary work.
That the faithful departed may find refreshment, light and peace.

Thanks. For the communion of Saints.
For the overcoming of death.
For Life everlasting.

DEVOTIONS TO GOD THE FATHER

OBLATION TO GOD THE FATHER

O most Merciful Father, and God of all Comfort! I, thine unworthy creature and unprofitable servant, do humbly present myself before thee my most Gracious Lord and Creator.

To thee, O most gracious Father! who art the giver and the preserver of all, I offer my whole self and all that I have for a most ready service and obedience unto thee: and this I do in union with the Oblation which thy most Beloved Son, our Lord Jesus Christ, made when He offered and commended himself unto thee, first in his Infancy in the Temple, then when praying in the Garden, and lastly when dying on the Altar of the Cross.

O most Merciful God, be gracious to me, a most miserable sinner; despise me not, the work of thine own hands; but vouchsafe, of thy infinite goodness and mercy, favourably to accept this my unworthy service to the greater glory of thy Name, and the salvation of my soul. Amen.

LITANY TO GOD THE FATHER

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Holy Father, hear us.

Righteous Father, hearken unto us.

O God the Father, of Heaven,

Have mercy upon us.

O God the Son, Redeemer of the world,

Have mercy upon us.

O God the Holy Ghost,

Have mercy upon us.

Holy Trinity, One God,

Have mercy upon us.

Our Father, which art in Heaven,

Have mercy upon us.

The Blessed God and Father of our Lord Jesus Christ,

Have mercy upon us.

Father of mercies and God of all comfort,

Have mercy upon us.

Who comfortest us in all our tribulation,
Have mercy upon us.
The Father Everlasting,
Have mercy upon us.
The Father, of whom are all things,
Have mercy upon us.
The Father of glory, and Lord of Heaven and earth,
Have mercy upon us.

The Father of our Lord Jesus Christ, of whom the whole family in Heaven and earth is named,
Have mercy upon us.
Who hast predestinated us unto the adoption of children by Jesus Christ,
Have mercy upon us.
Who hast blessed us with all spiritual blessings in heavenly places,
Have mercy upon us.
Who forgivest us our trespasses,
Have mercy upon us.
Who givest the Holy Spirit to them that ask thee,
Have mercy upon us.
The Father of Lights, from whom every good gift and every perfect gift cometh down,
Have mercy upon us.

The Father who seest in secret,
Have mercy upon us.
Who makest thy sun to rise on the evil and on the good,
Have mercy upon us.
Who sendest rain on the just and on the unjust,
Have mercy upon us.
Who dost number all the hairs of our head,
Have mercy upon us.
Who sparest not thine Own Son, but hast delivered him up for us all,
Have mercy upon us.
Who hast called us into the fellowship of thy Son,
Have mercy upon us.
Who hast translated us into the Kingdom of the Son of thy love,
Have mercy upon us.
Who hast made us meet to be partakers of the Saints in light,
Have mercy upon us.
Who didst so love the world, that thou gavest thine Only-Begotten Son,
Have mercy upon us.
Who hast bestowed such love upon us, that we should be called and be the Sons of God,
Have mercy upon us.
Who wouldst have us to be conformed to the image of thy Son,
Have mercy upon us.
Who hast prepared a Kingdom for thine Elect

from the foundation of the world,

Have mercy upon us.

In whose House are many mansions,

Have mercy upon us.

We beseech thee to hear us.

That thy Name may be always and in all places hallowed,

We sinners beseech thee to hear us.

That it may please thee that thy Kingdom come to us,

We sinners beseech thee to hear us.

That thy Will may be ever done in us, as in Heaven so in earth,

We sinners beseech thee to hear us.

That thou wouldst vouchsafe to give us our daily bread,

We sinners beseech thee to hear us.

That thou wouldst vouchsafe mercifully to forgive us our trespasses,

We sinners beseech thee to hear us.

That thou wouldst vouchsafe to defend us under the shadow of thy wings, and deliver us from all temptations,

We sinners beseech thee to hear us.

That thou wouldst vouchsafe to deliver us from all evil,

We sinners beseech thee to hear us.

That thou wouldst vouchsafe to give thy Holy Spirit to them that ask thee,

We sinners beseech thee to hear us.

That what we ask faithfully we may obtain effectually,

We sinners beseech thee to hear us.

That thou wouldst grant us, according to the riches of thy glory, to be strengthened with might by thy Spirit in the inner man,

We sinners beseech thee to hear us.

O Father, in the name of thy Son,

We sinners beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

Hearken to us, O Lord.

O Lamb of God, that takest away the sins of the world,

Grant us thy peace.

O Lord, hear our prayer,

And let our cry come unto thee.

Let us pray.

O God, from whom all good things do come, grant to us, thy humble servants, that by thy holy inspiration we may think those things that be good, and by thy merciful guiding may perform the same, through Christ our Lord. Amen.

DEVOTIONS TO GOD THE SON

THIRTY-THREE ASPIRATIONS

In honour of the years of the Life of our Lord Jesus Christ, in Commemoration of his principal Titles and Attributes

ARRANGED FROM HOLY SCRIPTURE

JESUS, VERY GOD

O Jesu! Very God of Very God; be thou my Strong Rock, and House of Defence, that thou mayest save me.

O Jesu! Word of the Everlasting Father, who hath in these last days spoken unto us by his Son: O that I might hear what the Lord sayeth unto me.

O Jesu! Wisdom of the Father, grant that I may seek those things which are above, that I may taste and see how gracious the Lord is.

JESUS, VERY MAN

O Jesu! First-born among many brethren, grant me, as thou hast promised, a place in the Kingdom of thy Father, that where thou art, I may be also.

O Jesu! the Word made Flesh, who being in the form of God, didst empty thyself, and tookest upon thee the form of a servant. Let me not feel it hard to be humbled for thee.

O Jesu! Son of Man, made in the likeness of man, and found in fashion as a man: make me by

grace partaker of the Divine Nature.

JESUS, OUR CREATOR

O Jesu! my Creator; make me a clean heart, and renew a right spirit within me.

O Jesu! my Maker; remember that thou hast made me as the clay. O may I be a vessel of honour, and not of dishonour in thy House.

O Jesu! Author of my life; may my soul live to thee; for to me to live is Christ, and to die is gain.

JESUS, OUR LORD

O Jesu! my Lord and my God; I am thy servant. Do thou and none but thou possess me.

O Jesu! my King; rule me, and I shall lack nothing in the green pastures, where thou hast set me.

O Jesu! my Father; I am not worthy to be called thy son, yet cast me not away from thy Presence.

JESUS, OUR TEACHER

O Jesu! who art a Teacher come from God to us: teach me goodness, discipline, and knowledge.

O Jesu! Instructor, who didst begin to do and to teach: teach me to do thy will, that I may learn of thee, for thou art meek and lowly of heart.

O Jesu! Light of the world, the Way, the Truth, and the Life: lighten mine eyes, and lead me in the way of thy commandments, for therein is my desire.

JESUS, OUR SHEPHERD

O Jesu! the Good Shepherd, who didst lay down thy life for thy sheep; lead me forth and feed me for thy Name's sake.

O Jesu! Bread of Life, lo my soul waiteth for thee; send me not away fasting, lest I faint by the way.

O Jesu! Fountain of Life, my soul thirsteth after thee; O let me draw water with joy out of the wells of salvation.

JESUS, OUR ADVOCATE

O Jesu! our advocate with God the Father; cause him to turn away his anger from us.

O Jesu! Mediator between God and Man; may thy Blood cry not for vengeance upon us, but for our pardon.

O Jesu! Saviour, thou

that camest to seek, and to save that which was lost, save us.

JESUS, OUR SPOUSE

O Jesu! Husband of blood, espouse me to thyself in mercies and loving-kindnesses.

O Jesu! Beloved, fairer than the children of men, draw me after thee with the cords of thy love.

O Jesu! Lover of souls, whose delight is to be with the sons of men, may I love thee, and nothing else except for thy sake.

JESU, OUR PHYSICIAN

O Jesu! Physician, who by thy stripes didst heal our sicknesses, heal my soul, for I have sinned against thee.

O Jesu! Innocent lamb led to the slaughter, take away the sins of the world: take away mine, the chief of sinners.

O Jesu! Good Samaritan, pour into my wounds the wine of penitence, and the oil of loving-kindness.

JESUS, OUR JUDGE

O Jesu! Who shalt come to judge the quick and the dead, enter not into judgment with thy servant.

O Jesu! merciful Judge, who camest not to destroy any, spare me and answer for me.

O Jesu! Judge of awful majesty, set me with thy sheep, and thine elect, nor let me be afraid of any evil tidings.

JESUS, OUR REWARD

O Jesu! Lot of mine inheritance, and my Portion in the Land of the living, restore to me mine inheritance.

O Jesu! our Glory, our Crown, and exceeding great Reward, admit me to those good things which thou hast prepared for them that love thee.

O Jesu! our Life, our Health, and Resurrection, I desire to be dissolved, and be with thee. Nothing shall ever separate me from thee. It is a good thing for me to cleave to thee. For what have I in heaven but thee? and there is nothing upon earth that I desire in comparison of thee.

Collect

O God, who hast made that most glorious Name of thy Son Jesus Christ our Lord, ineffably

sweet and full of deepest love unto thy faithful ones, and to evil spirits full of fearful terror and amazement; mercifully grant that all who devoutly venerate this Name of Jesus upon earth, may reap the sweetness of holy consolation in this life, and in the world to come joyful exultation and endless bliss in Heaven: through the same Jesus Christ our Lord. Amen.

LITANY OF THE WORD INCARNATE, OUR LORD JESUS CHRIST

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O God the Father, of Heaven,
Have mercy upon us.
O God the Son, Redeemer of the world,
Have mercy upon us.
O God the Holy Ghost,
Have mercy upon us.
Holy Trinity, One God,
Have mercy upon us.

O Word, made Flesh,
Have mercy upon us.
O Word, full of grace and truth,
Have mercy upon us.
O Word of the Lord,
Have mercy upon us.
God by whom all things were made,
Have mercy upon us.
Lord God of Israel, Blessed for evermore,
Have mercy upon us.
Emmanuel, God with us,
Have mercy upon us.

The Only-Begotten Son, who art in the bosom of the Father,
Have mercy upon us.
The Beloved Son of God, in whom the Father is well-pleased,
Have mercy upon us.
To whom a Name is given which is above every name,
Have mercy upon us.
Who upholdest all things by the word of thy power,
Have mercy upon us.
The First-Born of every creature,
Have mercy upon us.
The First-Born among many brethren,
Have mercy upon us.
The Expectation of the Gentiles,
Have mercy upon us.

Wonderful, Counsellor, the Mighty God,
Have mercy upon us.

Seed of Abraham,
Have mercy upon us.
Star risen out of Jacob,
Have mercy upon us.
Lion of the tribe of Judah,
Have mercy upon us.
Stem of Jesse,
Have mercy upon us.
Son of David,
Have mercy upon us.
Son of Man,
Have mercy upon us.
Jesus of Nazareth,
Have mercy upon us.
In whom dwelleth all the fulness of the Godhead bodily,
Have mercy upon us.

God the Prince of Peace,
Have mercy upon us.
Christ, our Peace, who hast made both One,
Have mercy upon us.
The Brightness of the Everlasting Light,
Have mercy upon us.
The Brightness of the Glory and the express Image of the Person of God,
Have mercy upon us.
The Tree of Life,
Have mercy upon us.
The Beginning and the End,
Have mercy upon us.
Who art over all God blessed for ever,
Have mercy upon us.

Be propitious, spare us, O Lord.
From all evil deliver us, O Lord.

By thy eternal Generation from thy Father,
Deliver us, O Lord.
By thy temporal Nativity from thy Mother,
Deliver us, O Lord.
By thy most holy Life and Conversation,
Deliver us, O Lord.
By thy co-eternal Glory with God the Father,
Deliver us, O Lord.

We beseech thee to hear us.

That we may seek first the Kingdom of God and his righteousness.
We beseech thee to hear us.
That we may learn of thee, for thou art Meek and Lowly of heart.
We beseech thee to hear us.
That we may love our enemies, and do good to them that hate us.
We beseech thee to hear us.

That we may deny ourselves, take up our cross, and follow thee.

We beseech thee to hear us.

That receiving thy word into an honest and good heart, we may bring forth much fruit with patience.

We beseech thee to hear us.

That enduring by thy grace unto the end, we may be saved.

We beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

Hearken to us, O Lord.

O Lamb of God, that takest away the sins of the world,

Grant us thy peace.

Let us pray

Grant, we beseech thee, O Lord our God, that we may alike apprehend both parts of the one Mystery, and adore One Christ Very God and Very Man, neither divided from our nature nor separate from thine Essence; through the same Jesus Christ our Lord. Amen.

LITANY OF THE HOLY NAME OF JESUS

Lord, have mercy upon us,

Christ, have mercy upon us.

Lord, have mercy upon us.

O Jesu, hear us,

O Jesu, graciously hear us.

O God the Father of Heaven,

Have mercy upon us.

O God the Son, Redeemer of the world,

Have mercy upon us.

O God the Holy Ghost,

Have mercy upon us.

Holy Trinity, One God,

Have mercy upon us.

Jesu, Son of the Living God,

Have mercy upon us.

Jesu, Brightness of the Father's glory,

Have mercy upon us.

Jesu, our Everlasting Light,

Have mercy upon us.

Jesu, King of Glory,

Have mercy upon us.

Jesu, the Sun of Righteousness,

Have mercy upon us.

Jesu, Son of the Virgin Mary,

Have mercy upon us.

Jesu, whose Name is Wonderful and Counsellor,

Have mercy upon us.

Jesu, the Mighty God, the Everlasting Father, the Prince of Peace,

Have mercy upon us.

Jesu, most Mighty,

Have mercy upon us.

Jesu, most Patient,

Have mercy upon us.

Jesu, most Obedient,

Have mercy upon us.

Jesu, Meek and Lowly of heart,

Have mercy upon us.

Jesu, Lover of chastity,

Have mercy upon us.

Jesu, our Beloved,

Have mercy upon us.

Jesu, Author of our life,

Have mercy upon us.

Jesu, Pattern of all virtues,

Have mercy upon us.

Jesu, Lover of our souls,

Have mercy upon us.

Jesu, our Refuge,

Have mercy upon us.

Jesu, Father of the poor,

Have mercy upon us.

Jesu, Treasure of the faithful,

Have mercy upon us.

Jesu, the Good Shepherd,

Have mercy upon us.

Jesu, the True Light,

Have mercy upon us.

Jesu, who art eternal Wisdom,

Have mercy upon us.

Jesu, who art infinite Goodness,

Have mercy upon us.

Jesu, the Way, the Truth, and the Life,

Have mercy upon us.

Jesu, the Joy of Angels,

Have mercy upon us.

Jesu, the Master of Apostles,

Have mercy upon us.

Jesu, the Teacher of Evangelists,

Have mercy upon us.

Jesu, the Strength of Martyrs,

Have mercy upon us.

Jesu, the Light of Confessors,

Have mercy upon us.

Jesu, the Purity of Virgins,

Have mercy upon us.

Jesu, the Crown and Reward of Saints,

Have mercy upon us.

Be merciful to us, O Jesu.

And spare us, Good Lord.

Be merciful to us, O Jesu.

And graciously hear us.

From all sin,
Good Lord, deliver us.
From thy Wrath,
Good Lord, deliver us.
From the snares of the devil,
Good Lord, deliver us.
From the sins of the flesh,
Good Lord, deliver us.
From death eternal,
Good Lord, deliver us.
From neglect of thy inspirations,
Good Lord, deliver us.

By the mystery of thy holy Incarnation,
Good Lord, deliver us.
By thy sinless Birth,
Good Lord, deliver us.
By thy lowly Childhood,
Good Lord, deliver us.
By thy divine Life and Labours,
Good Lord, deliver us.
By thine Agony and bloody Sweat,
Good Lord, deliver us.
By thy Cross and Passion,
Good Lord, deliver us.
By thy Pains and Sorrows,
Good Lord, deliver us.
By thy Death and Burial,
Good Lord, deliver us.
By thy glorious Resurrection and Ascension,
Good Lord, deliver us.
By thy Joys and heavenly Glory,
Good Lord, deliver us.

O Lamb of God, that takest away the sins of the world,
O Jesu, spare us.
O Lamb of God, that takest away the sins of the world,
O Jesu, hear us.
O Lamb of God, that takest away the sins of the world,
O Jesu, have mercy upon us.

Let us pray

O God, who didst ordain thine Only-Begotten Son to be the Saviour of mankind, and didst command that his Name should be called Jesus: mercifully grant that as we do love and honour his holy Name on earth, so we may evermore enjoy the Vision of him in Heaven. Through the Same thy Son Jesus Christ our Lord. Amen.

DEVOTIONS TO GOD THE HOLY GHOST

PRAYERS FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

Spirit of Wisdom

Come, O Blessed Spirit of Wisdom, and reveal to my soul the mysteries of Heavenly things, their exceeding greatness and power, and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Show me the way by which I may be able to attain to them, and possess them, and hold them hereafter, mine own for ever. Amen.

Spirit of Understanding

Come, O Blessed Spirit of Understanding, enlighten my mind, that I may perceive and embrace all the mysteries of the deep things of God; that in the end I may be meet in thy light clearly to see the Eternal Light, and may come into perfect knowledge of thee, and of the Father, and of the Son. Amen.

Spirit of Counsel

Come, O Blessed Spirit of Counsel, help and guide me in all my ways, that I may ever do thy holy will. Incline my heart to that which is good, turn it away from all that is evil, and direct me by the straight path of thy commandments to that goal of eternal life for which I long. Amen.

Spirit of Ghostly Strength

Come, O Blessed Spirit of Might, uphold my soul in every time of trouble or adversity. Sustain all my efforts after holiness; strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome, and separated from Thee, my God, my chiefest Good. Amen.

Spirit of Knowledge

Come, O Blessed Spirit of Knowledge, grant that I may perceive and know the will of the Father, shew me the nothingness of earthly things, that I may

know their vanity, and use them only for thy glory, and my own salvation, looking ever beyond them to thee, and thy eternal great rewards. Amen.

Spirit of Godliness

Come, O Blessed Spirit of Godliness, possess my heart, incline it to a true faith in thee, to a holy love of thee my God, that with my whole soul I may seek thee, and find thee my best, my truest Joy. Amen.

Spirit of Holy Fear

Come, O Blessed Spirit of Holy Fear, penetrate my heart with thy fear, that I may set thee, my Lord and God, before my face for ever; and shun all things that can offend thee, so that I may be made meet to appear before the pure eyes of thy Divine Majesty in the Heaven of Heavens, where thou livest and reignest in the Unity of the Ever-blessed Trinity, God for ever and ever. Amen.

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LITANY TO GOD THE HOLY GHOST

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O God the Father, of Heaven,
Have mercy upon us.
O God the Son, Redeemer of the world,
Have mercy upon us.
O God the Holy Ghost,
Have mercy upon us.
Holy Trinity, one God,
Have mercy upon us.

O Holy Ghost, proceeding from the Father and the Son,
Have mercy upon us.

O Holy Ghost, co-equal with the Father and the Son,
Have mercy upon us.

Spirit, that testifieth of Christ,
Have mercy upon us.

Spirit of Truth, that teachest us all things,
Have mercy upon us.

Spirit, that guidest into all truth,
Have mercy upon us.

Spirit by whose marvellous power the Incarnation of the Lord was effected in the Virgin's Womb,
Have mercy upon us.

Spirit of the Lord, that fillest the world,
Have mercy upon us.
Spirit of God, that dwellest in us,
Have mercy upon us.

Spirit of Wisdom and Understanding,
Have mercy upon us.
Spirit of Counsel and Might,
Have mercy upon us.
Spirit of Knowledge and Piety,
Have mercy upon us.
Spirit of the Fear of the Lord,
Have mercy upon us.
Spirit of Compunction and Repentance,
Have mercy upon us.
Spirit of Grace and of Prayer,
Have mercy upon us.
Spirit of Charity, Peace, and Joy,
Have mercy upon us.
Spirit of Patience, Long-suffering, and Goodness,
Have mercy upon us.
Spirit of Mildness, Gentleness, and Faith,
Have mercy upon us.
Spirit of Modesty, Purity, and Chastity,
Have mercy upon us.
Spirit of manifold Grace,
Have mercy upon us.

Spirit of the Lord, who at the beginning of creation moving upon the face of the waters, didst brood over them, and make them fruitful,
Have mercy upon us.
Spirit, by whose inspiration holy men of God did speak,
Have mercy upon us.
Spirit, whose unction teaches us of all things,
Have mercy upon us.
Spirit, who searchest all things, even the deep things of God,
Have mercy upon us.
Spirit, who intercedest for us with groanings which cannot be uttered,
Have mercy upon us.

Spirit by whom we are born again,
Have mercy upon us.
Spirit of Adoption of the sons of God,
Have mercy upon us.
Spirit, that helpest our infirmities,
Have mercy upon us.
Spirit who convincest the world of sin, of righteousness, and of judgment,
Have mercy upon us.
Spirit, who purifiest our hearts by faith,
Have mercy upon us.

Spirit, who quickenest us,
Have mercy upon us.
Spirit, who dividest to every man severally as thou wilt,
Have mercy upon us.
Spirit, the Discerner of the thoughts and intents of the heart,
Have mercy upon us.
Spirit Paraclete, who abidest with us for ever,
Have mercy upon us.

From all evil, deliver us,
O Holy Spirit.
Be propitious, spare us,
O Holy Spirit.
Be propitious, hearken unto us,
O Holy Spirit.

From all sin,
Deliver us, O Holy Spirit.
From the temptations and snares of the devil,
Deliver us, O Holy Spirit.
From all presumption, and despair,
Deliver us, O Holy Spirit.
From questioning acknowledged truth,
Deliver us, O Holy Spirit.
From envying brotherly love,
Deliver us, O Holy Spirit.
From all obstinacy and impenitence,
Deliver us, O Holy Spirit.
From all uncleanness of mind and body,
Deliver us, O Holy Spirit.
From the spirit of anger, strife, and dissension,
Deliver us, O Holy Spirit.
From every evil spirit,
Deliver us, O Holy Spirit.
By thine Eternal Procession from the Father and the Son,
Deliver us, O Holy Spirit.
By the miraculous Conception of the Son of God, by thy co-operation,
Deliver us, O Holy Spirit.
By thy Descent on Christ at his Baptism,
Deliver us, O Holy Spirit.
By thy glory manifested in his Transfiguration,
Deliver us, O Holy Spirit.
By thy Coming upon the Disciples of Christ,
Deliver us, O Holy Spirit.
In the Day of Judgment,
Deliver us, O Holy Spirit.

We sinners,
We beseech thee to hear us.

That thou mayest spare us,
We beseech thee to hear us.
That as we live in the Spirit, we may also walk in the Spirit,
We beseech thee to hear us.

That by the Spirit we may mortify the deeds of the body,

We beseech thee to hear us.

That we grieve not the Holy Spirit of God,

We beseech thee to hear us.

That we be careful to keep the unity of the Spirit in the bond of peace,

We beseech thee to hear us.

That walking in the Spirit, we fulfil not the lusts of the flesh,

We beseech thee to hear us.

That thou wouldest vouchsafe to create in us hunger and thirst after true righteousness,

We beseech thee to hear us.

That thou wouldest vouchsafe to pour into us sincere affections of love and mercy,

We beseech thee to hear us.

That we may patiently and constantly endure persecution for righteousness' sake,

We beseech thee to hear us.

That thou wouldest grant to us to persevere unto the end in faith, hope, and charity,

We beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

Pour on us the Holy Spirit.

O Lamb of God, that takest away the sins of the world,

Send forth on us the promised Spirit of the Father.

O Lamb of God, that takest away the sins of the world,

Give unto us the Spirit of Peace.

Let us pray

Grant, we beseech thee, Almighty God, that thy Holy Spirit may remove all carnal affections from our minds, and mightily pour into us his spiritual gifts; through Jesus Christ our Lord. Amen.

FOR DEVOTIONS TO JESUS, SOURCE OF ALL GRACE, SEE PP. 119–131.

DEVOTIONS ON THE PASSION

S. GREGORY'S PRAYERS ON THE PASSION

I.

I adore thee, O Lord Jesu Christ, hanging upon the Cross, and wearing on thy Head the Crown of thorns: I beseech thee that thy Cross may deliver me from the destroying Angel. Amen.

Our Father.

Glory be to the Father.

II.

I adore thee, O Lord Jesu Christ, wounded on the Cross, and having gall and vinegar given thee to drink: I beseech thee that thy Wounds may be the healing of my soul. Amen.

Our Father.

Glory be to the Father.

III.

I pray thee, O Lord Jesu Christ, by that bitterness of thy Passion, which thou sufferedst at the hour of thy death, and then above all when thy most holy Soul passed forth from thy blessed Body; pity my soul when it is departing out of my body, and bring it to everlasting life. Amen.

Our Father.

Glory be to the Father.

IV.

I adore thee, O Lord Jesu Christ, laid in the Sepulchre, embalmed with myrrh and spices: I beseech thee that thy Death may be my life. Amen.

Our Father.

Glory be to the Father.

V.

I adore thee, O Lord Jesu Christ, descending into Hell and sending forth thy prisoners: I beseech thee, suffer me not to enter there. Amen.

Our Father.

Glory be to the Father.

VI.

I adore thee, O Lord Jesu Christ, rising again from the dead, and ascending into Heaven, and sitting at the right hand of the Father: I beseech thee that I may be found worthy to follow thee thither, and

dwell in thy presence. Amen.

Our Father.

Glory be to the Father.

VII.

O Lord Jesu Christ, the Good Shepherd, preserve the righteous, justify sinners, have mercy upon all the faithful, and be gracious to me, a miserable and wretched sinner. Amen.

Our Father.

Glory be to the Father.

I beseech thee, O Lord Jesu Christ, that thy Passion may be unto me virtue, whereby I may be fenced, protected, and defended. Let thy Wounds be to me meat and drink, by which I may be fed, inebriated, and delighted. Let the sprinkling of thy Blood be to me the washing away of all my sins. Let thy death be to me everlasting glory. In these let me find my refreshment, exultation, health, longing, joy, and desire, both of body and soul, now and for ever. Amen.

S. BRIDGET'S PRAYERS ON THE PASSION

I.

O Jesu Christ! Eternal Sweetness of them that love thee, thrilling joy far surpassing all joy and all desire, the Saviour and Lover of sinners, who hast testified by becoming Man for man at the end of time, that thy delight is to be with the sons of men; call to mind that drear foreboding and most inward sorrow, which, as the foreordained time of thy saving Passion drew near, made thy human Soul exceeding sorrowful even unto death. Call to mind the sadness and the bitterness that filled thy Soul, and whereof thou spakest when at the last supper thou didst give thy disciples thy Own Body and Blood, didst wash their feet, and sweetly mingle comfort with the announcement of thy coming Passion. Call to mind all the dread, the anguish, and the grief which thou didst bear in thy tender Body before thy Passion on the Cross, when after thy thrice repeated prayer and Bloody Sweat thou wast

betrayed by thy disciple Judas, seized by the chosen people, accused by false witnesses, unjustly judged by three unrighteous judges, and in the elect city, at the Paschal Season, in the prime of manhood, wast condemned, although innocent, stripped of thine own garments, and arrayed in strange apparel, wast buffeted and blindfolded, wast bruised with blows, bound to a pillar and scourged, crowned with thorns, smitten with a reed upon thy Head, and assailed with numberless reproaches.

O Lord God, for the memory of these thy sufferings before thy Crucifixion, grant me, I entreat thee, before my death true contrition, full confession, worthy satisfaction, and remission of all my sins. Amen.

Our Father.

II.

O Jesu! Maker of the world, whom no measure can mete nor bound contain, who holdest the earth within the hollow of thy hand, call to mind the anguish of thy torment, when the Jews first fastened thy most holy Hands with blunt nails to the Cross, and added agony on agony to thy Wounds, when to fit thy Body for their purpose and drive the nails through thy tender Feet, they wrenched thee so upon the Cross's length and breadth, that all thy Limbs were out of joint.

I implore thee by the memory of thy Cross's hallowed and most bitter anguish, make me fear thee, make me love thee. Amen.

Our Father.

III.

O Jesu! Heavenly Physician, call to mind the langour, the bruises, and the pain which, uplifted on the Cross, thou sufferedst in all thy rended Limbs: when all were wrenched asunder, and from the sole of the foot even unto the head there was no whole part in thee, and no sorrow could be found like unto thy sorrow; and yet, wholly unmindful of all thy griefs thou prayedst the Father for thine enemies, and saidst so lovingly "Father, forgive them, for they know not what they do."

By this thy mercy, by the memory of thy sorrow, grant me that this remembrance of thy most bitter Passion may be the full remission of all my sins. Amen.

Our Father.

IV.

O Jesu! Very Glory of Angels! Paradise of delights! call to mind that heaviness and shuddering of thine when thy cruel enemies, like ravening olves, beset thee, tearing thy flesh with their sharp nails, and assailing thee with blows and spitting, and every other untold pain.

By these pains, by all the reproachful gibes, by the cruel tortures which thy enemies put upon thee, save me, O Lord Jesu, I pray thee, and set me free from the enemies I see around me: grant me, under the shadow of thy wings, to come to perfect and everlasting safety. Amen.

Our Father.

V.

O Jesu! Mirror of everlasting love, call to mind that grief of thine, when in the mirror of thy serene Majesty, thou beheldest the predestination of thine Elect, whom the merits of thine Agony should save, and the reprobation of the wicked, who, for their own demerits, should suffer damnation, and by the depth of thy compassion for us, lost and ruined sinners, which thou showedst on the Cross, in thy saying to the robber, "To-day shalt thou be with me in Paradise"; I pray thee, Jesu, deal with me in mercy at the hour of my death. Amen.

Our Father.

VI.

O King most Lovely, and Loving One most dear, call to mind that grief of thine, when naked and miserable thou didst hang upon the Cross, and all thy friends and acquaintances set themselves against thee; when thou foundest none to comfort thee, save only thy dear Mother, who still stood by thee in the bitterness of her soul, and whom thou commendedst to thy disciple, saying to her, "Woman, behold thy Son!"

I pray thee, most Loving

Jesu, by that sword of grief which then passed through her soul, have compassion on me in all my distresses and afflictions of soul or body, and give me comfort in the time of trouble, and at the hour of my death. Amen.

Our Father.

VII.

O Jesu! Unfailing Spring of love, who from the lowest depth thereof saidst upon the Cross, "I thirst," even for man's salvation: kindle the desires of our hearts, I pray thee, for every perfect work: allay and staunch in us wholly the thirst of fleshly lust, and all the feverishness of this world's pleasures. Amen.

Our Father.

VIII.

O Jesu! Very Sweetness to the heart and soul, by the bitterness of the gall and vinegar which for us thou didst taste, grant us, at the hour of our death, worthily to receive thy Body and Blood, to the healing and refreshment of our souls. Amen.

Our Father.

IX.

O Jesu! Royal in thy might and thrilling in thy presence in the soul, call to mind that sore distress and agony of thine, when forlorn and desolate in the bitterness of death, and assailed by the Jews with gibes, thou criedst with a loud voice to thy Father, "My God, my God, why hast thou forsaken Me?"

By this sore distress, I beseech thee, forsake us not in our distresses, O Lord our God. Amen.

Our Father.

X.

O Jesu! Alpha and Omega, everlasting Life and Strength, call to mind how from the sole of thy Foot even to thy Head, thou wast plunged for us in the flood of thy Passion.

By thy Wounds, in their length and in their breadth, teach me, too deeply plunged in sins, with true charity to keep thy commandment, which is exceeding broad. Amen.

Our Father.

XI.

O Jesu! Unfathomed Depth of loving pity,

I beseech thee by the depths of those thy Wounds, which pierced even to thy heart and the marrow of thy bones, raise me out of the floods of my sins, and hide me in thy Wounds, O Lord, from the face of thine anger, until thy wrath pass away. Amen.

Our Father.

XII.

O Jesu! Mirror of truth, Sign of unity and Bond of charity, call to mind the multitude of thy countless Wounds which covered thee from the sole of thy Foot even unto thy Head; and how sore a grief thy Virgin Flesh, red with thy most holy Blood, endured for us! O loving Jesu, what more couldst thou have done than that thou hast!

Impress, I pray thee, O Lord Jesu, all thy Wounds upon my heart; and in them let me read thy grief and death, and for ever give thee thanks even to my life's end. Amen.

Our Father.

XIII.

O Jesu! Lion of the tribe of Judah, King eternal and invincible, call to mind that grief of thine when thy heart strings brake, and all thy strength gave way, and, bowing thy Head, thou saidst, "It is finished."

By this distress and anguish, pity me at my last end, when my course is finished, when my soul is sore amazed, and my spirit is in trouble. Amen.

Our Father.

XIV.

O Jesu! Only-Begotten of the Father most High, Brightness and Image of his Substance, call to mind that strong yearning effort when thou criedst to the Father, "Into thy hands I commend my Spirit;" when, with a Body torn and a Heart broken, and all the bowels of thy love exposed for our redemption, with one mighty cry thou gavest up the ghost. Amen.

By this thy most precious Death, I pray thee, King of Saints, give me strength to withstand the Devil, the World, and the Flesh, that being dead to the world I may live to thee; and in the last hour of my departure hence, receive my soul returning again as an exile

and a stranger unto thee. Amen.

Our Father.

XV.

O Jesu! True and Fruitful Vine, call to mind the overflowing and abundant streams of Blood, which thou as from a rich cluster of grapes didst plentifully shed, when thou troddest the wine-press on the Cross alone; and from thy Side, pierced by the soldier's lance, didst so pledge us in water and blood, that no single drop remained within thee, and thou hangedst like a bundle of myrrh on high, and thy flesh was parched, and thy moisture dried, and the marrow of thy bones was withered.

By this most bitter Passion and precious Bloodshedding, receive my soul, I pray thee, O Loving Jesu, in the agony of my death. Amen.

Our Father.

A DEVOTION
ON THE
FIVE WOUNDS OF OUR SAVIOUR

I.

O most Meek Jesu, by the saving Wound of thy Right Foot, forgive me whatsoever sins of evil thoughts I have committed against thee; and by its infinite merits make up to me whatever I have lost by the neglect of holy thoughts: so that henceforth I may desire thee, my chief and only Good, and seek and find thee alone whom my soul loveth. Amen.

Our Father.

O Saviour of the world, who by thy Cross and precious Blood hast redeemed us, save us, and help us, we humbly beseech thee, O Lord.

II.

O most Sweet Jesu, by the blessed Wound of thy Left Foot, forgive me, I pray thee, all that I have done amiss against thy divine good-pleasure, by evil imaginations or abuse of my outward senses: and so restrain my thoughts henceforth by thy

holy fear, that becoming dead to the world and all created things, I may feel nothing and desire nothing, save thee only, my God, crucified for me. Amen.

Our Father.

O Saviour of the world.

III.

O most Sweet Jesu, by the sacred Wound of thy Right Hand, forgive, I most humbly implore thee, all my bad and sinful deeds; yea, and by its merits supply all that I have by guilty negligence, in whatsoever duty, left undone: and henceforth may I, by thy grace, trade more profitably with the talents thou hast given me. Amen.

Our Father.

O Saviour of the world.

IV.

O most Sweet Jesu, by the Wound of thy Left Hand, forgive my anger and sudden impulses of impatience and wrath, into which I too often rashly and thoughtlessly fall on the least provocation; and from the rich stores of that heavenly Wound deal out to me the balm of patience in all adversities, that I may be found worthy to inherit the Land of the living which thou hast promised to the meek. Amen.

Our Father.

O Saviour of the world.

V.

O most Sweet Jesu, by the sacred Wound of thy pierced Heart, graciously forgive all that my heart has ever offended in through evil intention or perversity of will; engraft my frail heart on thy most divine Heart, that it may feel nothing, attempt nothing, desire nothing, save what is according to thine own Heart; so that by resting constantly on thy guidance, I may steadfastly persevere in all good even to the end of my life. Amen.

Our Father.

O Saviour of the world.

LITANY OF THE PASSION

Lord, have mercy upon us. *Christ, have mercy upon us.*

Lord, have mercy upon us.

O God the Father, of Heaven,
Have mercy upon us.
O God the Son, Redeemer of the world,
Have mercy upon us.
O God the Holy Ghost,
Have mercy upon us.
Holy Trinity, One God,
Have mercy upon us.

Jesu, the Eternal Wisdom,
Have mercy upon us.
Jesu, hated by the world,
Have mercy upon us.
Jesu, meek King entering Jerusalem,
Have mercy upon us.
Jesu, zealous for God's house against the buyers and sellers,
Have mercy upon us.
Jesu, sold for thirty pieces of silver,
Have mercy upon us.
Jesu, bent to wash thy disciples' feet,
Have mercy upon us.
Jesu, who didst keep the Passover with thy disciples,
Have mercy upon us.
Jesu, who gavest us thy Body for food, thy Blood for drink,
Have mercy upon us.
Jesu, prostrated in prayer,
Have mercy upon us.
Jesu, in Agony, bathed in bloody sweat,
Have mercy upon us.
Jesu, strengthened by an Angel,
Have mercy upon us.
Jesu, betrayed by Judas with a kiss,
Have mercy upon us.
Jesu, forsaken by thy disciples,
Have mercy upon us.

Jesu, taken before Annas and Caiaphas,
Have mercy upon us.
Jesu, accused by false witnesses,
Have mercy upon us.
Jesu, judged worthy of death,
Have mercy upon us.
Jesu, blindfolded, buffeted, and spit upon,
Have mercy upon us.
Jesu, who gavest thy Body to the smiters, thy cheeks to them that plucked off thy hair,
Have mercy upon us.
Jesu, thrice denied by Peter,
Have mercy upon us.
Jesu, delivered bound to Pilate,
Have mercy upon us.
Jesu, mocked and set at nought by Herod,
Have mercy upon us.

Jesu, rejected for Barabbas,
Have mercy upon us.
Jesu, bruised for our iniquities,
Have mercy upon us.
Jesu, clad in a purple robe,
Have mercy upon us.
Jesu, crowned with thorns,
Have mercy upon us.
Jesu, condemned to a most ignominious death,
Have mercy upon us.
Jesu, delivered to the will of thine enemies,
Have mercy upon us.

Jesu, led as a sheep to the slaughter,
Have mercy upon us.
Jesu, nailed naked to the Cross,
Have mercy upon us.
Jesu, reckoned among transgressors,
Have mercy upon us.
Jesu, crucified between two thieves,
Have mercy upon us.
Jesu, distinguished by Pilate with a royal superscription on the Cross,
Have mercy upon us.
Jesu, made a scorn of men,
Have mercy upon us.
Jesu, derided by the Jews,
Have mercy upon us.

Jesu, reviled by the robber,
Have mercy upon us.
Jesu, Promiser of Paradise to the penitent thief,
Have mercy upon us.
Jesu, who didst commend S. John to thy Mother for a son,
Have mercy upon us.
Jesu, who declaredst that all things written of thee were accomplished on the Cross,
Have mercy upon us.
Jesu, who in dying didst commend thy Spirit to thy Father,
Have mercy upon us.

Jesu, made obedient even to the death of the Cross,
Have mercy upon us.
Jesu, pierced by the lance,
Have mercy upon us.
Jesu, from whose Side came out Blood and Water,
Have mercy upon us.
Jesu, by whose stripes we are healed,
Have mercy upon us.
Jesu, taken down from the Cross,
Have mercy upon us.
Jesu, wrapped in clean linen,
Have mercy upon us.

Jesu, laid in the new epulchre,
Have mercy upon us.

Be gracious to us, and spare us, O Lord.

From all evil,
Good Lord, deliver us.
From a sudden and unprepared death,
Good Lord, deliver us.
From the snares of the devil,
Good Lord, deliver us.
From everlasting death,
Good Lord, deliver us.
By thine Agony and Bloody Sweat,
Good Lord, deliver us.
By thy Buffeting and Stripes,
Good Lord, deliver us.
By thy Crown of Thorns,
Good Lord, deliver us.
By thy Cross and Passion,
Good Lord, deliver us.
By thy Thirst, Tears, and Nakedness,
Good Lord, deliver us.
By thy five most sacred Wounds,
Good Lord, deliver us.
By thy Death and Burial,
Good Lord, deliver us.
By thy holy Resurrection,
Good Lord, deliver us.
By thy wondrous Ascension,
Good Lord, deliver us.
By the Sending of the Holy Ghost, the Comforter,
Good Lord, deliver us.
In the Hour of Death,
Good Lord, deliver us.
In the Day of Judgment,
Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord Jesus.

That being dead to sin, we may live unto righteousness,
We beseech thee to hear us, O Lord.
That we delight not in glorying, save in the Cross of our Lord Jesus Christ,
We beseech thee to hear us, O Lord.
That for love of thee the world may be crucified unto us, and we unto the world,
We beseech thee to hear us, O Lord.
That we continually bear about in the body the dying of the Lord Jesus,
We beseech thee to hear us, O Lord.

That we study to crucify the flesh with its affections and lusts,

We beseech thee to hear us, O Lord.

That as thou hast suffered for us in the flesh, we may be armed likewise with the same mind,

We beseech thee to hear us, O Lord.

That we may be able to take up our cross daily, and follow thee,

We beseech thee to hear us, O Lord.

O Lamb of God, that takest away the sins of the world.

Jesu, spare us.

O Lamb of God, that takest away the sins of the world.

Jesu, hear us.

O Lamb of God, that takest away the sins of the world.

Jesu, have mercy on us.

Our Father.

Let us pray.

Hear us, O merciful Lord Jesus Christ, and remember now the hour in which thou didst commend thy blessed Spirit into the hands of thy Heavenly Father, and so assist us by this thy most precious Death, that being dead unto the world we may live only unto thee: and at the hour of our departing from this mortal life, we may be received into thine everlasting Kingdom, there to reign with thee, world without end. Amen.

DEVOTIONS TO THE BLESSED VIRGIN THE SAINTS AND THE ANGELS

TO THE BLESSED VIRGIN

A Hymn by Saint Ephraim the Syrian

O Virgin Lady, pure Mother of God,
my all-glorious Queen,
to thee much do I owe.

On high art thou raised
above the heavens,
shining far brighter
than the burning splendour of the sun
and its dazzling light.

Thou wert the rod of Aaron of old
and truly wert thou shown to be his rod:
thy Son, our Lord Christ, is the true flower.

God, who made me
according to the flesh, thou broughtest forth,
our God the Word,
Thou a Virgin before and after;
and we were reconciled
to God
in Christ thy Son.

A LITANY OF OUR LADY

O God the Father, who didst anoint of David's line a queen;
Have mercy upon us.
O God the Son, who didst elect to dwell within a spotless shrine;
Have mercy upon us.
O God the Holy Ghost, who didst overshadow Mary;
Have mercy upon us.
Holy Trinity, one God, Creator, Redeemer, Sanctifier;
Have mercy upon us.

Thou who at the annunciation of the gospel didst salute the mother of thy Son, hear us as we magnify thine everlasting word;
Hail Mary, full of grace.
Thou at whose command the archangel Gabriel went forth, hear us as with angels and archangels we repeat;
Hail Mary, full of grace.
Thou who didst send through Mary redemption to the world, hear us as with all the hosts of the redeemed we cry;
Hail Mary, full of grace.
Thou whose high grace exalts thy Church below, hear us as in grateful loyalty we sing;
Hail Mary, full of grace.

The Joyful Mysteries

We sinners do beseech thee to hear us O Lord God, and by the intercession of thine handmaid, who in meek surrender did obey the angelic word, have mercy upon us;

Hail Mary, full of grace.

Hear us, O Lord, and by the intercession of the blessed among women, who at the greeting of Elisabeth did sing Magnificat, have mercy upon us;

Hail Mary, full of grace.

Hear us, O Lord, and by the intercession of the mother-maiden, who cradled thee at Bethlehem, have mercy upon us;

Hail Mary, full of grace.

Hear us, O Lord, and by the intercession of her who in faithful duty did make oblation in the temple, and lay her Son in Simeon's arms, have mercy upon us;

Hail Mary, full of grace.

Hear us, O Lord, and at the intercession of her who sought and found thee in thy Father's house, have mercy upon us;

Hail Mary, full of grace.

The Sorrowful Mysteries

Be merciful, O Lord, to us sinners, and at the pleading of thy mother, sorrowing in thine agony and sharing in thy bitter cup, O Jesu mercy;

Hail Mary, full of grace.

Be merciful, O Lord, to us sinners, and at the pleading of thy mother, suffering in thy sufferings, and bruised with thy stripes, O Jesu mercy;

Hail Mary, full of grace.

Be merciful, O Lord, to us sinners, and at the pleading of thy mother, who saw thee crowned with thorns and robed with shame, O Jesu mercy;

Hail Mary, full of grace.

Be merciful, O Lord, to us sinners, and at the pleading of thy mother, whose love unvanquished trod thy way of sorrows, O Jesu mercy;

Hail Mary, full of grace.

Be merciful, O Lord, to us sinners, and at the pleading of thy mother, whose soul was pierced beneath thy Cross, O Jesu mercy;

Hail Mary, full of grace.

The Glorious Mysteries

O Lord, arise, help and deliver us, and by the prayers of thy glorious mother, rejoicing in thy resurrection, grant us thy peace;

Hail Mary, full of grace.

Deliver us, O Lord, and by the prayers of thy glorious mother, before whose eyes thou didst victoriously ascend, grant us thy peace;

Hail Mary, full of grace.

Deliver us, O Lord, and by the prayers of thy glorious mother, filled with the Holy Ghost at Pentecost, grant us thy peace;

Hail Mary, full of grace.

Deliver us, O Lord, and by the prayers of thy glorious mother, who passed the grave and mounted to the triumph of her Son, grant us thy peace;

Hail Mary, full of grace.

Deliver us, O Lord, and by the prayers of thy glorious mother, crowned and pavilioned for ever by thine immortal love, grant us thy peace;

Hail Mary, full of grace.

Kyrie eleison.
Christe eleison.
Kyrie eleison.

The Lord be with you;
And with thy spirit.

Let us pray.

Almighty God, who by the obedience of Mary didst repair the sin of Eve; grant that we who venerate the glorious and ever-virgin Mother, may imitate her purity, rejoice in her succour, and share her triumph; through Jesus Christ our Lord, who liveth. Amen.

The Lord be with you;
And with thy spirit.
Let us bless the Lord;
Thanks be to God.

DEVOTIONS TO THE SAINTS

A Litany of the Saints

O God the Father of heaven;
Have mercy upon us.

O God the Son, King of all saints;
Have mercy upon us.

O God the Holy Ghost, the fount of love;
Have mercy upon us.

Holy Trinity, one God, crown of unity, crown of fellowship;

Have mercy upon us.

Remember, O Lord, the supplications of the whole company of heaven, of Angels and Archangels, Patriarchs and Prophets, Apostles and Evangelists, Martyrs and Virgins, Doctors and Confessors; and by the prayers of all thy servants whom thou hast redeemed with thy most precious blood;

Spare us, good Lord.

By the prayers of the glorious and ever-virgin Mary, thy mother and ours;

Good Lord, deliver us.

By the prayers of Joseph, guardian of thy childhood;

Good Lord, deliver us.

By the prayers of John Baptist, herald of thine advent;

Good Lord, deliver us.

By the prayers of thine Apostles, princes of thy kingdom;

Good Lord, deliver us.

By the prayers of Peter the fisherman, rock of thy Church;

Good Lord, deliver us.

By the prayers of John thy beloved, apostle of love;

Good Lord, deliver us.

By the prayers of Paul thy prisoner, ambassador to the nations;

Good Lord, deliver us.

By the prayers of thine Evangelists, tellers of the gospel story;

Good Lord, deliver us.

By the prayers of Mary Magdalen, who watched by thy Cross and worshipped at thy rising;

Good Lord, deliver us.

We sinners do beseech thee to hear our prayers, O Lord, in union with the prayers of all thy saints; and at the interceding of thy martyrs and witnesses unto death;

Strengthen our weakness.

By the prayers of Stephen, who prayed for his murderers;

Strengthen our weakness.

By the prayers of early martyrs, slain by the sword, cast to the lions, consumed by fire, tortured and starved;

Strengthen our weakness.

By the prayers of the noble army throughout the ages, who by death proclaimed thy saving Cross;

Strengthen our weakness.

That it may please thee at the interceding of thy faithful confessors, to preserve us steadfast, immovable, always abounding in the work of the Lord;

Increase our faith.

By the prayers of Benedict, father in the house of brotherhood and prayer;

Increase our faith.

By the prayers of Bernard, aflame with love;

Increase our faith.

By the prayers of Francis, little poor one of Christ;

Increase our faith.

That it may please thee, at the interceding of thy holy doctors, to illuminate our minds and hearts with the knowledge and understanding of thy truth;

Lighten our darkness.

By the prayers of Athanasius, champion of thine Incarnation;

Lighten our darkness.

By the prayers of Augustine, confessor of our sore need of thee;

Lighten our darkness.

By the prayers of Thomas Aquinas, philosopher of thy mysteries;

Lighten our darkness.

That it may please thee, at the interceding of the holy choir of souls who kept innocency, in whose weakness thou hast ordained strength, virgins, matrons, and little children;

Perfect our purity.

By the prayers of thy Innocents, children of Jesus;

Perfect our purity.

By the prayers of Monica, strong intercessor;

Perfect our purity.

By the prayers of Catherine, thy spouse of Siena, victim of love;

Perfect our purity.

By the prayers of Theresa, pilgrim of prayer;

Perfect our purity.

O let Israel bless the Lord;

Praise him and magnify him for ever.

O ye priests of the Lord, bless ye the Lord;

Praise him and magnify him for ever.

O ye servants of the Lord, bless ye the Lord;

Praise him and magnify him for ever.

O ye spirits and souls of the righteous, bless ye the Lord;

Praise him and magnify him for ever.

O ye holy and humble men of heart, bless ye the Lord;

Praise him and magnify him for ever.

The Lord be with you;
And with thy spirit.

Let us pray.

O Almighty God, who hast knit together thine elect in one communion and fellowship, in the mystical body of thy Son Christ our Lord; Grant us grace so to follow thy blessed saints in all virtuous and godly living, that we may come to those unspeakable joys, which thou hast prepared for them that unfeignedly love thee; through Jesus Christ our Lord, who livest.

Amen.

To God the Father who first loved us,
and made us accepted in the Beloved;
To God the Son, who loved us,
and washed us from our sins in his own blood;
To God the Holy Ghost,
who sheds the love of God abroad in our hearts,
be all love and all glory, for time and for eternity. Amen.

DEVOTIONS TO THE GUARDIAN ANGEL

From the Primer

O glorious Angel to whom our blessed Lord of his most merciful grace hast given me to keep.

To thee, I a sinful creature cry and call, with hearty intent, beseeching thee ever to be my special comfort in all my need.

Suffer me never to be overcome with temptation or sinful deed, but help me that by grace I may ever in virtuous living proceed.

At the hour of my death be present, that my ghostly enemy in me may have no power.

And after bring me to the bliss, where ever with thee I may live and praise our Saviour. Amen.

From Saint Anselm

I beseech thee, angelic Spirit, to whose care I am entrusted by God, to guard me ceaselessly and to protect me, to visit me and to defend me from every

assault of the devil. Cherish me waking and sleeping, night and day, in every hour and moment: so go with me everywhere.

Drive from me every temptation of the Evil One: and what my merits cannot claim, do thou obtain for me by thy prayers before the most merciful Judge, our Lord: who gave thee to me as a guardian and set me in thy charge; that no taint of anything foreign to virtue may find a place in me.

When thou seest me straying down the steep places of vice, lead me back by the narrow paths of righteousness to my Redeemer. And when thou seest me in trouble, through thee let God's help be over me.

And I beg thee, if it may be so, to make known to me the day of my death: and when I am taken from this body let no evil spirits alarm me or mock me, nor lead me into the pit of despair.

And leave me not, till thou hast led me to the vision of my Creator: where by thy help I may rejoice with all the saints. Through the might of Jesus Christ our Lord. Amen.

OCCASIONAL PRAYERS

Anima Christi

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from the side of Christ, wash me
Passion of Christ, strengthen me
O good Jesu hear me
Within thy wounds hide me
Suffer me not to be separated from thee
From the malicious enemy defend me
In the hour of my death, call me
And bid me come to thee
That with thy saints I may praise thee
For ever and ever
Amen.

Veni Creator

Come, Holy Ghost, our souls inspire,
And lighten with celestial fire;
Thou the anointing Spirit art,
Who dost thy seven-fold gifts impart:

Thy blessed Unction from above,
Is comfort, life, and fire of love;
Enable with perpetual light
The dulness of our blinded sight:

Anoint and cheer our soilèd face
With the abundance of thy grace:
Keep far our foes, give peace at home;
Where thou art guide, no ill can come.

Teach us to know the Father, Son,
And thee, of Both, to be but One;
That, through the ages all along,
This may be our endless song;

Praise to thy eternal merit,
Father, Son, and Holy Spirit. Amen.

A Breastplate of Prayer

Be, O Lord,

Within me
to strengthen me
Without me
to guard me
Over me
to shelter me
Beneath me
to stablish me
Before me
to guide me
Round about me
to secure me.

TE DEUM

I

We praise thee, O God, we acknowledge thee to be the Lord,
All the earth doth worship thee, the Father everlasting.

To thee all Angels cry aloud,
The Heavens and all the Powers therein
To thee Cherubim and Seraphim
continually do cry:

Holy, Holy, Holy, Lord God of Sabaoth;
Heaven and earth are full of the majesty of thy glory.

The glorious company of the Apostles, praise thee;
The goodly fellowship of the Prophets, praise thee;
The noble army of Martyrs, praise thee;
The Holy Church throughout all the world doth acknowledge thee

The Father, of an infinite Majesty,
Thine honourable true, and only Son,
Also the Holy Ghost, the Comforter.

2

Thou art the King of Glory, O Christ.
Thou art the everlasting Son of the Father.

When thou tookest upon thee to deliver man;
Thou didst not abhor the Virgin's womb.
When thou hadst overcome the sharpness of death,
Thou didst open the kingdom of heaven to all believers.
Thou sittest at the right hand of God in the glory of the Father;
We believe that thou shalt come to be our Judge.

We therefore pray thee, help thy servants, whom Thou hast redeemed with thy precious blood:
Make them to be numbered with thy Saints in glory everlasting.

FROM THE BOOK OF PSALMS

Prayers of Adoration.

Ps. viii 1–3; Ps. xix 1–9; Ps. xxiv.
Ps. xciii; Ps. xcv 3–7; Ps. xcix 1–5.

Prayers of Praise.

Ps. ii 1–9; Ps. xxii 23–32; Ps. xxx 1–5; Ps. xlvii.
Ps. xcvi; Ps. ci; Ps. ciii; Ps. cxlv; Ps. cxlvii 14–20; Ps. cl.

Prayers of Thanksgiving.

Ps. lxiii; Ps. xc 1–2; Ps. c; cvii 1–7; Ps. cviii 1–5.
Ps. cxi 1–4; Ps. cxviii 1–6; Ps. cxxxvi 1–51; Ps. cxlvi.

Prayers before Service

O Lord, open thou our lips, that we may bless thy holy Name; cleanse also our hearts from all vain, evil, and wandering thoughts; enlighten our understandings, enkindle our affections, that we may worthily and devoutly offer up our prayers and praises to thee, and so be meet to be heard in the presence of thy divine Majesty, Jesus Christ our Lord. Amen.

O Lord Jesu Christ, in union with the divine intention with which thou didst perform all thine actions in this world, I offer up these prayers and praises to thee, who livest and reignest with the Father, and the Holy Ghost, One God, world without end. Amen.

Prayer after Service

Accept, most merciful God, through the merits of thine Only-Begotten Son Jesus Christ, this my duty and service. Whatsoever has been offered aright, graciously regard; wherein I have been negligent, mercifully pardon. Who in the perfect Trinity, livest and reignest, One God for ever and ever. Amen.

Graces before Meals

Feed us, Lord, by thy gifts and out of thy abundant wealth nourish us.

Feed us, Lord, by thy gifts freely given and in thy kindness make them to fill us.

Protect us, Lord; for thou art our God: and give us the food we need; for we are weak.

God, thou who dost always invite us to strengthen and refresh our souls, give a blessing upon thy gifts that those things which we eat in thy name we may know are sanctified.

Lord, let thy gifts freely given feed us and thy grace be our solace.

Graces after Meals

Filled, Lord, by thy great gifts we give thanks unto thee for those which thou hast freely offered, and we ask thy pity that what was necessary for our bodies may not hinder our minds.

We are filled, Lord, by thy great gifts freely given. Have pity on us and fill us; for thou art blessed, thou with the Father and the Holy Spirit livest and reignest, God, world without end. Amen.

Before Commencing a Work

O God, who knowest that we are not sufficient of ourselves to think anything as of ourselves, but that all our sufficiency is of thee, assist us with thy grace in this work which we are about to undertake, direct us in it by thy wisdom, support us by thy power, that, doing our duty diligently, we may bring it to a good end, so that it may be profitable to our souls, and tend to the greater glory of thy Name; through Jesus Christ our Lord. Amen.

Before a Journey

O God, who didst cause the Children of Israel to pass with dry feet through the midst of the sea, and who, by the guidance of a star, didst show to the three Wise Men the way that led to thyself: grant to us, we beseech thee, a prosperous journey and a peaceful time; that, accompanied by thy holy Angels, we may arrive safely at the place whither we are going, and finally, through thy mercy,

enter the haven of eternal rest. Amen.

For the Choice of a Vocation

O Jesus, Eternal Wisdom, and most Mighty Counsellor, grant me the light of thy holy Spirit, that I may know what thou wouldest have me do; I offer myself entirely to thee, do with me what seemeth good in thy sight: not my will but thine be done. Correct whatsoever thou seest amiss in me, strengthen my weak resolutions, restrain my wayward desires: remove all hindrances to the fulfilment of thy will, and give me grace so to follow the leadings of thy Providence, that my life may be spent to thy honour and glory, in whatsoever way it pleases thee; who livest and reignest God for ever and ever. Amen.

Before Study

O God, who art the Fountain of Light, and Author of all knowledge, vouchsafe, we beseech thee, to enlighten our understandings, and to remove from us all darkness of sin and ignorance. Give us diligence in studying, quickness of apprehension, the power to retain what we hear or learn, that what we acquire by thy help, we may apply to thy honour and the eternal salvation of our souls; through Jesus Christ our Lord. Amen.

Before Teaching

O ineffable Creator, my Lord, and my God, who art the true Fountain and one essential Principle of light and wisdom, deign to shed the brightness of thy light on the darkness of my understanding. O thou, who madest eloquent the tongues of the speechless, instruct my tongue and pour forth on my lips the grace of thy blessing. Grant to me readiness and acuteness in understanding what I am about to teach, and power, clearness, and ease in expressing it. Give me, I pray thee, the help of thy grace, that I may please thee in this that I would do for thy honour and glory; through Jesus Christ our Lord. Amen.

For a Happy Death

O Lord Jesus Christ, to whom only we belong in life and in death;

grant that I may so live now that I may never be unprepared to die. Forsake me not, O Lord, in my last hour, and when thou callest me, do thou confirm my faith, deepen my repentance, and strengthen me with thy most blessed Body and Blood. Let thy holy Angels then be with me to shield me from temptation, to comfort me in suffering, to support me in my last agony; may they receive my soul cleansed from all offences, and place me among thy Saints and Elect, where light abides and life reigns; world without end. Amen.

A Prayer of S. Thomas Aquinas

Grant me, I beseech thee, almighty and most merciful God, fervently to desire, wisely to search out, truly to acknowledge, and perfectly to fulfil, all that is well-pleasing unto thee. Order thou my worldly condition to the honour and glory of thy Name; and of all that thou requirest me to do, grant me the knowledge, the desire, and the ability, that I may so fulfil it as I ought, and as is expedient for the welfare of my soul.

May my path to thee, I pray, be safe, straightforward, and perfect to the end, failing not either amid prosperity or adversity, that I may not be elated in the one, nor depressed in the other. But may I in prosperity give thanks to thee, and in adversity preserve my patience, rejoicing in nought save what advances me towards thee, grieving for nought save what withdraws me from thee; neither seeking to please, nor fearing to displease, any save only thee.

Grant me to do all I do in charity, and to regard as dead all that belongeth not to the service of thee.

Let all that is transitory be worthless in my eyes because of thee, and all that is thine dear and precious, and thou, my God, more than all. Let all toil that is for thee be delightful to me, and all rest irksome that is not in thee.

Grant me, O sweetest Lord, frequently and with fervency to direct my heart to thee, and sadly, with full purpose of amendment, to think over my shortcomings.

Make me, O my God, humble without pretence, cheerful without levity, serious without dejection, grave without moroseness, active without frivolity, truthful without duplicity, fearful of thee without despair, trustful in thee without presumption, chaste without depravity, able to correct my neighbour without angry feeling, and by word and example to edify him without pride, obedient without gainsaying, patient without murmuring.

Give me, O sweetest Jesus, a wakeful heart, which no curious imaginations may withdraw from thee: give me a steadfast heart, which no unworthy affection may drag downwards: give me an unconquered heart, which no tribulation can wear out: give me a free and disengaged heart, which the violence of no absorbing fascination may enslave: give me an upright heart, which no unworthy purpose may tempt aside.

Bestow upon me, also, O Lord my God, understanding to know thee, diligence to seek thee, wisdom to find thee, a behaviour that may please thee, a perseverance that may happily and trustfully await thee, and a faithfulness that may finally embrace thee.

Grant me on my pilgrimage to suffer thy punishments with contrition, to make good use of thy blessings through thy grace, and at length in Heaven to be admitted to thy joys in glory. Who livest and reignest, with the Father and the holy Spirit, now and ever. Amen.

A Prayer for our Needs

Lord, I believe, but would believe more firmly. I hope, O Lord, but would hope more securely. O Lord, I love, but yet would love more warmly. I grieve, O Lord, but yet would grieve more deeply.

Thee I adore, who art my first Beginning; thee I desire, who art my final End. I praise thee, who art my continual Benefactor; I call on thee, who art my kind Defender.

By thy wisdom do thou direct me, by thy righteousness do thou keep me, by thy sweet mercy comfort and protect me.

I offer unto thee, my God, my thoughts, that

they may be towards thee; my words, that they may be of thee; my deeds, that they may be according to thee; my sufferings, that they may be for thee.

I will whatsoever thou willest; I will because thou willest; I will in that manner thou willest; I will as long as thou willest. Amen.

INTERCESSORY PRAYERS

For the Church

O Holy Jesus, King of the Saints, and Prince of the Catholic Church, preserve thy Spouse whom thou hast purchased with thy right hand, and redeemed and cleansed with thy Blood, even thy whole Catholic Church from one end of the earth to the other, founded upon a Rock, but planted in the sea. O preserve her safe from schism, heresy, and sacrilege. Unite all her members with the bands of faith, hope, and charity: and also of visible unity, when it shall seem good in thine eyes. Let the daily Sacrifice of Prayer and Sacramental Thanksgiving never cease, but be for ever presented unto thee, and for ever united to the Intercession of her dearest Lord, and for ever prevail for the obtaining for every of its members grace and blessing, pardon and salvation, for thy most tender mercy's sake. Amen.

For the Visible Unity of the Church

O Lord Jesu Christ, who saidst unto thine Apostles, Peace I leave with you, my Peace I give unto you; regard not my sins, but the faith of thy Church, and grant her that peace and unity which is agreeable to thy will, who livest and reignest, God, for ever and ever. Amen.

O God the Father of our Lord Jesus Christ, our only Saviour, the Prince of Peace; give us grace seriously to lay to heart the great danger we are in by our unhappy divisions. Take away all hatred and prejudice, and whatsoever else may hinder us from godly Union and

Concord: that as there is but one Body and one Spirit, and one Hope of our Calling, one Lord, one Faith, one Baptism, one God and Father of all, so we may henceforth be all of one heart, and of one soul, united in one holy bond of Truth and Peace, of Faith and Charity, and may with one mind and one mouth glorify thee: through Jesus Christ our Lord. Amen.

O God, who graciously correctest what is wrong, and gatherest together into one that which is scattered, and keepest together that which thou hast so gathered: mercifully pour forth, we beseech thee, the grace of union on all Christian people, that they may all forsake division, and uniting themselves to the true Pastors of thy Church, may be enabled worthily to serve thee; through Jesus Christ our Lord. Amen.

For all Estates of Men

Almighty and Everlasting God, by whose Spirit the whole body of the Church is governed and sanctified, receive our supplications and prayers, which we offer before thee for all estates of men in thy holy Church, that every member of the same, in his vocation and ministry, may truly and godly serve thee; through our Lord and Saviour Jesus Christ. Amen.

For Bishops and Clergy

O Holy and Eternal Jesus, thou great Shepherd and Bishop of our souls, send down upon thy servants the Bishops and Pastors of thy Church, thy heavenly blessing. Give them the Spirit of wisdom and holiness, patience and charity, zeal and watchfulness, that they may faithfully declare thy will, boldly rebuke vice, rightly and duly administer thy holy Sacraments, and intercede with thee acceptably for thy people. Support and comfort them under all suffering and opposition for the cause of thy truth, and grant that after turning many to righteousness, they may shine as the stars for ever and ever; for thy tender mercy's sake. Amen.

For the Bishop of the Diocese

O God, the Pastor and Ruler of thy faithful servants, look down in mercy on thy servant N. our Bishop, to whom thou hast given charge over this Diocese, and evermore guide, defend, comfort, sanctify, and save him; and grant him by thy grace so to advance in word and good example, that he may with the flock committed to him, attain to everlasting life; through Jesus Christ our Lord. Amen.

For the Parish Priest

O God, the Pastor and Guide of all thy people, look favourably on thy servant N., whom thou hast willed to preside as Pastor over thy Church in this Parish; grant, we beseech thee, that both by word and by example he may profit those over whom he is set, that, together with his flock, he may attain eternal life; through Jesus Christ our Lord. Amen.

For the Parish

Almighty and Everlasting God, who dost govern all things in Heaven and earth, mercifully hear the supplications of us thy servants; and grant unto this Parish all things that are needful for its spiritual welfare (especially N.). Strengthen and confirm the faithful; visit and relieve the sick; turn and soften the wicked; rouse the careless; recover the fallen; restore the penitent; remove all hindrances to the advancement of thy truth, and bring all to be of one heart and mind within the fold of thy Holy Church, to the honour and glory of thy Blessed Son, Jesus Christ, our Lord. Amen.

For a Parent or Benefactor

O God, Merciful and Gracious, who hast made my Parents (or Benefactors) Ministers of thy mercy, and instruments of providence to thy servant, I humbly beg a blessing to descend upon them. Depute thy holy Angels to guide their souls, thy providence to minister to their necessities: let thy grace and mercy preserve them from the bitter pains of eternal death, and bring them to everlasting life: through Jesus Christ our Lord. Amen.

For Friends and Kindred

Almighty, Everlasting God, have mercy on thy Servants N. Keep them continually under thy protection, and direct them according to thy gracious favour in the way of everlasting salvation: that they may desire such things as please thee, and with all their strength perform the same. And forasmuch as they trust in thy mercy, vouchsafe, O Lord, graciously to assist them with thy heavenly help, that they may ever diligently serve thee, and by no temptations be separated from thee; through Jesus Christ our Lord. Amen.

For Travellers

O God of Infinite Majesty and Mercy, whom neither distance of place nor length of time can separate from those whom thou defendest: mercifully assist thy servants (especially N.) who put their trust in thee; vouchsafe to be their guide, and their companion through the way by which they are about to go. Let no misfortune harm them, no difficulty hinder them; let everything be favourable and prosperous for them: that whatsoever they shall rightly and lawfully desire, they may speedily and effectually obtain; through Jesus Christ our Lord. Amen.

For Sufferers in Mind or Body

O Lord Jesus Christ, our Sympathising Saviour, who for man didst bear the Agony and the Cross; draw thou near to thy suffering servants, in their pain of body or trouble of mind (especially N.); hallow all their crosses in this life, and crown them hereafter where all tears are wiped away; where with the Father and the Holy Ghost, thou livest and reignest, One God, world without end. Amen.

For a Sick Person's Recovery

O God, by whose ordering the moments of our life run out, accept the prayers and offerings of thy servants and handmaids, for whom in their sickness we implore thy mercy; that our fears or

account of their danger may be changed into joy on account of their recovery; through Jesus Christ our Lord. Amen.

For the Dying

O gracious Lord Jesus, who didst vouchsafe to die on the Cross for us; remember, we beseech thee, all Dying Persons (especially N.); and grant that they may omit nothing which is necessary to make their peace with thee before they die. Deliver them, O Lord, from the malice of the Devil, and from all sin and evil, and grant them a happy end for thy loving mercy's sake. Amen.

For the Tempted

Merciful and Faithful High Priest, who didst deign for us to be tempted of Satan; make speed to aid thy servants who are assaulted by manifold temptations; and as thou knowest their several infirmities, let each one find thee mighty to save, who livest and reignest with the Father and the Holy Ghost, One God, world without end. Amen.

For our Enemies

O Lord Jesus Christ, who didst pray for thy murderers, forgive mine enemies, I beseech thee, all their sins against thee, and give me that measure of thy grace, that for their hatred I may love them; for their cursing I may bless them; for their injury I may do them good; for their persecution I may pray for them: who livest and reignest with the Father, and the Holy Ghost, One God, world without end. Amen.

For the Missionary Work of the Church

O Lord Jesus Christ, who didst charge thine Apostles that they should preach the Gospel to every nation; prosper, we pray thee, all Missions both at home and abroad (especially N.); give them all things needful for their work, making them to be centres of spiritual life, to the quickening of many souls, and the glory of thy holy Name.

Support, guide, and bless the Clergy, who are called to labour in those parts of thy vineyard, give

them grace to witness to the Faith, endue them with burning zeal and love, make them patient under all disappointments, and meekly submissive under all persecutions, that they may turn many to righteousness, and may themselves win a Crown of everlasting glory, who livest and reignest God for ever and ever. Amen.

For Heretics

Almighty and Ever-living God, who hast given us the Catholic Faith of Christ for a light to our feet amid the darkness of this world; have pity upon all who, by doubting or denying it, are gone astray from the path of safety; bring home the Truth to their hearts, and grant them to receive it as little children; through the Same Jesus Christ our Lord. Amen.

For the Jews

Almighty and Ever-lasting God who dost extend thy pity even to the faithless Jews, hear our prayers which we offer to thee for their blindness of heart, that by the knowledge of thy Truth, which is Christ, they may be delivered out of their darkness, through the Same Jesus Christ our Lord. Amen.

For the Heathen

Almighty and Ever-lasting God, who willest not the death of a sinner, but rather that he should be converted and live, favourably receive our prayers which we make before thee, that thou wouldest deliver the Heathen from the worship of idols, and unite them to thy Holy Church, to the praise and glory of thy Name. Amen.

For the Conversion of Sinners

Almighty God, we beseech thee to hear our prayers for all such as sin against thee, or neglect to serve thee (especially N.), that thou wouldest bestow upon them true contrition, and an earnest desire to devote themselves to thy holy service; through Jesus Christ our Lord. Amen.

For the Faithful Departed

O God, who dost ever have mercy and forgive: have pity upon the

souls of thy servants and handmaids, and forgive them all their sins; that being freed from the bonds of this our mortal nature, they may be found worthy to enter into life. Through Jesus Christ our Lord. Amen.

For a Father or Mother Departed

O God, who hast commanded us to honour our Father and Mother, of thy clemency have pity upon the souls of my Father and Mother: and grant that I may live with them in the joy of eternal brightness; through Jesus Christ our Lord. Amen.

For a Departed Friend

O God, whose nature and property is ever to have mercy and to forgive, have mercy upon the Soul of thy Servant (or Handmaid): and grant *him* eternal rest among thy Saints and Elect, that *he* may enjoy their companionship in everlasting life: through Jesus Christ our Lord. Amen.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

ACTS OF FAITH, HOPE, LOVE, PENITENCE AND THANKSGIVING

Act of Faith

I firmly believe, O my God, that thou art One God in Three Persons, the Father, the Son, and the Holy Ghost, and that God the Son was made Man and died for us. Moreover, I believe all the truths which the Church believes and teaches, because thou hast revealed them, who canst neither deceive nor be deceived.

Act of Hope

O my God, relying upon thy infinite power and mercy, and the precious Blood of my Lord and Saviour Jesus Christ, I hope to obtain the forgiveness of my sins and everlasting life: and I hereby resolve, by thy grace, to perform all that thou hast revealed to me of thy holy will.

Act of Love

O my God, because thou art of infinite goodness, and most worthy of all love, I love thee with my whole heart, and above all things: and for thy sake I love my neighbour as myself.

Act of Contrition

O my God, I repent from my heart of all the sins which, from my youth up, I have committed against thee: since thou art infinitely Holy, and utterly abhorrest all sin, I resolve, O my Lord and Saviour, by thy help, never more to offend thee wilfully: do thou wash away my past sins in thy precious Blood, and have mercy upon me now and at the hour of my death. Amen.

Act of Thanksgiving

I give thee thanks, O Holy Father Almighty Eternal God, who not for mine own merits, but of thy most holy grace, hast vouchsafed to keep me, thine unworthy servant, safe throughout this day. Of thy goodness, O most Merciful God, I intreat thee that I may so pass through the ensuing night with a pure heart and body, that, arising in the morning, I may be enabled to offer thee a grateful and obedient service, through Christ our Lord. Amen.

FURTHER ACTS

Acts of Faith

I believe in thee, O Lord, that thou art Almighty, infinitely Wise, and supremely Good; True and Faithful to thy promises, yea, Truth itself. Lord increase my faith, help thou mine unbelief.

O Truth, O Goodness, who both here and everywhere art most present with me; I believe in thee.

Thou art All-Mighty, All-Wise, All-Good, shall I not believe thee?

Henceforth, even for ever, I will believe in thee, and love thee in deed and in truth.

I believe in thee, Almighty, Eternal God, my Father, my Redeemer, my Sanctifier. Thou hast made

me in thine own Image. Thou hast redeemed me with thy precious Blood. Thou sanctifiest me with thy ever-renewing Presence.

Acts of Hope

I hope to see the goodness of the Lord in the land of the living, O thou, who hast of thine infinite Love, made me an heir of thy Kingdom, even a joint-heir with Christ.

I, dust and ashes, flee unto thee, O God, that by thee, and through patience and comfort of thy Scriptures, I may have hope.

O Goodness and Truth, thou who hast prevented me with so many blessings, who hast so often commanded me to ask and promised to give, surely thou wilt give me that which I shall ask, that I may hope in thee with my whole heart.

Though the hosts of this world rise against me, O my Hope, my Life, yet will I hope in thee.

Whither shall I go from thee, O good Jesu? Art not thou my Life? Hast not thou the words of eternal Life?

I hope in thy faithfulness, thy pity, thy love; yea, Lord, I have a good hope, because of thy word.

My heart is fixed, O God, my heart is fixed. I will hope in the Lord, I will abide patiently in him.

O my Soul, wait thou still upon God, for my hope is in him: in God is my health and my glory, the rock of my might, and in God is my trust.

Acts of Love

O most loving Father, inflame my heart with love of thee, that I may do thy will and obey thy commandments.

O eternal Father, for the love of Jesus give me thy love.

O eternal Father, who hast so loved the world as to give thine only begotten Son to die for us, I will love thee, O God, my strength.

O Jesu, grant me to love thee, not in word and in tongue, but in deed and in truth; give thyself to me, who art my Hope, my Refuge, and my Salvation.

O Lord, who am I, that thou hast so loved me, and sought to be loved by me?

Unite thyself to me, Lord: let not the loathsomeness of my sins drive thee from me.

O God, whom should I love, if I love not thee, my Life, my Love, my All?

I love thee, and will never cease to love thee.

Chasten me as thou wilt, but take not from me the power to love thee.

O my Jesus, whoso loves thee not, knows thee not.

Who shall separate me from the love of Christ?

My Jesus, despised for me, make me to be despised for thee.

O Love, my God, I believe in thee, I hope in thee, and with my whole heart I love thee, and my neighbour for thy sake.

QUICK PRAYERS

One or more of these short prayers can be used and repeated as need presses or leisure affords opportunity.

When Lying Sleepless

With my soul have I desired thee in the night: yea, with my spirit within me will I seek thee early.

I come to thee, my God, for quiet and repose, and new supplies of strength to drooping nature, wearied with the labours and cares of the past day.

Take me under the covering of thy wings, and let thy loving-kindness and thy truth always preserve me.

Preserve my lying down and my rising up, from this time forth for evermore.

When Lying Awake in Pain

O Lord, by thy Cross and Passion strengthen me.

Lord, let this cup pass from me; nevertheless, not my will, but thine be done.

On Entering Church

I will come into thine House, even upon the multitude of thy mercy, and in thy fear will I worship toward thy holy Temple.

My soul hath a desire and longing to enter into the Courts of the Lord.

Blessed are they that

dwell in thy House; they will be alway praising thee.

Hear the voice of my prayer, O Lord, when I cry unto thee, when I lift up my hands towards the mercy seat of thy holy Temple.

At Going forth from your House

The Lord preserve my going out and my coming in: from this time forth for evermore.

O give thine Angels charge over me, to keep me in all my ways.

Order my steps according to thy Word, so shall no wickedness have dominion over me.

At Hearing the Clock strike

My time is in thy hand, O Lord.

Have mercy upon me, O Lord, now and at the hour of my death.

At Meals

Lord, grant that whether I eat or drink, or whatsoever I do, I may do all to thy glory.

Before Conversation

Set a watch, O Lord, before my mouth, and keep the door of my lips.

Lord, keep my tongue from evil, and my lips that they speak no guile.

When Alone

Help me now, O God, to do all things in thy sight, who seest in secret.

Shut out, O God, from my heart everything that offends thee.

By thy mighty power, repress all my wandering thoughts, and tread down Satan under my feet.

At Work

Lord, give me grace to use this world, as not abusing it.

Lord, grant that I may never go beyond or defraud my brother in any matter, for thou art the Avenger of all such.

At the Beginning of every Work

Prosper thou the work of my hands, O Lord; O prosper thou my handywork.

Guide me with thy counsel.

To the greater glory of thy Name, O God, I approach this work, and offer it to thee in union

with the infinite merits of Jesus Christ.

Whatsoever I do in word or deed, may I do all in the name of the Lord Jesus.

In the Midst of any Work

Lord Jesu, grant that I may accomplish this work to thy glory, and my salvation, as may be pleasing unto thee.

Wherever I am, whatever I do, thou, Lord, seest me.

O keep me in thy fear all the day long.

On Completing any Work

O Jesu, I commend unto thee this work of mine to be perfected and finished by thee, and I offer it unto thee in union with thine own works.

When Tempted

How can I do this great wickedness and sin against God.

Lord, help me with thy grace, that I may overcome this temptation.

Oh! help me now in the fiery trial.

O God, make speed to save me. O Lord, make haste to help me.

I believe in ✠ Jesus Christ; leave me not to myself, O Lord.

O Christ, save me: bid the tempter depart from me.

Help me to persevere in this and every trial.

Gladden me with the joy of thy countenance.

I can do all things through Christ, who strengtheneth me.

When Tempted to Impurity.

Spirit of evil: In the Name of ✠ Jesus Christ of Nazareth, I bid thee depart.

O Blessed Spirit of purity, quench in me this evil thought.

For Custody of the Eyes

Turn away mine eyes, lest they behold vanity, and quicken thou me in thy way.

Mine eyes shall be ever looking unto the Lord: for he shall pluck my feet out of the net.

After Falling into Sin

O God, against thee only have I sinned, and done this evil in thy sight.

I acknowledge my transgression: and am sorry for my sin.

Turn thy face from my sins: and put out all my misdeeds.

Lord, be merciful to me, for the merits of thy Son Jesus Christ: lay not this sin to my charge.

To Cultivate a Sense of God's Presence

Thou God seest me. I am thine, O save me.

Wherever I am, whatever I do, thou Lord seest me: O keep me in thy fear all the day long.

When in Spiritual Deadness

Why art thou so full of heaviness, O my soul, and why art thou so disquieted within me?

Put thy trust in God: for I will yet give him thanks for the help of his countenance.

My soul cleaveth unto the dust, O quicken thou me in thy way.

O show me the light of thy Countenance, and I shall be whole.

When in Sorrow

It is the Lord, let him do what seemeth him good.

Not my will, but thine be done.

He hath done all things well.

Lord, what wilt thou have me to do?

When the Temper is Disturbed

Blessed Jesu, who didst bear to be smitten on the cheek, and to be reviled, give me grace to be like unto thee, and to be patient under this trial.

Learn of me, for I am meek and lowly in heart, and ye shall find rest unto your souls.

O Lord, make me to rest in meekness and lowliness of mind.

After Doing any Good

Not unto me, O Lord, not unto me, but unto thy Name give the praise.

Short Thanksgiving

Glory be to thee, O Lord, for thy mercy. Praise the Lord, O my soul, and all that is within me praise his holy Name.

What reward shall I give unto the Lord: for all the benefits that he hath done unto me.

I will thank thee, for thou hast heard me: and art become my salvation.

For use at any time

I.

Lord, offer all my sufferings to thy Father.
As thou didst offer all thine Agonies to him.

II.

O good Jesu, crucified for us;
Nail my will to thy Cross, for love of thee.

III.

Good Jesu, make me wholly thine;
And in what way thou willest;
Bind me faster to thee.

IV.

Good Jesu, give me a deep love for thee,
That nothing may be too hard for me to bear from thee.

V.

Good Jesu, who hast borne the Cross for me,
What cross willest thou that I should bear for thee?
Thou knowest, Lord, that I am all weakness,
Teach me to bear my cross;
Bear it for me, bear it in me.

VI.

Lord, strengthen me to bear my cross patiently, humbly, lovingly;
If I sink under it, look on me and raise me up.
Give what thou commandest, and command what thou willest.
Only by thine all-holy Cross and Passion,
Sanctify my cross to me.
Keep me thine for ever.

VII.

Good Jesu, nailed motionless by thy sacred Hands and Feet
For love of me;
Keep me still, motionless, unmoved, unshaken,
Cleaving fast to thee.

VIII.

O good Jesu, my God, and my All,
Keep me ever near thee.
Let nothing for a moment separate me from thee.

IX.

Good Jesu, to thee I flee,
Hide me in thy sacred Side.

X.

O good Jesu, who keepest thine Own,
Under the shadow of thy wings;
Teach me to flee to thee, and hide me from all evil.

XI.

O good Jesu, shelter me from the evil one,
Shed thy dew upon me to calm my soul,
And dwell in me fully, that I may wholly love thee.

XII.

Good Jesu, Strength of the weary, Rest of the restless;
By the weariness and unrest of thy sacred Cross,
Come to me who am weary
That I may rest in thee.

XIII.

Jesu, most Tender, in thee would I trust,
Let me never be confounded.

XIV.

Good Jesu, who hast borne so patiently with me,
Make me wholly patient for love of thee.

XV.

O good Jesu, humbled to the death upon the Cross for me,
Good Jesu, mocked and blasphemed for love of us,
Make me truly humble for love of thee.

XVI.

O blessed Jesu, into thy hands I commend my soul and my body,
To live or to die as seemeth good to thee,
And to thine infinite mercy,
Thou hast redeemed me, O Lord, thou God of truth.

XVII.

Good Jesu, thou knowest that I desire to love thee,
Who hast so loved me, unworthy.
Thine would I be, who hast made me thine;
I would love thee, be wholly thine.
Open my eyes that I may see
All in me which displeases thee,
All which would please thee.
Give me grace to cast

out all which offends thine holy Eyes,

And to choose, do, and be all which thou lovest.

XVIII.

Good Lord, teach me to judge myself as thou judgest.

Make me more ashamed of sin than of all besides,

Yet not so ashamed as not quickly to come to thee,

All-merciful, all-loving Lord.

XIX.

Good Jesu, by thy Loneliness in the Garden,

By the Desolation thou willest to come over thee,

Sanctify mine.

XX.

Good Jesu, who alone orderest all things well,

I cast myself wholly upon thine infinite undeserved love,

I trust thee with my all,

Myself, and all whom I love, and all which I desire,

My present and my future, my hopes and my fears,

My time and my eternity, my joys and my sorrows.

Deal with me, as thou willest, and knowest best,

Only bind me safe to thine everlasting love.

XXI.

Good Jesu, who didst give thyself for me,

Give thyself to me,

Make me wholly thine, that I may deeply love thee.

XXII.

Good Jesu, bared, racked, reviled, forsaken, motionless on the Cross, for love of us,

Bare me, empty me of myself, to fill me with love of thee.

XXIII.

Good Jesu, lead me that I may follow thee,

Hold me, that I may hold fast to thee,

Teach me, that I may choose thee alone,

Keep me, that I may be thine for ever.

XXIV.

Jesu, most tender,

Thou hast been very tender to me,

Make me very tender to all and of all who are thine,

For the love of thy most tender love.

XXV.

O good Jesu, who hast so loved us,

Pour thy love largely into my soul,

That I may love thee intensely,

And all besides in and for thee.

SOME VERY QUICK PRAYERS

O God, Thou seest me.
My God and my All.
Blessed be God.
The Lord is King.
Great is the Lord and great is his power.
Thanks be to God.
Lord, Thou knowest me.
Deliver me, O Lord.
Save me, O God.
Draw nigh unto my soul.
Hide not Thy face from Thy servant.
Come, O Lord, and visit us in peace.
Thou art my helper and redeemer.

DEVOTIONS FOR THE HOLY EUCHARIST

The Holy Eucharist is a name for the action which our Lord Jesus Christ gave to his Church for the perpetual memorial of himself until his coming again.

This action has four parts. (1) We take bread and wine, as he did: this is the Offertory. (2) We give thanks (*i.e.* make eucharist) over these offerings, as he did: this is the "Preface" and "Consecration." (3) We break the bread, as he did: this is the Fraction. (4) We eat the bread and share the wine, as he commanded: this is Communion.

The Eucharist is never a private action. The celebrant is a man ordained by a successor of the Apostles to "The office and work of a priest in the Church of God", not merely a representative of any one denomination. Thus the Eucharist is an action of the Church which is the Body of Christ, and therefore it is an action done by our Lord Jesus Christ, the Head of the Body.

To "do the Eucharist" (*i.e.* to come and take part in this service) is the highest and noblest act of every man, woman and child. By it our Lord takes us up into his eternal worship and praise of God the Father; into his perpetual pleading of the perfect sacrifice which is his life, death and resurrection on earth and his abiding as the Lamb of God in Heaven; and into the closest union with himself in his risen and glorious Manhood.

The Eucharist is our sacrifice to God; for by Baptism we are members of Jesus Christ our High Priest, and what we do, he does in and with us; and what he does, we do in and with him. The Eucharist is both Jesus presenting his eternal sacrifice to the Father and also we, his Body, presenting ourselves to our Lord and pleading his sacrifice to the Father.

Devotions in Preparation for the Eucharist

1. The best preparation is our previous act of Holy Communion. We should try to be present at the Eucharist every Sunday, and can reasonably expect to receive Holy Communion once a week.
2. We should come penitent for sin. As Bishop Cosin said (see p. 3), we ought "to receive the Blessed Sacrament of the Body and Blood of Christ with frequent devotion. . . . And for the better preparation thereunto, as occasion is, to disburden and quiet our consciences of those sins that may grieve us, or scruples that may trouble us, to a learned and discreet Priest, and from him to receive advice, and the benefit of absolution."
3. The prayers given below are not all meant to be used every time. Select what you find best for you.

Seven Prayers ascribed to S. Ambrose

I.

O great High Priest, the true Priest, Jesu Christ, who didst offer thyself to God the Father a pure and spotless Victim upon the Altar of the Cross, for us miserable sinners, and didst give us thy Flesh to eat and thy Blood to drink, and didst ordain this Mystery in the Power of thy Holy Spirit, saying, "Do this in Remembrance of Me"; I pray thee, by the same thy Blood, the great Price of our Salvation; I pray thee, by that wonderful and unspeakable love wherewith thou deignedst so to love us miserable and unworthy as to wash us from our sins in thy own Blood: teach me, thy unworthy servant, by thy Holy Spirit, to approach so great a Mystery with that reverence and honour, that devotion and fear, which is due and fitting. Make me, through thy grace, always so to believe and understand, to conceive and firmly to hold, to think and to speak, of that exceeding Mystery, as shall please thee, and be good for my soul.

Let thy good Spirit enter my heart, and there be heard without utterance, and without the sound of words, speak all Truth. For thy Mysteries are exceeding deep, and covered with a sacred veil. For thy great mercy's sake, grant me to approach thy holy Mysteries with a clean heart and a pure mind. Free my heart from all defiling and unholy, from all vain and hurtful thoughts. Fence me with the holy and faithful guard and mighty protection of thy blessed Angels, that the enemies of all good may go away ashamed. By the virtue of this mighty Mystery, and by the hand of thy holy Angel, drive away from me and from all thy servants, the hard spirit of pride and vainglory, of envy and blasphemy, of impurity and uncleanness, of doubting and mistrust. Let them be ashamed and confounded together that seek after my soul to destroy it. Let them be driven backward and put to rebuke that wish me evil; for thy mercy's sake. Amen.

II.

O great High Priest, the true Priest, Jesu Christ, King of virgins, Lover of chastity and innocence, extinguish in my body, by the heavenly dew of thy blessing, the fuel of evil concupiscence, that so a calm purity of mind and body may abide in me. Mortify in my members the lusts of the flesh and all wrongful emotions, and grant me true and persevering chastity with thy other gifts, which are well-pleasing unto thee, that I may be able with chaste body and pure heart to join in offering to thee the Sacrifice of Praise and Thanksgiving. For with what exceeding contrition of heart and flow of tears, with what reverence and awe, with what chastity of body and purity of soul, should that divine and heavenly Sacrifice be celebrated, wherein thy Flesh is our Meat indeed, and thy Blood is our Drink indeed, wherein the lowest are joined with the highest, things earthly with divine, where is present the company of thy holy Angels, wherein in a wonderful and unspeakable way, thou art thyself both Sacrifice and Priest; For thy mercy's sake. Amen.

III.

O great High Priest, the true Priest, Jesu Christ, who can worthily draw nigh unto this holy Sacrament, unless thou O God Almighty, makest him worthy? I know, O Lord, yea, truly do I know, and do confess it to thy loving-kindness, that I am not worthy to approach so high a Mystery by reason of my very many sins, especially . . . , and numberless negligences and omissions, especially . . . But I know, and truly do believe with my whole heart and confess with my lips, that thou canst make me worthy, who alone canst make him clean that is conceived in sin, or sinners to be righteous and holy. By this thine almighty power, I beseech thee, O my God, that thou wouldest grant to me, a sinner, to approach this holy Sacrifice with fear and trembling, with purity of heart and plenteous tears, with spiritual gladness and heavenly joy. May my mind feel the

sweetness of thy most blessed Presence, and the love of thy holy Angels, keeping watch around me; For thy mercy's sake. Amen.

IV.

O great High Priest, the true Priest, Jesu Christ, mindful of thy venerable Passion, I approach thine Altar, sinner though I am, to join in offering unto thee that Sacrifice which thou hast instituted and commanded to be offered in remembrance of thee for our well-being. May it be accepted, O God most high, for thy holy Church, and for the people whom thou hast purchased with thine own Blood. Let not, through our unworthiness, the Price of their salvation be wasted, whose saving Victim and Redemption thou didst thyself vouchsafe to be. Also pitifully behold, O Lord, the sorrows of thy people, which we bring before thee; the perils of thy servants; the sorrowful sighing of prisoners; the miseries of widows and orphans, and all that are desolate and bereaved; the necessities of strangers and travellers; the helplessness and sadness of the weak and sickly; the depressions of the languishing; the weakness of the aged and of children; the trials and aspirations of young men; and the vows of virgins; For thy mercy's sake. Amen.

V.

O great High Priest, the true Priest, Jesu Christ, who hast mercy upon all, and hatest nothing that thou hast made, remember how frail our nature is, and that thou art our Saviour and our God. Be not angry with us for ever, and shut not up thy tender mercies in displeasure. For we humbly present our prayers before thy face, not trusting in our own righteousness, but in thy manifold and great mercies. Take away from me, O Lord, my iniquities, especially . . . , and mercifully kindle in me the fire of thy Holy Spirit. Take away from me the heart of stone, and give me an heart of flesh to love and adore thee, an heart to delight in, to follow and to enjoy thee. And I entreat thy mercy, O Lord, that thou

wouldest favourably look down upon thy family, as it pays its vows to thy most holy Name; and that the desire of none may be in vain, nor their petitions unfulfilled, do thou inspire our prayers, that they may be such as thou delightest to hear and answer; For thy mercy's sake. Amen.

VI.

O great High Priest, the true Priest, Jesu Christ, I pray thee, for the souls of the faithful departed (especially N.), that this great Sacrament of thy love may be to them health and salvation, joy and refreshment. O Lord, my God, grant them this day a great and abundant feast of thee, the living Bread, who camest down from Heaven, and givest life unto the world; even of thy holy and blessed Flesh, the Lamb without spot, who takest away the sins of the world; even of that Flesh, which was taken of the Blessed Virgin Mary, and conceived by the Holy Ghost; and of that Fountain of mercy which, by the soldier's lance, flowed from thy most Sacred Side; that they be thereby enlarged and satisfied, refreshed and comforted; and may rejoice in thy praise and in thy glory.

I pray thy clemency, O Lord, that on the Bread and Wine to be offered unto thee may descend the fulness of thy blessing and the sanctification of thy Divinity. May there descend also the invisible and incomprehensible Majesty of thy Holy Spirit, as it descended of old on the sacrifices of the Fathers, which may make our oblations thy Body and Blood; and may our prayers and offering be acceptable unto thee, through him who offered himself a Sacrifice to thee, O Father, even Jesus Christ, thine only Son our Lord, who liveth and reigneth with thee in the Unity of the Holy Ghost, ever One God, world without end. For thy mercy's sake. Amen.

VII.

O great High Priest, the true Priest, Jesu Christ, I pray thee, by the holy Mystery of thy Body and Blood, whereby in thy Church we are evermore fed, washed, and sanctified, and made partakers of thy

Divine Nature, grant to me the graces which are well pleasing unto thee, especially . . . with which fulfilled I may so with a clean conscience approach thy Altar, that the Sacramental Gifts may be made to me health and life. For thou with thy holy and blessed Mouth hast said, "The Bread that I will give is my Flesh, which I will give for the life of the world; I am the Living Bread which came down from Heaven; if any man eat of this Bread, he shall live for ever."

O Bread most sweet, heal thou the palate of my heart, that I may feel the sweetness of thy love. Heal it of all weakness and frailty, that it may be set upon no sweetness but thyself. O Bread most fair, full of all delight and sweetness, that ever refreshest us and never failest, may my heart feed on thee, and may my inmost parts be filled with the sweetness of thy savour. The Angel Host feeds on thee with full satisfaction; may man in his pilgrimage so feed on thee according to his measure, that he may not fail on the way, being refreshed with such food for his journey.

O Holy Bread, O Living Bread, O Bread most Pure, which camest down from Heaven, and givest life unto the world, come into my heart, and cleanse me from all defilement of flesh and spirit. Enter thou into my soul, and heal and cleanse me within and without, especially from . . . Be thou the succour and abiding defence of my soul and body. Drive far from me all the snares of the enemy. Let them be scattered afar from thy powerful Presence, that being both outwardly and inwardly guarded by thee, I may attain by a straight course to thy Kingdom, where, no more as now, in Mysteries, but face to face, we shall see thee; when thou shalt have delivered up the Kingdom to God even the Father, that God may be All in all. For then shalt thou wondrously satisfy me from thyself, so that I shall neither hunger nor thirst any more; For thy mercy's sake, who, with the Same Father and the Holy Ghost, livest and reignest, ever One God, world without end. Amen.

Another prayer attributed to S. Ambrose

O gracious Lord Jesu Christ, I, a sinner, nothing presuming on my own deserts, but trusting in thy mercy and goodness, with fear and trembling approach to the Table of thy most sweet Feast. For my heart and body are stained with many sins; my thoughts and lips not diligently kept.

Wherefore, O gracious God, O awful Majesty, in my extremity I turn to thee, the Fount of Mercy; to thee I hasten to be healed, and take refuge under thy protection; and thee, before whom as my Judge I cannot stand, I long for as my Saviour. To thee, O Lord, I show my wounds, to thee I lay bare my shame. I know my sins are many and great, for which I am afraid. My trust is in thy mercies, of which there is no end.

Look therefore upon me with the eye of thy mercy, O Lord Jesu Christ, God and Man, crucified for man; hearken unto me whose trust is in thee; have mercy upon me, who am full of sin and misery, O thou Fount of mercy, that wilt never cease to flow.

Hail Saving Victim, offered for me and all mankind on the Cross of suffering and shame. Hail, noble and precious Blood, flowing from the wounds of my crucified Lord and Saviour Jesus Christ, and washing away the sins of the whole world. Be mindful, O Lord, of thy creature, whom thou hast redeemed with thine own Blood. It repents me that I have sinned; I desire to amend what I have done.

Take therefore away from me, O most Merciful Saviour, all my iniquities and sins, especially . . . , that, being cleansed both in body and soul, I may worthily taste the Holy of Holies; and grant that this holy feeding on thy Body and Blood, of which, unworthy as I am, I purpose to partake, may be for the remission of my sins, and the perfect cleansing of all my offences, for the driving away of all evil thoughts, and the renewal of all holy desires, for the healthful bringing forth of fruit well-pleasing unto thee, and the

most sure protection of my soul and body against the wiles of all my enemies. Amen.

Act of Contrition

I desire, O my Lord God, humbly to offer to thee the sacrifice of a troubled, a broken, and a contrite heart. I grieve from my inmost heart that I have ever offended thee by my sins, thee my God and my chief Good, thee who art so gracious to me, and so oft refreshest me in thy Blessed Sacrament. I grieve especially for the sins of . . . which thou knowest, thou Searcher of our hearts, and which I, a miserable sinner, do confess in the bitterness of my soul. Would that I had never offended thee! Yet a broken and contrite heart, O God, thou wilt not despise; thou, who for love of us, didst give to us thine Only-Begotten Son, to wash us from our sins in his own Blood.

Renewal of Baptismal Promises

I desire, O Lord, to renew my Baptismal vows to thee. I renounce the devil and all his works, and the vain pomps and vanities of the world; the spirit of worldliness, with all covetous desires of the same, all sinful excesses in things lawful; and whatever may lead my heart from thee or hinder my duty to thee (especially . . .).

I renounce all the sinful desires of the body, with everything in thought, word, or deed, which displeases thee (especially . . .).

I put my trust in all that thou hast done for our redemption and salvation. I believe in all that thou hast revealed. Let these things control my way of thought and my plan of living.

I promise to try to obey all thy commandments for me and to let thy will be done in me and through me as it is done in Heaven.

Act of Faith

Of a truth I firmly believe, O good Jesu, and with lively faith confess, that thou thyself, equal to God the Father in glory and in power, true God and Man, art verily and indeed present in this Sacrament. For thou, the

Very Truth Itself, hast said, This is my Body, This is my Blood. I believe whatever the Son of God hath said. Nothing can be truer than this word of him who is the Truth. Lord, I believe, help thou mine unbelief, increase my faith.

Act of Hope

O Christ Jesus, I am sinful dust and ashes, but thou callest to thee them that labour and are heavy laden, that thou mayest refresh them. Art not thou my Refuge? To whom else should I go? Thou alone hast the words of eternal life, thou alone canst comfort me in every trouble. Lord, I am weak and sick, but thou art my Salvation. They that are whole need not a physician, but they that are sick. Therefore I come to thee, my Physician and my Refuge, hoping that this Communion may be to me the increase of Faith, Hope, and Charity; a firm defence against the snares of my enemies; a help to the removal of the fault and defect of . . . and to the bringing forth of works well-pleasing unto thee, especially . . . and a pledge of future glory. This is the hope and desire which I cherish in my heart, for thou art pitiful and of tender mercy, and in all thy promises most faithful.

Act of Love

O most sweet Saviour, Jesus Christ, how great was thy love, which drew thee from the bosom of the Father to this vale of tears, to take our flesh, and endure infinite miseries and wrongs, yea, even the death of the Cross, and that only for us miserable sinners, and for our salvation. O how great was thy love? Thou mightest have condemned us, and thou didst rather choose to save us: we were guilty, and thou, the Sinless One, didst endure our punishment to set us free.

Out of love it was that thou camest down to take our flesh; and when about to depart from this world to the Father, thou didst leave to us this Sacrament as a pledge of thy love; that after a new and wondrous manner, thou mightest abide with us for ever; thou, whose delights are to be with the sons of men.

O Lord, how worthy art thou of love, who dost so much for love of us! Wherefore I will love thee, O Lord, my Strength, my Refuge, and my Deliverer.

O God, thou art very Love! He that dwelleth in love dwelleth in thee. I desire to receive thee in this Sacrament, that I may be more firmly united with thee in the bond of love. Who shall separate me from the love of Christ my Saviour? O that neither life, nor death, nor any creature, may have power to do so.

Act of Reparation

O Lord, my God and Saviour, who as thou didst endure for our salvation the outrages of those who crucified thee, so now deignest to bear with those who approach and touch thee, "not discerning" thee, and endurest all irreverences rather than withhold thy Sacred Presence from our Altars; I bewail these indignities, and most earnestly desire to prevent, to the utmost of my power, whatever thus still grieves thee.

I beseech thee, accept this sorrow and this desire, as the only offering I can make in reparation of so great dishonour. O Lord, increase our faith, and preserve us from the least profanation of this adorable Mystery, and kindle in me and in the hearts of all thy people, especially of all who celebrate or assist in Its ministration, such reverence and devotion, that thy most holy Name may more and more be honoured and glorified in this Sacrament of love. Amen.

Aspirations

O Lord Jesu, what great things hast thou done, and what didst thou suffer, out of the power of thy boundless love towards me! But what return have I made? and what return shall I make?

I am sorry from the bottom of my heart, that I have ever offended thee, who hast so greatly loved me.

I believe in thee with a lively faith, O Eternal Truth! because thou art thyself God and Man, my Lord and Saviour.

I hope in thee, O Lord, O only Hope, and true Salvation of my soul.

I love thee, O my sovereign Good! oh, that I may love thee above all things with my whole heart! Oh! may the burning power of thy love absorb me, that nothing may ever separate me from the love of Christ Jesus, my Saviour!

Whom have I in Heaven but thee? and there is none upon earth that I desire in comparison of thee!

Like as the hart desireth the water-brooks, so longeth my soul after thee, O God.

In immediate Preparation

Blessed Jesus, who art about to come to us thy unworthy servants in the Blessed Sacrament of thy Body and Blood, prepare our hearts, we beseech thee, for thyself. Grant us that repentance for our past sins, that faith in the Atonement made for them by thee upon the Cross, that full purpose of amendment of life, that perfect love to thee and to all men, which shall fit us to receive thee. Lord, we are not worthy that thou shouldest come under our roof, much less that we should receive thee into ourselves; but since thou didst not disdain to be laid in a manger amidst unclean beasts, so vouchsafe to enter into our souls and bodies, unclean though they be through many sins and defilements.

Lord, come to us that thou mayest cleanse us.

Lord, come to us that thou mayest heal us.

Lord, come to us that thou mayest strengthen us.

And grant that having received thee, we may never be separated from thee by our sins, but may continue thine for ever, till we see thee face to face in thy heavenly Kingdom, where, with the Father and the Holy Ghost, thou livest and reignest, ever One God, world without end. Amen.

O sacred Feast! wherein Christ is received; the memory of his Passion is brought to our remembrance; our souls are fulfilled with grace, and the pledge of eternal glory is given unto us. (Alleluia).

IT IS VERY MEET,
RIGHT, AND OUR BOUNDEN DUTY
THAT WE SHOULD AT ALL TIMES
AND IN ALL PLACES
GIVE THANKS UNTO THEE, O LORD,
HOLY FATHER,
ALMIGHTY EVERLASTING GOD.

FOR THINE WAS THE WONDERFUL ACT
AND SAVING MYSTERY
THROUGH WHICH WE,
WHO BY SATAN AND THE STING OF DEATH
HAD BEEN BROUGHT
INTO CONDEMNATION AND RUIN,
SHOULD NOW BE CALLED TO GLORY
AS A PECULIAR PEOPLE,
A ROYAL PRIESTHOOD
AND A HOLY NATION.

THEREFORE,
GIVING THANKS UNCEASINGLY TO THEE
AND PROCLAIMING
THY GREAT AND HOLY GENEROSITY,
WE BRING BEFORE THY MAJESTY
THIS HOLY SACRIFICE
WHICH CHRIST
THE AUTHOR OF OUR SALVATION
HAS MADE FOR US.

PREPARATION FOR THE SERVICE

Antiphon. I will fear no evil: for thou art with me.

Ps. lxxxiv. *Quam dilecta!*

O how amiable are thy dwellings: thou Lord of hosts!

My soul hath a desire and longing to enter into the courts of the Lord: my heart and my flesh rejoice in the living God.

Yea, the sparrow hath found her an house, and the swallow a nest where she may lay her young: even thy altars, O Lord of hosts, my King and my God.

Blessed are they that dwell in thy house: they will be alway praising thee.

Blessed is the man whose strength is in thee: in whose heart are thy ways.

Who going through the vale of misery use it for a well: and the pools are filled with water.

They will go from strength to strength: and unto the God of gods appeareth every one of them in Sion.

O Lord God of hosts, hear my prayer: hearken, O God of Jacob.

Behold, O God our defender: and look upon the face of thine Anointed.

For one day in thy courts: is better than a thousand.

I had rather be a doorkeeper in the house of my God: than to dwell in the tents of ungodliness.

For the Lord God is a light and defence: the Lord will give grace and worship, and no good thing shall he withhold from them that live a godly life.

O Lord God of hosts: blessed is the man that putteth his trust in thee.

Glory be to the Father.

Antiphon. I will fear no evil: for thou art with me. Thou shalt prepare a Table before me against them that trouble me: thou hast anointed my head with oil, and my cup shall be full.

In Penitential Seasons

Antiphon. Remember not, Lord.

Ps. cxxx. *De profundis*

Out of the deep have I called unto thee, O Lord: Lord, hear my voice.

O let thine ears consider well: the voice of my complaint.

If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?

For there is mercy with thee: therefore shalt thou be feared.

I look for the Lord; my soul doth wait for him: in his word is my trust.

My soul fleeth unto the Lord: before the morning watch, I say, before the morning watch.

O Israel, trust in the Lord, for with the Lord there is mercy: and with him is plenteous redemption.

And he shall redeem Israel: from all his sins.

Glory be to the Father.

Antiphon. Remember not, Lord, our offences, nor the offences of our forefathers, neither take thou vengeance of our sins.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father.

And lead us not into temptation.

But deliver us from evil.

I said, Lord, have mercy upon me.

Heal my soul, for I have sinned against thee.

Turn thee again, O Lord, at the last.

And be gracious unto thy servants.

Let thy mercy, O Lord, be showed upon us.

As we do put our trust in thee.

Let thy Priests be clothed with righteousness.

And let thy Saints sing with joyfulness.

Cleanse thou me from my secret faults.

And keep thy servant also from presumptuous sins.

O Lord, hear my prayer.

And let my cry come unto thee.

Let us pray

Most gracious God, incline thy merciful ears to our prayers, and enlighten our hearts by the grace of thy Holy Spirit; that we may worthily approach thy holy Mysteries, and love thee with an everlasting love.

O Lord, we beseech thee, may the Comforter who proceedeth from thee illuminate our minds, and lead

us, as thy Son hath promised, into all truth.

O Lord, we beseech thee, may the power of the Holy Ghost be with us, and both mercifully cleanse and purge our hearts, and defend us from all adversities.

Cleanse our consciences, we beseech thee, O Lord, by thy visitation: that thy Son our Lord Jesus Christ, when he cometh, may find in us a mansion prepared for himself; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee in the Unity of the Same Spirit, ever One God, world without end. Amen.

Almighty and Everlasting God, behold I approach the Sacrament of thy Only-Begotten Son, our Lord Jesus Christ. As one sick, I come to the Physician of life: as unclean, to the Fountain of mercy: as blind, to the Light of eternal splendour: as needy, to the Lord of Heaven and earth: as naked, to the King of glory: a lost sheep, to the Good Shepherd: a fallen creature, to its Creator: desolate, to the kind Comforter: miserable, to the Pitier: guilty, to the Bestower of pardon: sinful, to the Justifier: hardened, to the Infuser of grace.

I implore therefore the abundance of thine infinite mercy that thou wouldest vouchsafe to heal my sickness, to wash my foulness, to lighten my darkness, to enrich my poverty, and to clothe my nakedness, that I may receive the Bread of Angels, the King of Kings, and Lord of Lords, with such reverence and fear, such contrition and love, such faith and purity, such devotion and humility, as is expedient for the welfare of my soul. Grant me, I beseech thee, to receive not only the Sacrament of the Lord's Body and Blood, but also the virtue of the Sacrament. O most merciful God, grant me so to receive the Body of thy Only-Begotten Son, our Lord Jesus Christ, which he took of the Virgin Mary, that I may be incorporated in his mystical Body, and ever reckoned among his members. And, O most loving Father, grant me that whom I now purpose to receive under a veil I may at length behold with open face, even

thy beloved Son, who, with thee and the Holy Ghost, liveth and reigneth, ever One God, world without end. Amen.

Joy with peace, amendment of life, time for true repentance, the grace and comfort of thy Holy Spirit, perseverance in good works, grant me, O almighty and merciful Lord. Amen.

Additional Devotions will be found at pp. 90–93.

Direction of the Intention

O almighty Lord of Heaven and earth, behold I, an unworthy sinner, desire to offer up to thee, by the hands of this thy Minister, the mystical Sacrifice of the Body and Blood of thy Son Jesus Christ, in union with the one true Sacrifice which he offered up to thee upon the Cross.

I desire to offer It, first, for thine own honour, praise, adoration, and glory: secondly, in remembrance of his Death and Passion: thirdly, in thanksgiving for all thy blessings bestowed in him on his whole Church, and especially for those bestowed on me, the most unworthy of all: fourthly, for obtaining pardon and remission of all my sins, and of those of all others for whom I ought to pray: and lastly, for obtaining all graces and blessings, both for myself and for the whole mystical Body of thy Son, that such as are yet alive may finish their course with joy, and that such as are dead in the Lord may rest in peace and hope, and rise in glory: for the Lord's sake whose Death we are now about to commemorate.

Prayer for the Priest

The Lord be in thy heart, and on thy lips, and make thee a worthy Minister at his Altar: the Lord be merciful to thee, and forgive thee all thy sins, and bring thee to everlasting life; the Lord accept this holy Sacrifice at thy hands to his greater glory, and for our necessities: in the Name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

THE ORDER OF THE HOLY EUCHARIST

from the Book of Common Prayer
of the Church of England

together with

The Prayer of Consecration
from the
American Book of Common Prayer

and

Devotions during the Service

THE HOLY EUCHARIST

The Lord's Prayer

Our Father, which art in Heaven, Hallowed be thy Name: thy Kingdom come: thy Will be done in earth, as it is in Heaven: Give us this day our daily Bread: And forgive us our trespasses, as we forgive them that trespass against us: And lead us not into temptation: But deliver us from evil. Amen.

The Collect for Purity

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

The Ten Commandments

[see pp. 1–2]

or

Lord have mercy (3 times)
Christ have mercy (3 times)
Lord have mercy (3 times)

The Collect of the Day

The Epistle

After the Epistle.

THANKS be to God.

The Holy Gospel

Benediction

The Lord open thy mouth to read and our ears to understand the Holy Gospel of the God of Peace. In the Name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

Before the Holy Gospel

GLORY be to Thee, O Lord.

After the Holy Gospel

PRAISE be to Thee, O Christ.

The Creed

I believe in One God, the Father Almighty, Maker of Heaven and earth, And of all things visible and invisible:

And in One Lord Jesus Christ, the Only-Begotten Son of God; Begotten of his Father before all worlds; God of God, Light of Light, Very God of Very God, Begotten, not made; Being of one Substance with the Father; By whom all things were made; Who for us men, and for our salvation came down from Heaven, And was incarnate by the Holy Ghost of the Virgin Mary, and was made Man; And was crucified also for us under Pontius Pilate: He suffered and was buried; And the third day he rose again according to the Scriptures; And ascended into Heaven, And sitteth on the right hand of the Father. And he shall come again with glory, to judge both the quick and the dead: Whose Kingdom shall have no end.

And I believe in the Holy Ghost, The Lord and Giver of life; Who proceedeth from the Father and the Son; Who, with the Father and the Son together, is worshipped and glorified; Who spake

by the Prophets. And I believe One, Catholick, and Apostolick Church. I acknowledge one Baptism for the remission of sins; And I look for the resurrection of the dead, And the life of the world to come. Amen.

The Offertory Sentences

Let your light so shine before men, that they may see your good works, and glorify your Father which is in Heaven. . . .

Blessed be the man that provideth for the sick and needy: the Lord shall deliver him in the time of trouble.

When you give your alms say:

Blessed be thou, O Lord God of Israel, our Father, for all that is in the Heaven and in the earth is thine. All things come of thee, and of thine own do we give thee.

At the Oblation of the Elements

Receive, O Holy Trinity, this Oblation, which I join in offering unto thee in memory of the Passion of our Lord Jesus Christ, and grant that It ascending before thee may be acceptable in thy sight, and promote my everlasting salvation, and that of all thy faithful people, both living and departed, through Jesus Christ. Amen.

O God, who didst wonderfully constitute the dignity of human nature in creating it, and hast still more wonderfully regenerated it; grant that by the Mystery of this Water and Wine we may be made partakers of his Divine Nature who vouchsafed to become a partaker of our human nature, Jesus Christ, thy Son our Lord, who liveth and reigneth with thee and the Holy Ghost, ever One God, world without end. Amen.

Let my prayer, O Lord, be set forth in thy sight as the incense: and let the lifting up of my hands be an evening sacrifice.

Set a watch, O Lord, before my mouth: and keep the door of my lips.

O let not mine heart be

inclined to any evil thing: let me not be occupied in ungodly works with the men that work wickedness.

May the Lord kindle in our hearts the fire of his love, and the flame of everlasting charity. Amen.

The Prayer for the Church

Almighty and Everliving God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks for all men,

We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty;

Beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant, that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity, and godly love.

We beseech thee also to save and defend all Christian Kings, Princes, and Governours; and specially thy Servant Elizabeth our Queen; that under her we may be godly and quietly governed: And grant unto her whole Council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops and Curates, (especially N.) that they may both by their life and doctrine set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments:

And to all thy people give thy heavenly grace; and especially to this congregation here present, (especially N.) that with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who

in this transitory life are in trouble, sorrow, need, sickness, or any other adversity (especially N.).

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear (especially N.); beseeching thee to give us grace, so to follow their good examples, that, with them, we may be partakers of thy heavenly Kingdom:

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.

The Short Exhortation

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this Holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The General Confession

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings: The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son, our Lord Jesus Christ's sake, Forgive us all that is past; And grant, that we may ever hereafter Serve and please thee, In newness of life, To the honour and glory of thy Name: Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins, to all them that with hearty repentance and true faith turn unto him; have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life: through Jesus Christ our Lord. Amen.

The Comfortable Words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that travail and are heavy laden, and I will refresh you.

So God loved the world, that he gave his Only-Begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners.

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

The Sursum Corda

Priest. The Lord be with you.
Answer. And with thy spirit.
Priest. Lift up your hearts.
Answer. We lift them up unto the Lord.
Priest. Let us give thanks unto our Lord God.
Answer. It is meet and right so to do.

The Preface

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks

unto thee, O Lord, Holy Father, Almighty, Everlasting God.

(*The words* [Holy Father] *must be omitted on* Trinity Sunday.)

Here shall follow the proper Preface, or else immediately shall follow,

Therefore with Angels and Archangels, and with all the Company of Heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus

Holy, Holy, Holy, Lord God of Hosts, Heaven and earth are full of thy glory; Glory be to thee, O Lord most High. Amen.

Proper Prefaces

Upon Christmas Day, *and seven days after*

Because thou didst give Jesus Christ thine only Son to be born as at this time for us; who by the operation of the Holy Ghost, was made Very Man of the substance of the Virgin Mary his mother: and that without spot of sin, to make us clean from all sin. Therefore with Angels, &c.

Upon Easter Day, *and seven days after*

But chiefly are we bound to praise thee for the glorious Resurrection of thy Son Jesus Christ our Lord: for he is the very Paschal Lamb, which was offered for us, and hath taken away the sin of the world: who by his Death hath destroyed death, and by his Rising to life again hath restored to us everlasting life. Therefore with Angels, &c.

Upon Ascension Day, *and seven days after*

Through thy most dearly beloved Son Jesus Christ our Lord; who after his most glorious Resurrection manifestly appeared to all his Apostles, and in their sight Ascended up into Heaven to prepare a place for us; that where he is, thither we might also ascend, and reign with him in glory. Therefore with Angels, &c.

Upon Whitsun Day, *and six days after*

Through Jesus Christ our Lord, according to whose most true promise, the Holy Ghost came down as at this time from Heaven with a sudden great sound, as it had been a mighty wind, in the likeness of fiery tongues, lighting upon the Apostles, to teach them and to lead them to all truth; giving them both the gift of divers languages, and also boldness with fervent zeal constantly to preach the Gospel unto all nations; whereby we have been brought out of darkness and error into the clear light and true knowledge of thee, and of thy Son Jesus Christ. Therefore with Angels, &c.

Upon the Feast of Trinity *only*

Who art one God, one Lord; not one only Person, but Three Persons in One Substance. For that which we believe of the glory of the Father, the same we believe of the Son, and of the Holy Ghost, without any difference or inequality. Therefore with Angels, &c.

The Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the Flesh of thy dear Son Jesus Christ, and to drink his Blood, that our sinful bodies may be made clean by his Body, and our souls washed through his most precious Blood, and that we may evermore dwell in him, and he in us. Amen.

The Prayer of Consecration

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our

Redemption, who made there, by his one Oblation of himself once offered, a full, perfect, and sufficient Sacrifice, Oblation, and Satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual Memory of that his precious Death, until his coming again;

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of Bread and Wine, according to thy Son our Saviour Jesus Christ's holy Institution, in remembrance of his Death and Passion, may be partakers of his most blessed Body and Blood:

Who in the same night that he was betrayed, took Bread, and when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat, *This is my Body which is given for you:* Do this in remembrance of me.

Likewise after supper he took the Cup; and when he had given thanks, he gave it to them, saying: Drink ye all of this; *For this is my Blood of the New Testament, which is shed for you and for many for the remission of sins:* Do this as oft as ye shall drink it, in remembrance of me. Amen.

The Prayer of Oblation

O Lord and heavenly Father, we thy humble servants entirely desire thy Fatherly goodness mercifully to accept this our Sacrifice of Praise and Thanksgiving;

Most humbly beseeching thee to grant, that by the Merits and Death of thy Son Jesus Christ, and through faith in his Blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his Passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this Holy Communion, may be fulfilled with thy grace and heavenly benediction.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord;

By whom, and with whom, in the Unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. Amen.

The Lord's Prayer

Our Father, which art in Heaven, Hallowed be thy Name. Thy Kingdom come: thy Will be done, in earth as it is in Heaven: Give us this day our daily bread: And forgive us our trespasses, as we forgive them that trespass against us: And lead us not into temptation: But deliver us from evil: For thine is the Kingdom, the power, and the glory, for ever and ever. Amen.

The Prayer of Consecration

from the American Book of Common Prayer

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again:

For in the night in which he was betrayed, he took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat,

THIS IS MY BODY, WHICH IS GIVEN FOR YOU; DO THIS IN REMEMBRANCE OF ME.

Likewise, after supper, he took the Cup; and when he had given thanks, he gave it to them, saying, Drink ye all of this;

FOR THIS IS MY BLOOD OF THE NEW TESTAMENT, WHICH IS SHED FOR YOU, AND FOR MANY, FOR THE REMISSION OF SINS; DO THIS, AS OFT AS YE SHALL DRINK IT, IN REMEMBRANCE OF ME.

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Saviour Jesus Christ, we, thy humble servants, do celebrate and make here before thy Divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness, mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee, that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice; yet we

beseech thee to accept this our bounden duty and service; not weighing our merits but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. Amen.

And now, as our Saviour Christ hath taught us, we are bold to say,

Our Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

DEVOTIONS AFTER THE CONSECRATION

Acts of Offering

I.

O most gracious Father, accept this pure, this Holy Sacrifice at the hands of thy Priest, as one with the All-Holy Sacrifice which thy beloved Son in his Passion, Death and Resurrection offered unto thee for all men.

II.

O most merciful Father; I offer and present unto thee this thy beloved Son, and with him my heart.

Accept, O holy Father, this Spotless Victim to the honour and glory of thy Name, in thanksgiving for all thy benefits bestowed on us, in remission of all our sins, and supply of all our defects and shortcomings.

III.

Take, Lord, for thine own the whole powers of my soul, my memory, my understanding, and all my will. All that I am, all that I have, thou hast bestowed upon me: therefore I give back all to thee, and surrender it to be wholly governed by thy Sovereign Will. Grant me but grace to love thee alone, and I am rich enough and ask no more.

Acts of Adoration

I.

Agnus Dei

O Lamb of God, that takest away the sins of the world: have mercy upon us.

O Lamb of God, that takest away the sins of the world: have mercy upon us.

O Lamb of God, that takest away the sins of the world: grant us thy peace.

II.

Ave verum Corpus

Hail to thee, true Body sprung,
From the Virgin Mary's womb.
The Same that on the Cross was hung,
And bore for man the bitter doom.
Hear us, merciful and mild,
Jesu, Mary's gracious Child. Amen.

From whose Side for sinners riven
Water flowed and mingled Blood:
Mayst thou, dearest Lord, be given
In death's hour to be my Food.
Hear us, merciful and mild,
Jesu, Mary's gracious Child. Amen.

III.

Hail, most Holy Body of Christ. Hail, Living Bread, that comest down from Heaven to give life to the world. Hail most Holy Blood of Jesus shed for sinners. Above all things the sum and fulness of delight. Hail, Saving Victim, offered for me and for all mankind. Christ Eternal King. Man, crucified for man.

Behold, I praise, I bless, I glorify thee. I would that all might glorify thee in this Mystery of thy love. And grant to me that, dying to the world and living here a life hidden in thee, I may hereafter see thy Face unveiled, to love and adore and rejoice in thee, through all eternity. Amen.

Prayer for Unity

O Lord Jesus Christ, who saidst unto thine Apostles, Peace I leave with you, my peace I give unto you; regard not my sins, but the faith of thy Church; and grant her that peace and unity which is agreeable to thy will, who livest and reignest God for ever and ever. Amen.

On returning from the Altar say

Thou art the King of Glory: O Christ.

Thou art the everlasting Son: of the Father.

When thou tookest upon thee to deliver man: thou didst not abhor the Virgin's womb.

When thou hadst overcome the sharpness of death: thou didst open the Kingdom of Heaven to all believers.

Thou sittest at the right hand of God: in the glory of the Father.

We believe that thou shalt come: to be our Judge.

We therefore pray thee, help thy servants: whom thou hast redeemed with thy precious Blood.

Make them to be numbered with thy Saints: in glory everlasting.

O Lord, save thy people: and bless thine heritage.

Govern them: and lift them up for ever.

Day by day: we magnify thee.

And we worship thy Name: ever world without end.

Additional Devotions will be found at pp. 119–121.

The Thanksgiving

Almighty and ever-living God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious Death and Passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

The Gloria in Excelsis

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, Heavenly King, God the Father Almighty.

O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; Thou only art the Lord; Thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Peace and Blessing

The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord:

And the Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

DEVOTIONS AFTER THE EUCHARIST AND IN THANKS FOR HOLY COMMUNION

Antiphon. Let us sing the Song of the Three Children, which they sang as they blessed the Lord in the furnace of fire.

Canticle

Benedicite, omnia opera

O all ye Works of the Lord, bless ye the Lord: praise him and magnify him for ever.

O ye Angels of the Lord, bless ye the Lord: praise him and magnify him for ever.

O ye children of Men, bless ye the Lord: praise him, and magnify him for ever.

O let Israel bless the Lord: praise him, and magnify him for ever.

O ye Priests of the Lord, bless ye the Lord: praise him, and magnify him for ever.

O ye Servants of the Lord, bless ye the Lord: praise him, and magnify him for ever.

O ye Spirits and Souls of the Righteous, bless ye the Lord: praise him, and magnify him for ever.

O ye holy and humble Men of heart, bless ye the Lord: praise him and magnify him for ever.

O Ananias, Azarias, and Misael, bless ye the Lord: praise him, and magnify him for ever.

Glory be to the Father.

Ps. cl. *Laudate Dominum*

O praise God in his holiness: praise him in the firmament of his power.

Praise him in his noble acts: praise him according to his excellent greatness.

Praise him in the sound of the trumpet: praise him upon the lute and harp.

Praise him in the cymbals and dances: praise him upon the strings and pipe.

Praise him upon the well-tuned cymbals: praise him upon the loud cymbals.

Let everything that hath breath: praise the Lord.

Glory be to the Father.

The Song of Simeon

Nunc Dimittis

Lord, now lettest thou thy servant depart in peace: according to thy word.

For mine eyes have seen: thy salvation;

Which thou hast prepared: before the face of all people;

To be a light to lighten the Gentiles: and to be the glory of thy people Israel.

Glory be to the Father.

Antiphon. Let us sing the song of the Three Children, which they sang as they blessed the Lord in the furnace of fire.

Lord have mercy upon us.

Christ have mercy upon us.

Lord have mercy upon us.

Our Father.

And lead us not into temptation.

But deliver us from evil.

Let all thy works praise thee, O Lord.

And thy Saints give thanks unto thee.

Thy Saints shall exult in glory.

They shall rejoice in their beds.

Not unto us, O Lord: not unto us.

But to thy Name give the praise.

Lord, hear my prayer.

And let my cry come unto thee.

Let us pray

O God, who for thy Three Servants didst assuage the flames of fire: mercifully grant that no unholy fires may inflame us, thy servants.

Purify, O Lord, with the fire of thy Holy Spirit our hearts and reins, that we may serve thee with a chaste body and please thee with a pure mind.

Prevent us, O Lord, in all our doings, with thy most gracious favour, and further us with thy continual help; that in all our works, begun, continued, and ended in thee, we may glorify thy holy Name; and finally, by thy mercy, obtain everlasting life. Through Jesus Christ our Lord, who liveth and reigneth with thee in the Unity of the Same Spirit, ever One God, world without end. Amen.

I yield thee thanks, O Lord, Holy Father, Almighty, Everlasting God, who, not for any merit of mine, but of the condescension of thy mercy only, hast vouchsafed to feed me a sinner, thy unworthy servant, with the precious Body and Blood of thy Son, our Lord Jesus Christ. And I humbly entreat thy boundless clemency, Almighty and Merciful Lord, that this Holy Communion may not bring guilt upon me to condemnation, but may be unto me for pardon and salvation. Let it be unto me an armour of faith, and a shield of good resolution. Let it be unto me a riddance of all vices, an extermination of all evil desires and lusts, and an increase of love and patience, of humility and obedience, and all virtues, especially . . .: a firm defence against the wiles of all enemies, visible or invisible: a perfect quieting of all sinful impulses, fleshly or spiritual, especially

. . .: a firm adherence to thee, the One True God, and a blessed consummation of my end. And I pray thee, that thou wouldest vouchsafe to bring me a sinner to that ineffable feast, where thou with thy Son and the Holy Ghost, art to thy Saints true Light, full and everlasting Joy, and perfect Happiness; through the Same our Lord Jesus Christ. Amen.

O most Sweet Lord Jesu, transfix the affections of my inmost soul with that most joyous and most healthful wound of thy love, with true, serene, most holy, apostolic charity; that my soul may ever languish and melt with entire love and longing for thee.

Let it desire thee, and faint for thy courts; long to be dissolved and be with thee. Grant that my soul may hunger after thee, the Bread of Angels, the Refreshment of holy souls, our daily supersubstantial Bread, who hast all sweetness and savour, and every pleasurable delight.

Thee, whom the Angels desire to look into, may my heart ever hunger after and feed upon, and may the appetite of my soul be filled with the sweetness of thy savour.

May it ever thirst for thee, the Fountain of life, the Fountain of wisdom and knowledge, the Fountain of eternal light, the Torrent of pleasure, the Richness of the house of God.

Let it ever compass thee, seek thee, find thee, stretch towards thee, arrive at thee, meditate upon thee, speak of thee, and do all things to the praise and glory of thy holy Name, with humility and discretion, with love and delight, with readiness and affection, with perseverance to the end.

Be thou ever my Hope, my whole Confidence, my Riches, my Delight, my Pleasure, my Joy, my Rest and Tranquillity, my Peace, my Sweetness, my sweet Savour, my Food, my Refreshment, my Refuge, my Help, my Wisdom, my Portion, my Possession, my Treasure, in whom my mind and my heart may ever remain fixed and firm, and rooted immoveably. Amen.

SPIRITUAL COMMUNION

If you are unable to receive the Holy Communi either because some duty keeps you from church or some reason you do not receive the Holy Sacrame during the Eucharist; then it is well to make an act *Spiritual Communion.*

This can be done by a short act, such as the followin

Act of Spiritual Communion

In union, O dear Lord, with the faithful at every Altar of thy Church, where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I present to thee my soul and body, with the earnest wish that I may be always united to thee. A since I cannot now recei thee sacramentally, I b seech thee to come spir ually into my heart. I un myself to thee, and e brace thee with all t affections of my soul. O nothing ever separate th from me. Let me live a die in thy love. Amen.

If you have more leisure it is possible to elaborate t act.

Thus:

(1) Read through the Collect, Epistle and Gospel the day.

(2) Unite yourself to the Eucharist which, somewhe in the world, is being offered to God at the time your act.

(3) In union with those Christians and so the wh Church, offer the sacrifice of our Lord to God t Father, for some intention.

(4) Make the act of Spiritual Communion.

(5) Make a thanksgiving.

THANKSGIVING FOR THE EUCHARIST

ACTS OF DEVOTION

Aspirations

Who art thou, O Lord, and what am I?

Dost thou come unto me, O King, most High, even to the very lowest of thy servants?

Behold, O Lord, I now have thee, who hast all things: I possess thee, who possessest all things and canst do all things; therefore, O my God and my All, do thou wean my heart from all other things beside thee, for in them there is nothing but vanity and vexation of spirit; on thee alone may my heart be fixed; in thee be my rest, for in thee is my treasure, in thee is the sovereign truth, and true happiness, and eternal life.

Let my soul, O Lord, feel the sweetness of thy presence. May it taste how sweet thou art, O Lord, that allured by love of thee, it may seek for nothing wherein to rejoice out of thee; for thou art the Joy of my heart, and my God, and my Portion for ever.

Thou art the Physician of my soul, who with thine own stripes hast healed our sickness. I am that sick soul whom thou camest from Heaven to heal; heal my soul therefore, for I have sinned against thee.

O thou true Light, which enlightenest every man that cometh into the world, enlighten mine eyes, that I sleep not in death.

O Fire continually burning, and never failing! Behold how lukewarm and cold I am; oh! do thou inflame my reins and my heart, that they may be on fire with the love of thee.

O King of Heaven and earth, rich in pity! Behold, I am poor and needy; thou knowest what I most require; thou alone art able to enrich and help me.

O my Lord and my God! Behold, I am thy servant: give me under-

standing and kindle my affections that I may know and do thy will.

Thou art the Lamb of God, the Lamb without spot, who takest away the sins of the world; take away from me whatever hurteth me and displeaseth thee; and give me what thou knowest to be pleasing to thee and good for me.

Thou art my Love and all my Joy: thou art my God and my All: thou art the Portion of mine inheritance and of my cup; thou art he who shall maintain my lot.

O my God and my All! may the sweet and burning power of thy love, I beseech thee, absorb my soul, that I may die unto the world for the love of thee, who for the love of me hast vouchsafed to die upon the Cross, O my God and my All!

Lord, if I had lived innocently, I could not have deserved to receive the crumbs that fall from thy Table. How great is thy mercy, who hast feasted me with the Bread of Virgins, with the Wine of Angels, with Manna from Heaven!

O when shall I pass from this dark glass, from this veil of Sacraments, to the vision of thy eternal light; from eating thy Body, to beholding thy face in thy eternal Kingdom?

O that I might love thee as well as ever any creature loved thee! let me think nothing but thee, desire nothing but thee, enjoy nothing but thee.

O Jesus, be a Saviour unto me. Thou art all things unto me. Let nothing ever please me but what savours of thee, and thy miraculous sweetness.

Blessed be the mercies of our Lord, who of God is made unto me wisdom, and righteousness, and sanctification, and redemption. He that glorieth, let him glory in the Lord. Amen.

Adore and Magnify the Lord

Blessed art thou, O Lord, in the Highest, for

that thou hast come into my heart, thou Day-spring from on High. O King of Peace! drive from my heart all vain and idle thoughts, that my soul may be able to dwell on and to love thee only, the Author of Peace. For what beside thee, O thou Peace, thou Calm and Sweetness of my heart, should my soul seek for or desire?

Pray for Grace

Grant me thy grace, most merciful Jesus, that it may be with me, and work with me, and continue with me even to the end. Grant me ever to will and to desire what is most pleasing unto thee. Let thy will be mine, and my will ever follow thine in perfect agreement with it, that so I may neither choose nor reject, save what thou choosest and rejectest.

Give Thanks

What shall I render unto thee, O Lord Jesus, for all that thou hast done unto me, and this day especially? Of thy care for me thou hast given me thy Body for my Food, and thy Blood for my Drink, and both for a pledge of future glory. Would that my lips might be opened, and my mouth filled with thy praise, that I might sing of thy glory and honour all the day long, and tell of all thy wondrous works.

O my soul, magnify thou the Lord, from whom thou hast received blessings so many and so great; and rejoice, my spirit, in God thy Saviour: for he hath regarded the lowliness of his servant; and he that is mighty hath done for me great things, and hath filled me when an hungered with good things.

HYMNS

Lauda, Sion, Salvatorem

Laud, O Sion, thy Salvation,
Laud, with hymns of exultation,
Christ, thy King and Shepherd true;
Bring him all the praise thou knowest;
He is more than thou bestowest;
Never canst thou reach his due.

Special theme for glad thanksgiving
In the Living and Life-giving
Bread, to-day before thee set;
From his hands of old partaken,
As we know by faith unshaken,
Where the Twelve at supper met.

Full and clear ring out thy chanting,
Joy nor sweetest grace be wanting,
From thy heart let praises burst:
For to-day the Feast is holden
When the Institution olden
Of that Supper is rehearsed.

Here the new law's new oblation,
By the new King's revelation,
Ends the form of ancient rite;
Now the New the old effaces,
Truth away the shadow chases,
Light dispels the gloom of night.

What he did, at supper seated,
Christ ordained to be repeated,
His Memorial ne'er to cease;
And his rule for guidance taking,
Bread and Wine we hallow, making
Thus our Sacrifice of peace.

Wondrous truth by Christians learnèd,
Bread into his Flesh is turnèd,
Into precious Blood the Wine.
Sight hath failed, nor thought conceiveth;
But a dauntless faith believeth,
Resting on a Power Divine.

Here, beneath these signs are hidden
Priceless things to sight forbidden;
Signs, not things, are what we see;
Flesh from bread and Blood from wine,
Yet is Christ in either sign
All entire confessed to be.

Whoso of this Food partaketh
Rendeth not the Lord, nor breaketh;

Christ is whole to all that taste;
Thousands are, as one, receivers;
One, as thousands of believers,
Eats of him who cannot waste.

Bad and good the Feast are sharing:
O what diverse dooms preparing,
Endless death or endless life!
Life to these, to those damnation:
See how like participation
Is with unlike issues rife.

When the Sacrament is broken,
Doubt not, but believe 'tis spoken,
That each severed outward token
Doth the very Whole contain:
Nought the precious Gift divideth,
Breaking but the sign betideth,
Jesus still the same abideth,
Still unbroken doth remain.

Lo, the Angels' Food is given
To the pilgrim who hath striven;
See the children's Bread from Heaven
Which on dogs may ne'er be spent:
Truth the ancient types fulfilling,
Isaac bound a victim willing;
Paschal Lamb its Life-Blood spilling;
Manna to the Fathers sent.

Very Bread, Good Shepherd, tend us,
Jesu, of thy love befriend us;
Thou refresh us, thou defend us,
Thine eternal goodness send us
In the Land of life to see:
Thou who all things canst and knowest,
Who on earth such Food bestowest,
Grant us with thy saints, though lowest,
Where the Heavenly Feast thou showest,
Fellow-heirs and guests to be. Amen.

Pange lingua gloriosi

Now, my tongue, the mystery telling
Of the glorious Body sing,

And the Blood, all price excelling,
Which the Gentiles' Lord and King,
In a Virgin's womb once dwelling,
Shed for this world's ransoming.

Given for us, and condescending
To be born for us below,
He with men in converse blending
Dwelt the seed of truth to sow,
Till he closed with wondrous ending
His most patient life of woe.

That last night at supper lying,
'Mid the twelve his chosen band,
Jesus, with the law complying,
Keeps the Feast its rites demand;
Then more precious Food supplying,
Gives himself with his own hand.

Word-made-Flesh true bread he maketh
By his Word his Flesh to be;
Wine, his Blood; which whoso taketh
Must from carnal thoughts be free;
Faith alone, though sight forsaketh,
Shows true hearts the Mystery.

Therefore we, before him bending,
This great Sacrament revere;
Types and shadows have their ending,
For the newer Rite is here;
Faith, our outward sense befriending,
Makes our inward vision clear.

Glory let us give, and blessing,
To the Father and the Son,
Honour, might, and praise addressing,
While eternal ages run;
Ever too, his love confessing,
Who from Both with Both is One. Amen.

Verbum Supernum prodiens

The Heavenly Word proceeding forth,
Yet leaving not the Father's side,
Accomplishing his work on earth

Had reached at length
life's eventide.

By false disciple to be given
To foemen for his life
athirst,
Himself, the very Bread of
Heaven,
He gave to his disciples
first.

He gave himself in either
kind,
His precious Flesh, his
precious Blood:
In Love's own fulness thus
designed
Of the whole man to be
the Food.

By Birth, their fellow-man
was he;
Their Meat, when sit-
ting at the board;
He died, their Ransomer
to be;
He ever reigns, their
great Reward.

O Saving Victim, opening
wide
The gate of Heaven to
man below;
Our foes press on from
every side,
Thine aid supply, thy
strength bestow.

All thanks and praise to
thee ascend
For evermore, Blest One
in Three;
O grant us life that shall
not end
In our true native land
with thee. Amen.

O Esca Viatorum

O Food that weary pil-
grims love!
O Bread of Angel Hosts
above!
O Manna of the Saints!
The hungry soul would
feed on thee;
Ne'er may the heart unso-
laced be
Which for thy sweet-
ness faints.

O Fount of love! O cleans-
ing Tide
Which from the Saviour's
piercèd side
And Sacred Heart dost
flow!
Be ours to drink of thy pure
rill,
Which only can our spirits
fill
And all we need be-
stow.

Lord Jesu, whom, by
power divine
Now hidden 'neath the
outward sign,
We worship and adore,
Grant, when the veil away
is roll'd,

With open face we may behold
Thyself for evermore.
Amen.

Adoro Te devote

Humbly I adore thee, hidden Deity,
Which beneath these symbols art concealed from me:
Wholly in submission thee my spirit hails,
For in contemplating thee it wholly fails.

Sight, and touch, and taste may nought of thee discern,
But the soul that hearkens can the mystery learn:
I believe whatever God's own Son averred,
Nothing can be truer than the Truth's own word.

On the Cross thy Godhead only was concealed,
Here not e'en thy Manhood is to sight revealed:
But in both believing and confessing, Lord,
Ask I what the dying thief of thee implored.

I do not, like Thomas, see Thy Wounds appear,
But with him confess my Lord and God is here.
Grant this faith in me may evermore increase,
And my hope in thee and love may never cease.

O thrice-blest Memorial of my dying Lord,
This true Bread of Life doth life to man afford;
Grant, O Lord, my soul may ever feed on thee,
And thy taste of all things to it sweetest be.

Victim for thy people, Jesu, Lord and God,
Cleanse me, wretched sinner, in thy precious Blood;
Blood whereof one drop for human kind outpoured,
Might from all transgression have the world restored.

Jesu, whom in this life veilèd I behold,
Grant what my soul thirsts for with desire untold;
O may I, beholding thine unveilèd grace,
Rest in blissful vision of thine open face. Amen.

LITANY OF OUR LORD PRESENT IN THE HOLY EUCHARIST

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ, hear us.
O Christ, graciously hear us.

God the Father, Creator of the world;
Have mercy upon us.
God the Son, Redeemer of mankind;
Have mercy upon us.
God the Holy Ghost, Perfecter of the elect;
Have mercy upon us.
Holy Trinity, Three Persons, one God;
Have mercy upon us.

Jesu, God and Man, in Two Natures and One Divine Person;
Have mercy upon us.
Jesu, our Wonderful God, who vouchsafest to be present upon the Altar when the priest pronounces the words of Consecration;
Have mercy upon us.
Jesu, our Incomprehensible God, who, though the Heaven of Heavens cannot contain thee, art pleased to dwell among men;
Have mercy upon us.
Jesu, our Glorious God, who sittest at the Right Hand of thy eternal Father, adored by innumerable Angels, and encompassed with the splendours of inaccessible light;
Have mercy upon us.
Jesu, our Gracious God, who, condescending to the weakness of our nature, coverest thy glory under the familiar forms of Bread and Wine, and so givest thyself to miserable sinners;
Have mercy upon us.
Jesu, our Merciful God, who, concealing the brightness of thy Majesty under these low and humble veils, invitest us to approach unto thee, to lay open our miseries before thy eyes, and to deliver our petitions into thy hands;
Have mercy upon us.
Jesu, our Pitiful God, who, to communicate thy Divine Nature to sinners, humblest thyself to descend

into our hearts, and, by an inconceivable union, to become one with us;

Have mercy upon us.

Jesu, our Sovereign King, who, though thy Throne is attended by glorified Spirits, yet declinest not the service of men;

Have mercy upon us.

Jesu, the Bread of Life, which camest down from Heaven, of which whosoever eats shall live for ever;

Have mercy upon us.

Jesu, the Heavenly Manna, whose sweetness nourisheth thy elect in the desert of this world;

Have mercy upon us.

Jesu, the Food of Angels, whose sweetness filleth our hearts with celestial joys;

Have mercy upon us.

Jesu, the Lamb without spot, who, once sacrificed, art continually offered, yet art alive for evermore; who art continually consumed, yet still remainest perfect;

Have mercy upon us.

Jesu, the Good Shepherd, who layest down thy life for thy sheep, and feedest them with thine own Body;

Have mercy upon us.

Jesu, who, in this august and venerable Mystery, art thyself both Priest and Victim;

Have mercy upon us.

Jesu, who in the sacred Memorial of thy Death, hast consummated all thy wonders into one stupendous miracle;

Have mercy upon us.

Jesu, who in this adorable Mystery, hast contracted all thy blessings into one inestimable bounty;

Have mercy upon us.

Jesu, who, by this blessed Fruit of the tree of life, restorest us again to immortality;

Have mercy upon us.

Jesu, who, by becoming thyself our daily Food in this life, preparest us to feed on thee for ever in the next;

Have mercy upon us.

Jesu, who in this divine Banquet, givest us possession of thy grace here, and a certain pledge of our glory hereafter;

Have mercy upon us.

Jesu, who art the Way, the Truth, and the Life, and through whom alone we approach the Father;

Have mercy upon us.

Spare us, Good Lord;
And pardon our sins.
Spare us, Good Lord;
And hear our prayers.

From presuming to measure the depth of thy Almightiness by the short line of human reason;
Good Lord, deliver us.
From presuming to interpret the unsearchable secrets of thy will by the fallible rule of man's judgment;
Good Lord, deliver us.
From all distraction and irreverence when present at this awe-ful Sacrifice;
Good Lord, deliver us.
From neglecting to approach thy Holy Table, and from coming to it unprepared;
Good Lord, deliver us.
From all hardness of heart, and ingratitude for so unspeakable a blessing;
Good Lord, deliver us.

By thine irresistible Power, which changeth the course of nature as thou willest;
Good Lord, deliver us.
By thine unsearchable Wisdom, which disposeth all things in perfect order;
Good Lord, deliver us.
By thine infinite Goodness, which freely bestoweth thyself in this incomprehensible Mystery;
Good Lord, deliver us.
By the most sacred Body broken for us, and really given to us in the Holy Communion;
Good Lord, deliver us.
By thy most precious Blood poured out for us on the Cross, and really given unto us in the Cup of Blessing;
Good Lord, deliver us.

We sinners most humbly beseech thee;
To hear us, O Lord Jesu Christ.

That by this sacred Oblation we may acknowledge thine infinite perfections in thyself and thy supreme dominion over all things;
We beseech thee to hear us, Good Lord.
That by this adorable Sacrifice we may acknowledge our perpetual dependence upon thee, and our absolute subjection to thy will;
We beseech thee to hear us, Good Lord.
That we may ever magnify thy goodness, who, having no need of us,

hast set forth such endearing motives to make us love thee;

We beseech thee to hear us, Good Lord.

That we may thankfully comply with thy gracious desire of being united to us, by a fervent desire of being made one with thee;

We beseech thee to hear us, Good Lord.

That before we approach the banquet of divine Love, we may endeavour to be reconciled to thee, and to be in perfect charity with all the world;

We beseech thee to hear us, Good Lord.

That, at the moment of receiving thy sacred Body and thy precious Blood, our souls may attend on and entertain so glorious a Guest;

We beseech thee to hear us, Good Lord.

That returning from the Holy Eucharist, we may praise and bless thee, and strive to live after thy commandments;

We beseech thee to hear us, Good Lord.

That, by this heavenly Medicine, our heart may be healed of all infirmities, and our will strengthened against all relapses;

We beseech thee to hear us, Good Lord.

That, as by faith we adore thee present beneath the sacred veils, we may hereafter behold thee face to face, and evermore be glad with the joy of thy countenance;

We beseech thee to hear us, Good Lord.

O Lamb of God, that takest away the sins of the world;

Have mercy upon us.

O Lamb of God, that takest away the sins of the world;

Have mercy upon us.

O Lamb of God, that takest away the sins of the world;

Grant us thy peace.

O Christ, hear us.

O Christ, graciously hear us.

Let us pray.

O God, who in this wonderful Sacrament has left us a Memorial of thy Passion; Grant us, we beseech thee,

so to venerate the sacred Mysteries of thy Body and Blood, that we may ever feel within ourselves the fruit of thy Redemption, who livest and reignest with the Father in the Unity of the Holy Spirit, God, for ever and ever. Amen.

DEVOTIONS FOR THE CHURCH'S SEASONS

ADVENT

An Advent Responsory

I beheld from afar, and saw the power of God coming, and a cloud covering the whole earth. Go forth to meet him, and say: Tell us if thou art he who shall reign over thy people Israel.

℣. All ye people, and all that dwell in the world, rich and poor, one with another.

℟. Go forth and meet him and say:

℣. Hear, O thou Shepherd of Israel, thou that leadest Joseph like a sheep;

℟. Tell us if thou art he.

℣. Lift up your heads, O ye gates, and be ye lift up, ye everlasting doors; and the King of Glory shall come in.

℟. Who shall reign over thy people Israel.

℣. Glory be to the Father, and to the Son, and to the Holy Ghost.

℟. I beheld from afar, and saw the power of God coming, and a cloud covering the whole earth. Go forth to meet him, and say: Tell us if thou art he who shall reign over thy people Israel.

ADVENT. FIRST WEEK

In that day the mountains shall drop down new wine, and the hills shall flow with milk and honey, Alleluia.

Rejoice greatly, O daughter of Sion; be exceeding glad, O daughter of Jerusalem, Alleluia.

Behold, the Lord shall come in the clouds of heaven with great power, Alleluia.

ADVENT. SECOND WEEK

Behold the Lord shall appear and will not lie. Though he delay, wait for him, for he will come and will not tarry, Alleluia.

Sion is our strong city. A Saviour will God appoint within her for walls and bulwarks. Open the gates, for God is with us, Alleluia.

Lo, the King the Ruler of the earth will come; and in his hand are honour and dominion.

ADVENT. THIRD WEEK

Every mountain and hill shall be made low; and the crooked places shall be made straight, and the rough places plain. Come, O Lord, and tarry not, Alleluia.

Behold, our Lord shall come with power and enlighten the eyes of his servants, Alleluia.

Drop down ye heavens from above; and let the skies pour down righteousness. Let the earth open and bring forth the Saviour.

On the Ember Days

O Lord we pray thee for all those whom thou hast set over us in thy Church; that as thou hast given them authority to exercise their ministry, so thou wilt give them abundant grace to fulfil the same in innocence of life and purity of doctrine. Through Jesus Christ our Lord. Amen.

ADVENT. FOURTH WEEK

Blow ye the trumpet in Sion; for the day of the Lord is nigh at hand: behold he cometh to save us; Alleluia, Alleluia.

O Virgin of virgins, how shall this be? for neither before thee was seen anything like thee, nor shall be after. Daughters of Jerusalem, why marvel ye at me? The thing which ye behold is a divine mystery.

CHRISTMAS EVE

O Judah and Jerusalem fear ye not, nor be dismayed; tomorrow go ye forth, for the Lord will be with you.

May God Almighty, who by the Incarnation of his Only-Begotten Son drove away the darkness of the world, and by his glorious Birth enlightened this most holy night, drive away from us the darkness of sin, and enlighten our hearts with the light of Christian graces. Amen.

And may he who willed that the great day of his

most holy Birth should be told to the shepherds by an Angel, pour upon us the refreshing shower of his blessing, and guide us, himself being our Shepherd, to the pastures of everlasting joy. Amen.

And may he, who through his Incarnation united earthly things with heavenly, fill us with the sweetness of inward peace and good will, and make us partakers with the Heavenly Host. Amen.

CHRISTMAS DAY

It is very meet, right, and our bounden duty
that we should
at all times and in all places
lift up our hearts on high;
and give adoration to the divine mystery
which stops the old and earthly law,
marvellously restoring
the substance of our human nature
and bringing it forth fresh and heavenly;
that what God's grace is now effecting
might be celebrated
in rejoicings of the church.

A Christmas responsory

Today the King of Heaven deigns for our sakes to be born of a Virgin, so to recall lost man to the heavenly Kingdom. Let the army of angels rejoice, for eternal Salvation appears to the human race.

℣. Glory be to God on high, and in earth peace to men of good will.

℟. Let the army of angels rejoice, for eternal Salvation appears to the human race.

A Christmas Anthem

While all things were in quiet silence, and night was in the midst of her swift course, thine Almighty Word, O Lord, leaped down out of thy royal throne, Alleluia.

A HYMN TO BLESSED MARY THE VIRGIN MOTHER

BY SAINT EPHRAIM THE SYRIAN

O Virgin Lady, pure Mother of God,
my all-glorious Queen,
to thee much do I owe.

On high art thou raised
above the heavens,
shining far brighter
than the burning splendour of the sun
and its dazzling light.

Thou wert the rod of Aaron of old
and truly wert thou shown to be his rod:
thy Son, our Lord Christ, is the true flower.

God, who made me
according to the flesh, thou broughtest forth,
our God the Word,
Thou a Virgin before and after;
and we were reconciled
to God
in Christ thy Son.

ST. STEPHEN'S DAY

May God, who crowned the blessed Stephen his first Martyr, both in his confession of the Faith and in his endurance of martyrdom, encircle us in this present life with the crown of righteousness, and bring us in that which is to come to the crown of glory. Amen.

May he grant us evermore to abound in that love both of God and of our neighbour which he held fast even amid the assaults of those who stoned him. Amen.

So that, being strengthened by his example, and also aided by his prayers, we may receive the blessing of him whom he saw standing at the right hand of God. Amen.

ST. JOHN THE EVANGELIST'S DAY

May God Almighty, who through the blessed John, Apostle and Evangelist, willed to reveal to the Church the secret mysteries of his Word, vouchsafe to bless us on this his festival. Amen.

And may he grant us strength by the gift of the Holy Spirit to receive inwardly in our minds what he, inspired by the gift of the Same Spirit, hath poured into our outward ears. Amen.

That being assured by his teaching of the Divinity of our Redeemer, we may by loving what he taught and by fulfilling what he revealed, attain to the gifts which the Same Jesus Christ our Lord hath promised. Amen.

THE HOLY INNOCENTS' DAY

May God Almighty, for the adorable Infancy of whose Only-Begotten, troops of innocent children were slain by the cruelty of wicked Herod, bestow on us the precious gifts of his blessing. Amen.

And as he granted to them that they, not by speaking but by dying, should confess his only Son our Lord, so may he grant to us to profess the true Faith not only with our lips but also by a blameless life, and patience even unto death. Amen.

And as he accepted them as the first-fruits of his Holy Church, so may he make us with fruit of good works to attain to the joys of our everlasting Home. Amen.

THE CIRCUMCISION OF CHRIST

May God Almighty, whose Only-Begotten Son, that he might keep the Law which he came to fulfil, received as on this day the outward

Circumcision, cleanse our minds by the inward and spiritual circumcision from all incentives to sin, and pour upon us his abundant blessing. Amen.

And may he who willed to fulfil in us by his law the righteousness of the law, give us his peace, deliver us from the deadly corruption of sin, and make us to persevere in the new life of virtue. Amen.

That having lived through the six days of this life, we may on the seventh rest among the company of blessed Spirits, and finally, being renewed by his Resurrection on the eighth, we may attain to the joys that shall endure for ever. Amen.

EVE OF THE EPIPHANY

Grant us, we beseech thee, O Lord, worthily to celebrate that mystery, wherein both the Godhead of our Infant Saviour shines forth in wondrous works, and by his bodily growth his Manhood is plainly shewn. Through the Same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Ghost, One God, world without end. Amen.

EPIPHANY

It is very meet, right and our bounden duty
that we should
at all times and in all places
give praise unto thee, O God,
wonderful in thy works
by which
the mysteries of thy Kingdom have been revealed.
For there went forth before this joyful event
a star
Sign of a virgin in childbirth
to declare to the astounded magi
that the King of Heaven was born on earth,
and that God
who was to be manifested to the world

might be announced by a heavenly sign;
and brought forth in the fulness of time
might by the things of time be made known.

A hallowed day shines out upon us. Come, ye Gentiles, and worship the Lord, for today a great light breaks on the earth.

O come, let us adore him, for he is himself our Lord and God.

All the nations, whom thou hast made, shall come and worship thee, O Lord.

SEPTUAGESIMA

May God Almighty strengthen us with his blessing, and prepare us duly for the approaching Fast of Lent. Amen.

And may the Same most merciful Enlightener, who by the power of his Godhead restored sight to the blind man upon his coming to him and entreating him, clear away also the blindness of our hearts, and graciously enlighten our minds by the rays of his Light. Amen.

That, being cleansed from the defilement of sin, and strengthened by a fervent charity, we may be enabled to attain unharmed to our inheritance in Heaven. Amen.

LENT

In preparation for Lent

Lent originated as a time of preparation for the candidates to be baptised at Easter. Christians joined with them in their fight against the devil, the world, and the flesh, by fasting, prayer, and obedience to the way of holiness.

Candidates for Baptism make three promises, as the Catechism says:—

"What did your Godfathers and Godmothers then for you?"

"They did promise and vow three things in my name:

First, that I should renounce the devil and all his works, the pomps and vanities of this wicked world, and all the sinful lusts of the flesh.

Secondly, that I should believe all the articles of the Christian faith."

And thirdly, that I should keep God's holy will and commandments, and walk in the same all the days of my life."

Christians should, in Lent, put away any slackness in keeping these accepted promises, and observe them more strictly by renunciations, prayer, and purity of life.

Penitence helps others, and prepares for keeping Easter.

Prayers for keeping Lent.

God, who hast wonderfully created man and more wonderfully redeemed him; grant us, we pray, strength of mind to withstand the enticements of sin, so that we be found worthy to reach eternal joy. Through Jesus Christ thy Son our Lord. Amen.

Grant us, Lord, to begin this period of Christian warfare by holy fasting; so that we who are about to fight against the spirits of evil may be helped and defended by self-denial. Through Jesus Christ thy Son our Lord. Amen.

THE FIRST TWO WEEKS

Defend thy people, Lord, and by thy mercy cleanse them from every sin; for no adversity can harm those over whom wickedness has no hold.

Look upon thy family, O Lord, and grant that our minds, doing penance through bodily discipline, may shine in thy sight with longing for thee.

Let our prayers come up to thee, O Lord, and do thou drive away all wickedness from thy Church.

May our souls be radiant with the brightness of thy light, O Lord, that we may

see what is to be done and be able to do what is right.

Be with us, Lord, as we pray, that by thy grace we may be humble in prosperity and safe in adversity.

Ember Days

O Christ, the true Priest, whose Priesthood continueth for ever, help, we beseech thee, thy servants, our Priests, that they carefully and worthily discharging the holy offices of their priesthood, may through the guidance of thy Holy Spirit use their talents to thy service and our need. May they go on, O Lord, from strength to strength; lift them up while they worship thee; perfect thy gifts in them, crown them with thy glory, and fill their hearts with thy grace, that they may gather into thy kingdom in Heaven a rich harvest of many souls, who with the Father and the Holy Ghost livest and reignest ever one God, world without end. Amen.

THIRD AND FOURTH WEEKS

Assist us with thy mercy, O Lord, that protected by thee we may be set free from our besetting sins, and delivered by thee we may be saved.

Almighty and merciful God, hear us; and in thy goodness grant us the gifts needed for self-control and for salvation.

Almighty God, grant us we pray, that trusting in thy protection we may by thy help conquer everything that can harm us.

Lord, we pray that the fasting at this holy season may obtain for us an increase of right conduct, and the steady help of thy loving kindness.

God, who givest to the righteous the reward of their merits, and to sinners forgiveness through their fasting; have mercy upon all who pray to thee, that our confession of guilt may enable us to obtain forgiveness.

PASSIONTIDE

The Reproaches

O my people, what have I done unto thee, or wherein have I wearied thee? Testify against me.

Because I brought thee forth from the land of Egypt, thou hast prepared a cross for thy Saviour.

Holy God, Holy and Mighty,
Holy and Immortal, have mercy upon us.

Because I led thee through the desert forty years, and fed thee with manna and brought thee into a land exceeding good, thou hast prepared a cross for thy Saviour.

Holy God, Holy and Mighty,
Holy and Immortal, have mercy upon us.

We venerate thy Cross, O Lord, and praise and glorify thy holy Resurrection: for by virtue of the Cross joy hath come to the whole world.

HOLY WEEK

SUNDAY

Jesus Enters into Jerusalem

All hail Sweet Jesu: praise, honour, and glory be to thee, O Christ, who at thy entry into Jerusalem, didst sit meek and lowly upon an ass, and while the multitude who met thee greeted thee with songs of praise, didst shed tears, weeping for the destruction of the City, and the loss of ungrateful souls. Grant me an intimate knowledge of myself, that I may know how unworthy a creature I am, and may most deeply humble and despise myself. May I never seek delight in the favour and applause of men, but give myself profitably to tears of penitence and love. May I feel the trials of others, and devoutly mourn for their sins as though they were mine own.

O Good Jesu, Gracious Jesu, O my Hope, my Refuge, and my Salvation, have mercy, have mercy on me. I am poor, needy, and weak. I am nothing, I have nothing, I can do nothing of myself. O help thou me,

O Good Jesu, I beseech thee by thy sacred Passion and Death, grant to the living pardon and grace, to the faithful departed rest and everlasting light. Amen.

MONDAY

Jesus Holds Intercourse with Sinners

All hail, Sweet Jesu: praise, honour, and glory be to thee, O Christ, who didst not shrink from the company of publicans and sinners, but didst bestow thy most gracious friendship on Matthew, Zaccheus, Mary Magdalene, on the woman taken in adultery, and on other penitents, and didst give them instant pardon of their sins. Grant that I may manifest a holy fervent love towards all men, readily forgive all who injure me, and perfectly love all who hate me. Give me full pardon for all my sins, sure hope of thy favour, and an abiding trust in thee.

O Good Jesu, Gracious Jesu, O my Hope, my Refuge, and my Salvation, I give myself up wholly to thee. May thy most gracious Will always be fulfilled in me and by me.

O Good Jesu, I beseech thee by thy sacred Passion and Death, grant to the living pardon and grace, to the faithful departed rest and everlasting light. Amen.

TUESDAY

Jesus Begins to be Sorrowful

All hail Sweet Jesu: praise, honour, and glory be to thee, O Christ, who when thy Passion was at hand didst begin to be sorrowful and very heavy, taking on thyself the infirmities of thy children, that thou mightest comfort and support them in their fears of death. Keep me, I pray thee, from sinful sadness, and from unseemly mirth. Grant, that every sorrow that I have hitherto had may be to thy glory, and to the good of my soul. Take from me, of thy pity, all distrust of thee, all inordinate faint-heartedness, and strengthen and stablish my whole soul in thee.

O Good Jesu, Gracious Jesu, O my Hope, my Refuge, and my Salvation. Give me purity, singleness of purpose, and a thorough knowledge of myself, that I may be a man after thine Own heart.

O Good Jesu, I beseech thee by thy sacred Passion and Death, grant to the living pardon and grace, to the faithful departed rest and everlasting light. Amen.

WEDNESDAY

Jesus Sold for Thirty Pieces of Silver

All hail Sweet Jesu: praise, honour, and glory be to thee, O Christ, who wast sold for paltry money by thy faithless disciple, when the Jews were persecuting thee, and conspiring against thy life. Root out, I pray thee, from my heart every wrong desire for created things: grant that I may never prefer anything to thee: grant that I may exhibit sincere affection towards all, and especially to those who bring trouble upon me. Pardon me, O Holy Redeemer, for having so often preferred vain and perishing things to thee, and turned myself away from thee for worthless pleasures.

O Good Jesu, Gracious Jesu, O my Hope, my Refuge, and my Salvation. Give me true humility, patience, charity, the government of my tongue, and control over my senses.

O Good Jesu, I beseech thee, by thy sacred Passion and Death, grant to the living pardon and grace, to the faithful departed rest and everlasting light. Amen.

THURSDAY

Jesus Institutes the Holy Eucharist

All hail Sweet Jesu: praise, honour, and glory be to thee, O Christ, who didst institute the Sacrament of the Eucharist out of thy unspeakable love towards us, and dost give thyself to us in it with wondrous condescension, to be with us under the form of bread and wine even unto the end of the world. Kindle within me, I beseech thee, a desire for thee, and inflame my inmost soul to hunger after thee in this most Holy Sacrament. Grant that I may receive thee with pure affection, with deep humility, and entire purity of heart when I approach that Heavenly Feast. May my soul now so thirst for thee, so faint with love of

thee, that I may hereafter be found meet to enjoy thy eternal joys in thy Kingdom, to the glory of thy Name.

O Good Jesu, Gracious Jesu, O my Hope, my Refuge, and my Salvation. Grant that all perishing things may be esteemed as worthless by me, and that thou alone mayest please and delight me. Conform my life to the pattern of thine.

O Good Jesu, I beseech thee by thy sacred Passion and Death, grant to the living pardon and grace, to the faithful departed rest and everlasting light. Amen.

FRIDAY

Jesus Hanging on the Cross

All hail Sweet Jesu: praise, honour, and glory be to thee, O Christ, who didst hang for three whole hours with piercèd hands and feet on the Tree of Shame, and didst voluntarily endure unspeakable agony in all thy holy limbs, with copious shedding of thy precious Blood. Quicken me, I beseech thee, by thy Cross, for my soul cleaveth unto the dust, purge me from the dregs of corrupt affection, and inflame my heart with the love of thee, and an earnest longing for eternity, and for Heaven. O saving Blood, O life-giving Blood. I desire, O my Lord, I do humbly desire that thou shouldst straightway heal my soul and purify it washed in that most precious Blood. I would that thou shouldest offer that precious Blood to God the Father for the perfect satisfaction of my sins. Grant I pray thee that my inmost soul may with ardent affection receive and drink the life-giving drops of that same blessed Blood, and truly taste the sweetness of thy Holy Spirit.

O Good Jesu, Gracious Jesu, O my Hope, my Refuge, and my Salvation. I give thanks to thee for thy adorable Wounds. O hide me in them. Inscribe and impress them deeply on my heart, that I may be wholly inflamed with love of thee, and suffer with thee in my inmost soul.

O Good Jesu, I beseech thee, by thy sacred Passion and Death, grant to the living pardon and grace,

to the faithful departed rest and everlasting light. Amen.

SATURDAY

Jesus Buried

All hail Holy Jesu: praise, honour, and glory be to thee, O Christ, who when thou wast taken down from the Cross amid the great grief of thy friends, didst will to be anointed with sweet ointment, to be wrapped in linen, and to be laid in another's tomb. Bury, I beseech thee, all my senses, and all my powers and affections in thyself; so that united to thee by constraining love, I may become dead to all else but thee, and may know and feel that thou art the One only Redeemer of my soul, my Chief and Only Good.

O Good Jesu, Gracious Jesu, O my Hope, my Refuge, and my Salvation. Grant me complete mortification and renunciation of self. Extinguish in me all evil affections and passions.

O Good Jesu, I beseech thee, by thy sacred Passion and Death, grant to the living pardon and grace, to the faithful departed rest and everlasting light. Amen.

READINGS

FOR THE

HOURS OF THE PASSION

MAUNDY THURSDAY

The Last Passover

S. Matt. xxvi. 17-20.
S. Mark xiv. 12-17.
S. Luke xxii. 7-18.
S. John xiii. 1-17.

The Institution of the Blessed Sacrament

S. Matt. xxvi. 21-29.
S. Mark xiv. 18-25.
S. Luke xxii. 19-23.
S. John xiii. 18-38.
1 Cor. xi. 23-25.

Discourses in the Upper Chamber

S. Luke xxii. 24-38.
S. John xiv. xv. xvi. xvii.

Jesus Goes to Gethsemane

S. Matt. xxvi. 30-35.
S. Mark xiv. 26-31.
S. Luke xxii. 39.
S. John xviii. 1.

The Agony

S. Matt. xxvi. 36-46.
S. Mark xiv. 32-42.
S. Luke xxii. 40-46.
S. John xviii. 1.

GOOD FRIDAY

The Betrayal

S. Matt. xxvi. 47-56.
S. Mark xiv. 43-52.
S. Luke xxii. 47-53.
S. John xviii. 2-11.

Jesus before the High Priest and the Council

S. Matt. xxvi. 57-68.
S. Mark xiv. 53-65.
S. Luke xxii. 54, 55, 63-71.
S. John xviii. 12-16, 19-24.

Jesus Denied by S. Peter
Three o'clock a.m.

S. Matt. xxvi. 69-75.
S. Mark xiv. 66-72.
S. Luke xxii. 56-62.
S. John xviii. 17, 18, 25-27.

Jesus before Pilate

S. Matt. xxvii. 1-10.
S. Mark xv. 1.
S. Luke xxiii. 1.
S. John xviii. 28; xix. 1-14.

Jesus before Herod

S. Luke xxiii. 7-12.

Pilate on the Judgment-Seat
Six o'clock a.m.

S. Matt. xxvii. 11-26.
S. Mark xv. 2-15.
S. Luke xxiii. 2-6, 13-25.
S. John xix. 14-16.

Jesus Delivered to be Crucified

S. Matt. xxvii. 27-31.
S. Mark xv. 16-20.
S. Luke xxiii. 26.
S. John xix. 16.

Jesus Led to Calvary

S. Matt. xxvii. 31-34.
S. Mark xv. 20-23.
S. Luke xxiii. 26-33.
S. John xix. 16, 17.

Jesus Nailed to the Cross
Nine o'clock a.m.

S. Matt. xxvii. 35-44.
S. Mark xv. 24-32.
S. Luke xxiii. 33-43.
S. John xix. 18-27.

Jesus on the Cross
Noon

S. Matt. xxvii. 45.
S. Mark xv. 33.
S. Luke xxiii. 44, 45.

Jesus Dies
Three o'clock p.m.

S. Matt. xxvii. 46-56.
S. Mark xv. 34-41.
S. Luke xxiii. 45-49.
S. John xix. 28-30.

Jesus' Side Pierced

S. John xix. 31-37.

Jesus Taken down from the Cross

S. Matt. xxvii. 57, 58.
S. Mark xv. 42-45.
S. Luke xxiii. 50-52.
S. John xix. 38, 39.

Jesus Laid in the Grave

S. Matt. xxvii. 59-61.
S. Mark xv. 46, 47.
S. Luke xxiii. 53-56.
S. John xix. 40-42.

A PRAYER

After reading any part of the Passion

O Lord Jesu Christ, Son of the Living God, place thy Passion, Cross, and Death between thy judgment and my soul now and at the hour of my death. Vouchsafe to give me grace and mercy, pardon to the living, rest to the departed, peace to thy Church, and everlasting life and glory to all sinners: who livest and reignest with the Father and the Holy Ghost, One God, world without end. Amen.

✠ The glorious Passion of our Lord Jesus Christ deliver us from sorrowful heaviness, and bring us to the joys of Paradise. Amen.

SEVEN WORDS FROM THE CROSS

A DEVOTION ON OUR BLESSED LORD'S LAST SAYINGS ON THE CROSS

℣ O God, make speed to save us.
℟ O Lord, make haste to help us.
Glory be to the Father.
As it was in the beginning.

THE FIRST WORD

"Father, forgive them, for they know not what they do"

℣ We adore thee, O Christ, and we bless thee,
℟ Because by thy Cross and precious Blood thou hast redeemed the world.

O most Beloved Lord Jesu Christ, who for love of me didst suffer agonies on the Cross, that thou mightest by thy sufferings pay the debt of my sins; and even in that hour of thy Passion didst pray for my pardon from God's

eternal justice; have mercy on all Christians in the hour of death, and on me in my last agony. Through the merits of thy most precious Blood, shed for our salvation, give me a true and deep sorrow for my sins, and grant that at the hour of my death I may in peace and confidence breathe out my soul into the bosom of thine infinite Mercy. Amen.

Our Father.

Glory be to the Father.

℣ Have mercy on us, O Lord.

℟ Have mercy on us.

O my God, I believe in thee, I hope in thee, I love thee, and I grieve that I have so often wounded thee by my sins.

THE SECOND WORD

"*To-day shalt thou be with me in Paradise*"

℣ We adore thee, O Christ, and we bless thee,

℟ Because by thy Cross and precious Blood thou hast redeemed the world.

O most beloved Lord Jesu Christ, who for love of me didst suffer agonies on the Cross, and who with such readiness and loving-kindness didst reward the faith of the Penitent Thief, when in the midst of thy humiliation he acknowledged thee to be the Son of God. O thou who hadst mercy on him, and didst promise him to be with thee in Paradise; have mercy on all Christians at their death, and on me in my last agony. Through the merits of thy most precious Blood give me such firm and unwavering faith in thee that my faith may not be shaken by any suggestion of the Devil, and that I may attain to dwell with thee in Paradise. Amen.

Our Father.

Glory be to the Father.

℣ Have mercy on us, O Lord.

℟ Have mercy on us.

O my God, I believe in thee, I hope in thee, I love thee, and I grieve that I have so often wounded thee by my sins.

THE THIRD WORD

"*He saith unto his Mother, Woman, behold thy son. Then saith he to the disciple, Behold thy Mother*"

℣ We adore thee, O Christ, and we bless thee.

℟ Because by thy Cross and precious Blood thou hast redeemed the world.

O most beloved Lord Jesu Christ, who for love of me didst suffer agonies on the Cross, and forgetful of thine own sufferings in thy care for thy Blessed Mother didst commend her to the love of thy beloved disciple, and thus leave us such an example of thy love; have mercy on all Christians at their death, and on me in my last agony. Preserve ever in my heart a firm hope in the infinite merits of thy most precious Blood, that I may be a partaker of thy Love, and through thee may be saved from the eternal misery which my sins have deserved. Amen.

Our Father.

Glory be to the Father.

℣ Have mercy on us, O Lord.

℟ Have mercy on us.

O my God, I believe in thee, I hope in thee, I love thee, and I grieve that I have so often wounded thee by my sins.

THE FOURTH WORD

"My God, my God, why hast thou forsaken me?"

℣ We adore thee, O Christ, and we bless thee.

℟ Because by thy Cross and precious Blood thou hast redeemed the world.

O most beloved Lord Jesu Christ, who for love of me didst suffer agonies on the Cross, and adding suffering to suffering, didst endure with infinite patience not only thy many bodily tortures, but the most heavy affliction of spirit, have mercy on all Christians at their death, and on me in my last agony. Through the merits of thy most precious Blood give me grace to bear with true patience all the sufferings of my last agony, that so uniting them with thine, I may be a partaker of thy glory hereafter. Amen.

Our Father.

Glory be to the Father.

℣ Have mercy on us, O Lord.

℟ Have mercy on us.

O my God, I believe in thee, I hope in thee, I love thee; and I grieve that I have so often wounded thee by my sins.

THE FIFTH WORD

"I thirst"

℣ We adore thee, O Christ, and we bless thee,

℟ Because by thy Cross and precious Blood thou hast redeemed the world.

O most beloved Lord Jesu Christ, who for love of me didst suffer agonies on the Cross, and who, to all thy shame, and all thy sufferings, wouldest if needful willingly have added yet more, so that all men might be saved, since all the torments of thy Passion did not allay the thirst of thy tender Heart; have pity on all Christians at their death, and on me in my last agony. Through the merits of thy most precious Blood enkindle in my heart such a fire of thy love, that I may thirst for thy glory here, and with earnest longings desire to be united to thee hereafter throughout the ages of eternity. Amen.

Our Father.

Glory be to the Father.

℣ Have mercy on us, O Lord.

℟ Have mercy on us.

O my God, I believe in thee, I hope in thee, I love thee, and I grieve that I have so often wounded thee by my sins.

THE SIXTH WORD

"It is finished"

℣ We adore thee, O Christ, and we bless thee,

℟ Because by thy Cross and precious Blood thou hast redeemed the world.

O most beloved Lord Jesu Christ, who for love of me didst suffer agonies on the Cross, and from that Throne of Truth didst announce the completion of the work of our Redemption, through which from being children of wrath we have become children of God and heirs of eternal life; have pity upon all Christians at their death, and on me in my last agony. Through the merits of thy most precious Blood detach me entirely from love of the world, and from love of self, and from all creatures, and at the moment of my death enable me to offer to thee the sacrifice of my life, and to seek from thee the pardon of all my sins. Amen.

Our Father.

Glory be to the Father.

℣ Have mercy on us, O Lord.

℟ Have mercy on us.

O my God, I believe in thee, I hope in thee, I love thee, and I grieve that I have so often wounded thee by my sins.

THE SEVENTH WORD

"Father, into thy hands I commend my Spirit"

℣ We adore thee, O Christ, and we bless thee,

℟ Because by thy Cross and precious Blood thou hast redeemed the world.

O most beloved Lord Jesu Christ, who for love of me didst suffer agonies on the Cross, and who, to complete so great a Sacrifice, didst accept the will of thy Father, by resigning thy Spirit into his hands, and bowing thy head and dying; have mercy on all Christians at their death, and on me in my last agony. Through the merits of thy most precious Blood give me in my last moments an entire conformity to thy divine Will, so that I may be ready to live or die, as it shall best please thee, desiring nothing but that thy holy will should be done in and by me. Amen.

Our Father.

Glory be to the Father.

℣ Have mercy on us, O Lord.

℟ Have mercy on us.

O my God, I believe in thee, I hope in thee, I love thee, and I grieve that I have so often wounded thee by my sins.

A Prayer

O Lord Jesu Christ, Son of the Living God, place thy Passion, Cross, and Death between thy judgment and my soul, now and at the hour of my death.

Vouchsafe to give me grace and mercy, pardon to the living, eternal rest to the dead, peace to thy Church, and to all sinners everlasting life and glory: who with the Father and the Holy Spirit livest and reignest, One God, world without end. Amen.

EASTER EVE

May God Almighty bless us, and of his mercy vouchsafe to defend us from all wickedness. Amen.

And may he who willed to enlighten this most holy night by the Resurrection of our Redeemer, cleanse our minds from the darkness of our sins, and make them glisten with abundant virtues. Amen.

To the end that, striving to imitate the innocence of the newly-baptised, we may be enabled like the Wise Virgins to enter with the shining lights of good works into the chamber of that Bridegroom, whose Resurrection we are about to celebrate. Amen.

EASTERTIDE

An Easter responsory

Risen is the Good Shepherd, who gave his life for his sheep, and deigned to die for his flock:

Alleluia, alleluia, alleluia.

Christ our Passover is sacrificed for us:

Alleluia, alleluia, alleluia.

Glory be to the Father, and to the Son, and to the Holy Ghost.
Alleluia, alleluia, alleluia.

Anthems

The earth trembled and stood still, when God arose to judgment, Alleluia.

Ye seek Jesus who was crucified, Alleluia.

He is not here, for he is risen, as he said unto you, Alleluia.

The Lord is risen,
Alleluia;
He is risen indeed,
Alleluia.

PREFACES

It is very meet, right, and our bounden duty
that we should
at all times and in all places
celebrate the feast of our redemption
accomplished for us by Christ, our Lord:
when, from the chains of sin
he freed our human substance
and gave to us the hope
of rising from the dead;
for then he restored it
to the excellence it had at first.

It is very meet, right, and our bounden duty
that we should
at all times and in all places
most humbly beseech thee, O God,
that the gifts of our Lord Jesus Christ
of which we have received the pledge
we may be able to take:
that, because of his Resurrection,
Thou wilt grant, O Lord,
that we realise those sure hopes
given to us in the Paschal mystery.

It is very meet, right, and our bounden duty
that we should
at all times and in all places
laud, adore, and praise thee above all;
but especially is it so upon this day
because he has been sacrificed,
our Paschal Lamb, Christ;

through whom
into eternal life the sons of light arise,
to the faithful
the gates of the heavenly Kingdom are opened,
and,
by the law of the blessed Redeemer,

things earthly are changed for heavenly things,
since by the cross of Christ
has our dying been ransomed
and in his Resurrection
is our resurrection unto life.

He who took on mortality,
him we acknowledge as God;
he who is gloriously divine,
him we acknowledge as God and man;
he who by dying destroyed our dying
and by rising restored our life,
Jesus Christ our Lord.

ROGATION DAYS

May the Lord Almighty mercifully regard our devotion, and bestow upon us the gifts of his blessing. Amen.

May he forgive us all the evils which we have done, and grant us the pardon which we entreat from him. Amen.

And may he so accept our fasting and our prayers, as to turn away from us all the evils which we deserve in punishment for our sins, and may he pour down upon us the gift of the Holy Ghost, the Comforter. Amen.

For the Crops

Almighty and Everlasting God, Ruler of the universe, who governest the world which hangeth upon nothing, and who hast commanded us to till the land with our labour for the support of mankind and the sustenance of the body; we humbly beseech thy mercy that thou wouldest graciously look upon whatsoever good seed is sown or planted in the fields; give temperate weather, keep it from all weeds and thorns, make the crops plentiful, and grant that they may arrive at full perfection, that we, thy servants, thankfully receiving the abundant fruit of thy gifts, may pay due and acceptable praise to thy Name; through Jesus Christ our Lord. Amen.

ASCENSION EVE

Grant, we beseech thee, Almighty God, that the thoughts of our hearts may thither tend whither thine Only-Begotten Son, in whose honour we celebrate the coming Festival, hath entered in: so that as we ascend thither by faith, our whole conversation may be in Heaven; through the Same Jesus Christ our Lord. Amen.

ASCENSION TIDE

It is very meet, right, and our bounden duty
that we should
at all times and in all places
Give thanks unto thee, O Lord,
Holy Father, almighty everlasting God,
through Christ our Lord,
Who to help our human nature
did not disdain;
for,
by being born, he gave us glory;
by suffering, he conquered the devil;
by rising from the dead,
he became surety for the entrances to eternal life;
and,
by ascending to thee, O Father,
he opened the heavenly gates.

O rex gloriae

O King of Glory, Lord of Sabaoth,
Thou Victor who today hast ascended
above all the heavens;
leave us not orphans,
but send to us the Promised of the Father,
the Spirit of Truth;
Alleluia.

LITANY OF THE ASCENSION

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ, hear us.
O Christ, graciously hear us.

O God, the Father, of Heaven,
Have mercy upon us.
O God the Son, Redeemer of the world,
Have mercy upon us.
O God the Holy Ghost, the Comforter,
Have mercy upon us.
Holy Trinity, Three Persons, and One God,
Have mercy upon us.

Jesus, King of glory, who, leading out thy disciples as far as to Bethany, didst, in their sight, ascend up into Heaven,
Have mercy upon us.
Jesus, Lord and Christ,
Have mercy upon us.
Jesus, Prince and Saviour,
Have mercy upon us.
Jesus, the King of Kings and Lord of Lords,
Have mercy upon us.
Jesus, who didst ascend up far above all heavens, that thou mightest fill all things, and be Head over all things to thy Church,
Have mercy upon us.
Jesus, who didst ascend up unto thy Father and our Father, unto thy God and our God,
Have mercy upon us.
Jesus, who leddest captivity captive, and gavest gifts unto men,
Have mercy upon us.

Jesus, who art by the right hand of God exalted far above all principality and power, and every name that is named,
Have mercy upon us.
Jesus, at whose Name every knee must bow,
Have mercy upon us.
Jesus, who art seated in glory at the right hand of the Father,
Have mercy upon us.

Jesus, unto whom all power is given in Heaven and in earth,

Have mercy upon us.

Jesus, who in thy sacred Manhood art crowned with glory and honour at the right hand of the Majesty on High,

Have mercy upon us.

Jesus, who must reign until thou hast put all enemies under thy feet, and of whose Kingdom there shall be no end,

Have mercy upon us.

Jesus, who art adored by all the Angels of God,

Have mercy upon us.

Jesus, who art anointed with the oil of gladness above thy fellows,

Have mercy upon us.

Jesus, who art the happiness of the Blessed, and whose Presence is Life,

Have mercy upon us.

Jesus, who hast opened the Kingdom of Heaven to all believers,

Have mercy upon us.

Jesus, our High Priest for ever, the Mediator of the New Covenant, who hast entered into the true Holy of Holies, even Heaven itself, for us,

Have mercy upon us.

Jesus, the Lamb slain from the foundation of the world, who art the One Propitiation for our sins for ever,

Have mercy upon us.

Jesus, who ever livest to make intercession for us, pleading evermore thy precious Body and Blood before the Father for us, both openly on the one Altar in Heaven, and mystically on the many altars on earth,

Have mercy upon us.

Jesus, who art able to save to the uttermost those that come unto God by thee,

Have mercy upon us.

Jesus, who didst send down thy Holy Ghost on thy disciples, and dost promise that whatsoever we ask in thy Name, thou wilt do it,

Have mercy upon us.

Jesus, who art gone up into Heaven, and yet, by the power of the Holy Ghost, art supernaturally present with us in the Sacrament of the Altar,

Have mercy upon us.

Jesus, who art gone to prepare a place for us,

Have mercy upon us.

Jesus, who wilt come

again in glory to judge the world,

Have mercy upon us.

Jesus, who wilt receive thine Own unto thyself, that they may be with thee where thou art, to behold thy glory,

Have mercy upon us.

By thy glorious Resurrection and Ascension,

Good Lord, deliver us.

By thine all-powerful Intercession,

Good Lord, deliver us.

By thy triumphant Majesty and Power,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord Jesus, that we who are risen with thee may set our affections on things above, not on things on earth,

Hear us, Good Lord.

That we, whom thou hast blessed with all spiritual blessings in heavenly places, may be holy and without blame before thee in love,

Hear us, Good Lord.

That now, when the world seeth thee no more, we may see thee by faith, and live through thee,

Hear us, Good Lord.

That keeping thy commandments, we may abide in thy love,

Hear us, Good Lord.

That through the power of the Comforter thou wouldest abide with us, and manifest thyself to us,

Hear us, Good Lord.

That the Spirit of Truth may testify of thee, and may take of thine and shew it unto us,

Hear us, Good Lord.

That in thy spiritual presence with us our heart may rejoice with the joy that no man taketh from us,

Hear us, Good Lord.

That in thee we may have peace,

Hear us, Good Lord.

That in our tribulations which we have in the world we may be of good cheer, knowing that thou hast overcome the world,

Hear us, Good Lord.

That, whilst we are in the world the Eternal Father may, through thy intercession, preserve us from the evil, and sanctify us through his Word of Truth,

Hear us, Good Lord.

That, as thou and the

Father art One, so all thy people may inwardly and outwardly be one in thee,

Hear us, Good Lord.

That the world may believe that the Father sent thee, and may know thee and thine Almighty love,

Hear us, Good Lord.

That thou wouldest draw all men unto thee,

Hear us, Good Lord.

That thou wouldest shortly accomplish the number of thine elect and hasten thy Kingdom,

Hear us, Good Lord.

O Lamb of God, that takest away the sins of the world,

O Jesus, spare us.

O Lamb of God, that takest away the sins of the world,

O Jesus, hear us.

O Lamb of God, that takest away the sins of the world,

O Jesus, have mercy upon us.

℣ God is gone up with a merry noise. Alleluia.

℟ *And the Lord with the sound of the trump. Alleluia.*

Our Father.

Let us pray.

Assist us mercifully, O Lord, in these our supplications: and grant, that like as we do believe the Saviour of mankind to be seated with thee in thy Majesty, so we may feel that he abideth with us, according to his promise, even unto the end of the world; through the Same thy Son Jesus Christ our Lord, who liveth and reigneth with thee, in the Unity of the Holy Ghost, ever One God, world without end. Amen.

WHITSUN EVE

May God Almighty bless us, who in honour of the Coming of the Holy Ghost the Comforter are dutifully preparing our minds by fasting, and observing this present day with solemn praises. Amen.

May we, after the example of the infants now born again, preserve such innocence, that, of his good gift, we may be able

to be a Temple of the Holy Ghost. Amen.

And may the Same Holy Ghost make us this day so worthy of his indwelling, that he may to-morrow pour himself into our minds to dwell therein for ever, and after the course of this present life is over, may lead us unto his heavenly gifts. Amen.

WHITSUNTIDE

Alleluia. Come Holy Ghost and fill the hearts of thy faithful people, and kindle in them the fire of thy love. Alleluia.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee and worthily magnify thy holy Name. Through Christ our Lord. Amen.

EMBER DAYS

O God, who hast sent thy servants to preach thy word, and to labour for the salvation of others, grant unto them spotless purity of life, and ardent zeal for the salvation of souls, that in all good works and steadfast faith they may preach thee, and through thy mercy at length come unto thee, who art the Author and Giver of all blessedness; through Jesus Christ our Lord. Amen.

TRINITY

DEVOTIONS TO THE BLESSED TRINITY

Antiphon. O Holy, Blessed, and Glorious Trinity, Three Persons and One God: have mercy upon us now and ever, and to ages of ages. Alleluia.

℣ Blessed be the Name of the Lord. Alleluia.

℟ From this time forth for evermore. Alleluia.

Let us pray.

Blessed and Glorious Trinity, Father, Son, and Holy Spirit, thanks be to thee, Very and One Trinity, One and Perfect Deity, Holy and Simple

Unity, thee, the Father Unbegotten, thee the Only-Begotten Son, thee the Holy Spirit, the Paraclete, Holy and Undivided Trinity, thee with our whole heart and our mouth do we confess and praise and bless: to thee be glory for ever and ever. Alleluia.

O Lord God, Father Almighty, bless and protect thy servants who are obedient to thy Majesty, through thine Only Son, in the power of the Holy Spirit, that being secure in every danger, we may continually rejoice in praising thee.

O Lord Jesus Christ, pour forth upon us the promised Spirit of the Father, to give us life and to teach us the fulness of truth in the mystery of the Blessed and Undivided Trinity, that our salvation may be accomplished through his gift, in which the perfection of all virtue consists.

O Holy Spirit, the Comforter, who with the Father and the Son, abidest One God in Trinity, descend this day into our hearts, that while thou dost intercede for us with the Father, we may call upon him with steadfast faith.

May the Infinite and Ineffable Trinity, the Father, the Son, and the Holy Ghost, direct our lives in all good works, and after our earthly pilgrimage vouchsafe to us eternal life with the Saints. Grant this, O Almighty and everlasting God. Amen.

ADORATION OF THE BLESSED TRINITY

O most Holy, Merciful, and Gracious Trinity, Father, Son, and Holy Ghost, One God; teach, direct, and help me who place my hopes on thee.

O God the Father, by thine incomprehensible power, establish my mind in thee, and fill it with holy and heavenly thoughts.

O God the Son, by thine infinite wisdom, enlighten my understanding, and fill it with the knowledge of the highest truth, and my own vileness.

O Holy Spirit, who art the love of the Father and the Son, by thy incomprehensible goodness, transform my will into thine and inflame it with an inextinguishable ardour of love.

O Adorable Trinity, I would that I could love and praise thee as perfectly as all the Saints and Angels praise thee. Behold, O Lord, I magnify thy Almighty wisdom and goodness: I bless thy omnipotent and gracious wisdom: I glorify thy wise and gracious power. But since I cannot worthily praise thee, do thou deign most perfectly to praise thyself in me. Had I the love of all thy creatures, I would willingly give it to thee alone. Amen.

LITANY FOR THE CHURCH

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

O Christ, hear us,

O Christ, graciously hear us.

O God the Father, of Heaven,

Have mercy upon thy people, thy chosen.

O God the Son, Redeemer of the world,

Have mercy upon thy people, thy chosen.

O God the Holy Ghost,

Have mercy upon thy people, thy chosen.

O Holy Trinity, One God,

Have mercy upon thy people, thy chosen.

O God, eternal Father, who didst choose the Church of thine elect before the foundation of the world,

Have mercy upon thy people, thy chosen.

O God, who on the fall of man, didst promise redemption through thine Only-Begotten Son, in whose Incarnation thou hast knit all things in Heaven and earth in one,

Have mercy upon thy people, thy chosen.

O God, who after the flood didst renew thy covenant with Noah, and afterwards didst call thy servant Abraham to be the Father of the faithful,

Have mercy upon thy people, thy chosen.

O God, who broughtest Israel out of Egypt by a mighty hand and by a stretched out arm,

Have mercy upon thy people, thy chosen.

O God, who leddest thy people like sheep by the hand of Moses and Aaron,

Have mercy upon thy people, thy chosen.

O God, who, smiting down their enemies before them, didst bring thy people into the promised land by the hand of Joshua their captain,

Have mercy upon thy people, thy chosen.

O God, who, casting out the heathen before them, didst make the tribes of Israel to dwell in their tents,

Have mercy upon thy people, thy chosen.

O God, who in mercy didst chasten thy people when they fell away from thee,

Have mercy upon thy people, thy chosen.

O God, who in mercy didst always hear and deliver them when they cried unto thee in their affliction,

Have mercy upon thy people, thy chosen.

O God, who didst think upon thy covenant, and didst pity them, according to the multitude of thy mercies,

Have mercy upon thy people, thy chosen.

O God, who unto thy servant David didst promise that thou wouldest establish his kingdom for ever, and that thy mercy should not depart from him,

Have mercy upon thy people, thy chosen.

O God, who when the house of Israel had become idolatrous didst raise up thy servant Elijah, to revive thy true religion,

Have mercy upon thy people, thy chosen.

O God, who in the most evil times didst evermore preserve unto thyself a faithful remnant,

Have mercy upon thy people, thy chosen.

O God, who didst comfort and enlighten thy people by the mouth of thy servants the prophets,

Have mercy upon thy people, thy chosen.

O God, who in the days of Hezekiah, and at other times, didst miraculously deliver Jerusalem from the hands of her enemies,

Have mercy upon thy people, thy chosen.

O God, who in the days of their captivity didst comfort Judah with the promise of restoration,

Have mercy upon thy people, thy chosen.

O God, who didst so order the affairs of this

world as to bring about the return of thy people that they might rebuild thy holy Temple,

Have mercy upon thy people, thy chosen.

O God, who in the fulness of time didst send thy Son to be the anointed Prophet, Priest, and King of thy people Israel,

Have mercy upon thy people, thy chosen.

O God, who by the Cross didst bring both Jew and Gentile into thy One Holy Catholic and Apostolic Church,

Have mercy upon thy people, thy chosen.

O Jesus, who building thy Church on the foundation of thy holy Apostles and Prophets in the glorious confession of thy true Godhead, hast promised that the gates of hell shall never prevail against it,

Have mercy upon thy Holy Church.

O Jesus, who by the mouth of Paul vouchsafest to call thy Church thy Bride, bone of thy bone, and flesh of thy flesh,

Have mercy upon thy Holy Church.

O Jesus, who vouchsafest to call thy Church thine Own Body, the fulness of thee who fillest all in all,

Have mercy upon thy Holy Church.

O Jesus, who lovedst thy Church and gavest thyself for it, that thou mightest present it unto thyself a glorious Church,

Have mercy upon thy Holy Church.

O Jesus, who didst promise to be with us always, even unto the end of the world,

Have mercy upon thy Holy Church.

O Jesus, our great High Priest, who ever livest to make intercession for us,

Have mercy upon thy Holy Church.

O Jesus, our King, to whom is given all power in Heaven and in earth, who rulest in all the kingdoms of the world, King of Kings, and Lord of Lords,

Have mercy upon thy Holy Church.

O Jesus, whom blessed John saw in vision as thou walkedst in the midst of the seven golden candlesticks, guiding and ruling the Churches of thy Saints,

Have mercy upon thy Holy Church.

O Jesus, who in the last great manifestation of thyself wilt come to deliver thy Church from the malice of her enemies, and to receive her unto thyself for thy Bride at the Marriage Supper of the Lamb,

Have mercy upon thy Holy Church.

O Jesus, who in the prophetic revelation of the Holy City, the New Jerusalem, hast comforted us with the prospect of the promised glories of the Church Triumphant,

Have mercy upon thy Holy Church.

By thine Ascension into Heaven, and enthronement at the Right Hand of God,

Good Lord, deliver thy Church.

By thine Almighty Intercession,

Good Lord, deliver thy Church.

By thy tender love, and multitude of thy mercies,

Good Lord, deliver thy Church.

We sinners do beseech thee to hear us, O Lord Jesus, that as thou hast promised to avenge thine own elect, thou wilt mercifully hear us when we call upon thee,

We beseech thee, Good Lord.

That thou wouldest pour down plenteously thy Holy Ghost upon thy Church,

We beseech thee, Good Lord.

That thou wouldest quicken the whole Body of thy Church by the power of thy Holy Ghost, leading all unto fuller knowledge of the truth and more perfect holiness of life,

We beseech thee, Good Lord.

That thou wouldest especially endue the clergy with the spirit of power and love and of a sound mind, and wouldest give them more abundantly the graces of courage and faithfulness and of fervent zeal,

We beseech thee, Good Lord.

That thou wouldest inspire all the Ministers of thy Word and Sacraments with a true knowledge and love of thee and of thy truth, an earnest desire of unity both in faith and discipline, and a devoted zeal for the propagation of the Gospel,

We beseech thee, Good Lord.

That thou wouldest vouchsafe unto all thy people a right apprehension of Christian truth, and

a brotherly love and affection one toward another,

We beseech thee, Good Lord.

That thou wouldest take away all hatred and prejudice, and whatsoever else doth hinder us from godly union and concord; and wouldest teach us all to love the truth and peace,

We beseech thee, Good Lord.

That thou wouldest so guide and prepare us by the gifts of thy grace, that we may do whatever in us lies towards our reunion with the rest of thy Holy Church throughout the world,

We beseech thee, Good Lord.

O Lamb of God, that takest away the sins of the world,

Have mercy upon thy Holy Church.

O Lamb of God, that takest away the sins of the world,

Deliver us out of all our troubles.

O Lamb of God, that takest away the sins of the world,

Let us not be confounded, for our trust is in thee.

O Christ, hear us,

O Christ, graciously hear us.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father.

℣ Hearken unto our voice, O Lord, when we cry unto thee,

℟ *Have mercy upon us and hear us.*

℣ Show thy servants the light of thy countenance,

℟ *And save us for thy mercy's sake.*

℣ Forsake us not, O Lord, our God,

℟ *Be not thou far from us.*

℣ O Lord, arise and help us,

℟ *Awake, and be not absent from us for ever.*

℣ O be thou our help in trouble,

℟ *For vain is the help of man.*

℣ Arise, O God, maintain thine Own cause,

℟ *And forget not the congregation of the poor for ever.*

℣ Help us, O God of our salvation, for the glory of thy Name,

℟ *O deliver us, and be merciful unto our sins, for thy Name's sake.*

℣ Turn thee again, O Lord, at the last,

℟ *And be gracious unto thy servants.*

℣ Let thy priests be clothed with righteousness,

℟ *And let thy Saints sing with joyfulness.*

℣ O Lord, hear our prayer,

℟ *And let our crying come unto thee.*

Let us pray.

Almighty and Everlasting God, who in Christ hast manifested forth thy glory unto all nations: preserve that which thy mercy has wrought, and grant that thy Church, being spread throughout the world, may persevere with steadfast faith in the confession of thy Name, through the Same thy Son Jesus Christ our Lord. Amen.

PENITENTIAL DEVOTIONS

Penitence should not cease to exist after we have received the forgiveness which comes to us through the precious Blood of our Lord Jesus Christ, for it is an abiding Christian attitude of mind which grows and deepens as the Christian life grows and deepens. The saints are the most contrite souls because being so close to God they know very fully the horror and beastliness of sin.

Penitence is not only for our personal sins; there is a corporate aspect to it. We sinners are also members of a sinful race. Isaiah, after his vision of the presence of God in the Temple (Isa. vi.) becomes aware of sin. "Woe is me, for I am a man of unclean lips, *and I dwell in the midst of a people of unclean lips.*"

The Psalmist says:

> The sacrifice of God is a troubled spirit: a broken and a contrite heart, O God, thou wilt not despise. Ps. li.

Penitence is not a state of your feelings; you may or may not feel sorry for sins. The 'heart' of the psalm means, not feelings, but the set of your mind, your intent. To become penitent, the bad habits of life must be broken up and renounced and an ever-repeated intention formed of 'newness of life.' This is an affair of will, of purpose, and to put it into practice you need God's help.

THE PENITENTIAL PSALMS

Against Anger

Psalm vi. *Domine, ne in furore*

O Lord, rebuke me not in thine indignation: neither chasten me in thy displeasure.

Have mercy upon me, O Lord; for I am weak: O Lord heal me, for my bones are vexed.

My soul also is sore troubled: but Lord, how long wilt thou punish me?

Turn thee, O Lord, and deliver my soul: O save me for thy mercies' sake.

For in death no man remembereth thee: and who will give thee thanks in the pit?

I am weary of my groaning, every night wash I my bed: and water my couch with my tears.

My beauty is gone for very trouble: and worn away because of all mine enemies.

Away from me all ye that work vanity: for the Lord hath heard the voice of my weeping.

The Lord hath heard my petition: the Lord will receive my prayer.

All mine enemies shall be confounded and sore vexed: they shall be turned back, and put to shame suddenly.

Glory be to the Father.

Let us pray.

O most meek Jesu, Prince of Peace, who, when thou wast reviled, reviled not again, and on the Cross didst pray for thy murderers: implant in our hearts the virtues of gentleness and patience, that restraining the fierceness of anger, impatience, and resentment, we may overcome evil with good, for thy sake love our enemies, and as children of our heavenly Father seek thy peace and evermore rejoice in thy love. Amen.

Against Pride

Psalm xxxii. *Beati, quorum.*

Blessed is he whose unrighteousness is forgiven: and whose sin is covered.

Blessed is the man unto whom the Lord imputeth no sin: and in whose spirit there is no guile.

For while I held my tongue: my bones consumed away through my daily complaining.

For thy hand is heavy

upon me day and night: and my moisture is like the drought in summer.

I will acknowledge my sin unto thee: and mine unrighteousness have I not hid.

I said I will confess my sins unto the Lord: and so thou forgavest the wickedness of my sin.

For this shall every one that is godly make his prayer unto thee, in a time when thou mayest be found: but in the great water-floods they shall not come nigh him.

Thou art a place to hide me in, thou shalt preserve me from trouble: thou shalt compass me about with songs of deliverance.

I will inform thee, and teach thee in the way wherein thou shalt go: and I will guide thee with mine eye.

Be ye not like to horse and mule, which have no understanding: whose mouths must be held with bit and bridle, lest they fall upon thee.

Great plagues remain for the ungodly: but whoso putteth his trust in the Lord, mercy embraceth him on every side.

Be glad, O ye righteous, and rejoice in the Lord: and be joyful all ye that are true of heart.

Glory be to the Father.

Let us pray.

O Lord Jesu Christ, Pattern of humility, who didst empty thyself of thy glory, and take upon thee the form of a servant: root out of us all pride and swelling of heart, that owning ourselves miserable and guilty sinners, we may willingly bear contempt and reproaches for thy sake; and glorying in nothing save only in thee, may esteem ourselves lowly in thy sight. Not unto us, O Lord, but to thy Name be the praise, for thy loving mercy and for thy truth's sake. Amen.

Against Gluttony

Psalm xxxviii. *Domine ne in furore*

Put me not to rebuke, O Lord, in thine anger: neither chasten me in thy heavy displeasure.

For thine arrows stick fast in me: and thy hand presseth me sore.

There is no health in my flesh because of thy dis-

pleasure: neither is there any rest in my bones, by reason of my sin.

For my wickednesses are gone over my head: and are like a sore burden, too heavy for me to bear.

My wounds stink, and are corrupt: through my foolishness.

I am brought into so great trouble and misery: that I go mourning all the day long.

For my loins are filled with a sore disease: and there is no whole part in my body.

I am feeble and sore smitten: I have roared for the very disquietness of my heart.

Lord, thou knowest all my desire: and my groaning is not hid from thee.

My heart panteth, my strength hath failed me: and the sight of mine eyes is gone from me.

My lovers and my neighbours did stand looking upon my trouble: and my kinsmen stood afar off.

They also that sought after my life laid snares for me: and they that went about to do me evil talked of wickedness, and imagined deceit all the day long.

As for me, I was like a deaf man, and heard not: and as one that is dumb who doth not open his mouth.

I became even as a man that heareth not: and in whose mouth are no reproofs.

For in thee, O Lord, have I put my trust: thou shalt answer for me, O Lord my God.

I have required that they, even mine enemies, should not triumph over me: for when my foot slipped they rejoiced greatly against me.

And I, truly, am set in the plague: and my heaviness is ever in my sight.

For I will confess my wickedness: and be sorry for my sin.

But mine enemies live and are mighty: and they that hate me wrongfully are many in number.

They also that reward evil for good are against me: because I follow the thing that good is.

Forsake me not, O Lord my God: be not thou far from me.

Haste thee to help me: O Lord God of my salvation.

Glory be to the Father.

Let us pray.

O Lord Jesu Christ, Mirror of abstinence, who to teach us the virtue of abstinence didst fast forty days and forty nights, grant that serving thee, and not our own appetites, we may live soberly and piously with contentment, without greediness, gluttony, or drunkenness, that thy will being our meat and drink, we may hunger and thirst after righteousness, and finally obtain of thee to eat of that Tree of Life which is in the midst of the Paradise of God. Amen.

Against Lust

Psalm li. *Miserere mei Deus*

Have mercy upon me, O God, after thy great goodness: according to the multitude of thy mercies do away mine offences.

Wash me throughly from my wickedness: and cleanse me from my sin.

For I acknowledge my faults: and my sin is ever before me.

Against thee only have I sinned, and done this evil in thy sight: that thou mightest be justified in thy saying, and clear when thou art judged.

Behold, I was shapen in wickedness: and in sin hath my mother conceived me.

But lo, thou requirest truth in the inward parts: and shalt make me to understand wisdom secretly.

Thou shalt purge me with hyssop, and I shall be clean: thou shalt wash me, and I shall be whiter than snow.

Thou shalt make me hear of joy and gladness: that the bones which thou hast broken may rejoice.

Turn thy face from my sins: and put out all my misdeeds.

Make me a clean heart, O God: and renew a right spirit within me.

Cast me not away from thy presence: and take not thy Holy Spirit from me.

O give me the comfort of thy help again: and stablish me with thy free spirit.

Then shall I teach thy ways unto the wicked: and sinners shall be converted unto thee.

Deliver me from blood-guiltiness, O God, thou that art the God of my health: and my tongue

shall sing of thy righteousness.

Thou shalt open my lips, O Lord: and my mouth shall shew thy praise.

For thou desirest no sacrifice, else would I give it thee: but thou delightest not in burnt-offerings.

The sacrifice of God is a troubled spirit: a broken and contrite heart, O God, shalt thou not despise.

O be favourable and gracious unto Sion: build thou the walls of Jerusalem.

Then shalt thou be pleased with the sacrifice of righteousness, with the burnt-offerings and oblations: then shall they offer young bullocks upon thine altar.

Glory be to the Father.

Let us pray.

O Lord Jesu Christ, Guardian of chaste souls, and lover of purity, who wast pleased to take our nature, and to be born of a pure Virgin, mercifully look upon my infirmity. Make me a clean heart, O God, and renew a right spirit within me; help me to drive away all evil thoughts, to conquer every sinful desire, and so pierce my flesh with the fear of thee that, this bosom enemy being overcome, I may serve thee with a chaste body and please thee with a pure heart. Amen.

Against Covetousness

Psalm cii. *Domine exaudi.*

Hear my prayer, O Lord: and let my crying come unto thee.

Hide not thy face from me in the time of my trouble: incline thine ear unto me when I call; O hear me, and that right soon.

For my days are consumed away like smoke: and my bones are burnt up, as it were a fire-brand.

My heart is smitten down, and withered like grass: so that I forget to eat my bread.

For the voice of my groaning: my bones will scarce cleave to my flesh.

I am become like a pelican in the wilderness: and like an owl that is in the desert.

I have watched, and am even as it were a sparrow: that sitteth alone upon the house-top.

Mine enemies revile me

all the day long: and they that are mad upon me are sworn together against me.

For I have eaten ashes as it were bread: and mingled my drink with weeping;

And that because of thine indignation and wrath: for thou hast taken me up, and cast me down.

My days are gone like a shadow: and I am withered like grass.

But thou, O Lord, shalt endure for ever: and thy remembrance throughout all generations.

Thou shalt arise, and have mercy upon Sion: for it is time that thou have mercy upon her, yea, the time is come.

And why? thy servants think upon her stones: and it pitieth them to see her in the dust.

The heathen shall fear thy Name, O Lord: and all the kings of the earth thy majesty:

When the Lord shall build up Sion: and when his glory shall appear;

When he turneth him unto the prayer of the poor destitute: and despiseth not their desire.

This shall be written for those that come after: and the people which shall be born shall praise the Lord.

For he hath looked down from his sanctuary: out of the heaven did the Lord behold the earth;

That he might hear the mournings of such as are in captivity: and deliver the children appointed unto death;

That they may declare the Name of the Lord in Sion: and his worship at Jerusalem;

When the people are gathered together: and the kingdoms also, to serve the Lord.

He brought down my strength in my journey: and shortened my days.

But I said, O my God, take me not away in the midst of mine age: as for thy years, they endure throughout all generations.

Thou, Lord, in the beginning hast laid the foundation of the earth: and the heavens are the work of thy hands.

They shall perish, but thou shalt endure: they all shall wax old as doth a garment;

And as a vesture shalt thou change them, and they shall be changed: but thou art the same, and thy years shall not fail.

The children of thy servants shall continue: and their seed shall stand fast in thy sight.

Glory be to the Father.

Let us pray.

O Lord Jesu Christ, who though thou wast rich yet for our sakes didst become poor, grant that all over-eagerness and covetousness of earthly goods may die in us, and the desire of heavenly things may live and grow in us: keep us from all idle and vain expenses that we may always have to give to him that needeth; and that giving not grudgingly nor of necessity, but cheerfully, we may be loved of thee, and be made through thy merits partakers of the riches of thy heavenly treasure. Amen.

Against Envy

Psalm cxxx. *De profundis*

Out of the deep have I called unto thee, O Lord: Lord, hear my voice.

O let thine ears consider well: the voice of my complaint.

If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?

For there is mercy with thee: therefore shalt thou be feared.

I look for the Lord, my soul doth wait for him: in his word is my trust.

My soul fleeth unto the Lord: before the morning watch, I say, before the morning watch.

O Israel, trust in the Lord, for with the Lord there is mercy: and with him is plenteous redemption.

And he shall redeem Israel: from all his sins.

Glory be to the Father.

Let us pray.

O most loving Jesu, Pattern of charity, who makest all the commandments of the law to consist in love towards God and towards man, grant to us so to love thee with all our heart, with all our mind, and all our soul, and our neighbour for thy sake, that the grace of charity and brotherly love may dwell in us, and all envy, harshness, and ill-will may die in us; and fill our hearts with feelings of love, kindness, and compassion,

so that by constantly rejoicing in the happiness and good success of others, by sympathizing with them in their sorrows, and putting away all harsh judgments and envious thoughts we may follow thee, who art thyself the true and perfect Love. Amen.

Against Sloth

Psalm cxliii. *Domine exaudi*

Hear my prayer, O Lord, and consider my desire: hearken unto me for thy truth and righteousness' sake.

And enter not into judgment with thy servant: for in thy sight shall no man living be justified.

For the enemy hath persecuted my soul; he hath smitten my life down to the ground: he hath laid me in the darkness, as the men that have been long dead.

Therefore is my spirit vexed within me: and my heart within me is desolate.

Yet do I remember the time past; I muse upon all thy works: yea, I exercise myself in the works of thy hands.

I stretch forth my hands unto thee: my soul gaspeth unto thee as a thirsty land.

Hear me, O Lord, and that soon, for my spirit waxeth faint: hide not thy face from me, lest I be like unto them that go down into the pit.

O let me hear thy loving-kindness betimes in the morning, for in thee is my trust: shew thou me the way that I should walk in, for I lift up my soul unto thee.

Deliver me, O Lord, from mine enemies: for I flee unto thee to hide me.

Teach me to do the thing that pleaseth thee, for thou art my God: let thy loving spirit lead me forth into the land of righteousness.

Quicken me, O Lord, for thy Name's sake: and for thy righteousness' sake bring my soul out of trouble.

And of thy goodness slay mine enemies: and destroy all them that vex my soul; for I am thy servant.

Glory be to the Father.

Antiphon. Remember not, Lord, our offences, nor the offences of our forefathers; neither take thou vengeance of our sins.

Let us pray.

O Lord Jesu Christ, Eternal Love, who in ne Garden didst pray so ong and so fervently that ny Sweat was as it were reat drops of blood falling own to the ground; put way from us, we beseech nee, all sloth and inctivity both of body and mind, kindle within us the fire of thy love, strengthen our weakness, that whatsoever our hand findeth to do we may do it with our might; and that striving heartily to please thee in this life, thou mayest hereafter be our exceeding great reward. Amen.

SELF-EXAMINATION

General Principles

1. What you look for in self-examination are your sins, in order that you may repent of them, do penance for them, make what reparation is required of you, and have a clear and firm intention to amend your life.

   You should not merely accuse yourself of pride, or self-centredness, or laziness, but make sure in what ways you have allowed these human failings to be active in your daily living.

2. You come to self-examination as the child of God, whom your sins have hurt, but who still loves you and desires to help you.

   To see yourself as you really are is the first step in penitence and humility. To see yourself thus, you must try to see what our Lord sees in you. "Look in his eyes and see the fashion of your face."

   The next step, then, is to look at our Lord as you find him in the New Testament and in Christian experience. You can take a passage or a phrase from the Bible, or some example of Christian living, and use it to draw nearer to Jesus, with acts of faith, hope and love. (See pp. 178, 179.) In all this ask God the Holy Ghost to guide and enlighten you.

3. In remembering your sins since your last confession do not rely on lists of sins. Use your own common sense. It will probably be helpful at times to use one or other of the various summaries of Christian knowledge and obligation given on pp. 2–5, such as the Beatitudes, the Duties to God and our Neighbour, the works of mercy, or the deadly sins.

4. Having thus seen something of yourself, ask our Lord's forgiveness by an act of Penitence (which you should renew just before your Confession). Then try to see what steps you ought to take to avoid committing these sins again. Only so can you form that firm purpose of amendment which is part of true penitence. But it is wise to submit these plans to the judgment of your confessor.

5. Lastly, call to mind that one sin alone makes you unfit even to see God. Repentance is God's most loving gift to men; by it he makes possible the way of return to him. He desires your returning love, but for it to be possible, Jesus Christ, the Eternal God made man, had to shed his blood for you upon the Cross.

For that you should give God humble thanks.

PRAYERS BEFORE SELF-EXAMINATION

Act of Faith

I believe in thee, O God, Father, Son, and Holy Ghost, my Creator, my Redeemer, and my Sanctifier; I believe that thou art All-Holy, Just, and Merciful. I believe that thou art willing to pardon and to save me, if I repent and forsake my sins.

O my God, strengthen and increase my faith, and grant me the grace of a true repentance, for Jesus Christ's sake. Amen.

Act of Hope

I hope in thee, O my God, because thou art Almighty, Faithful, and Long-suffering. I humbly

trust that thou wilt pardon my sins for the sake of thy dear Son Jesus Christ, who suffered and died for me upon the Cross: and that thou wilt cleanse my sinful soul in his precious Blood, and make me holy, and bring me safe to everlasting life.

O Lord, in thee have I trusted, let me never be confounded. Amen.

Act of Love

I love thee, O my God, above all things, because thou hast been so good, so patient, so loving to me, notwithstanding all the sins by which I have so grievously offended thee. I love thee, O Blessed Jesus, my Saviour, because thou didst suffer so much for love of me, an ungrateful sinner, and didst die on the Cross for my salvation.

O make me love thee more and more, and show my love to thee by faithfully keeping thy commandments all the days of my life. Amen.

O Lord God, who lightenest every man that cometh into the world, enlighten my heart, I pray thee, with the light of thy grace, that I may fully know my sins, shortcomings, and negligences, and may confess them with that true sorrow and contrition of heart which befits me. I desire to make full amends for all my sins, to live more holily for the future, and for the salvation of my soul, through Jesus Christ our Lord. Amen.

After self-examination you will either make a sacramental Confession or tell your sins to God as an act of piety.

If the latter you can use this act of contrition and one or more of the following prayers.

Act of Contrition

O my God, I am heartily sorry for having sinned thus against thee, because thereby I have offended thee, who art my chief and only Good. I utterly hate my sins, because they displease thee. From this moment I intend, with thy help, to

flee from all causes, occasions, and danger of sin, and I resolve to take all pain and trouble which may come upon me as a fitting punishment from thee for my sins. "A broken and contrite heart, O God, thou hast promised not to despise." Amen.

PRAYERS FOR PARDON AND AMENDMENT

I.

O most sweet Lord Jesu Christ, I, an unworthy sinner, would call to thy memory all the holy thoughts which have been thine from eternity until now; above all, that one by which thou, O Eternal Word, didst will to become Man.

O most merciful Lord, I pray thee from the bottom of my heart, to pardon me all the vain, foul, and evil thoughts which, up to this hour, I have entertained, or in any way have caused others to entertain against or beside thy will.

Our Father.

II.

O most piteous Lord Jesu Christ, I, a miserable sinner, would call to thy memory all the good and saving words which thou ever spakest when on earth.

I humbly pray thee, O Good Jesu, to forgive me all the words which up to this hour I have uttered or caused others to utter against thy holy will.

Our Father.

III.

O most sweet Jesu Christ, I, an unworthy sinner, yet redeemed by thy precious Blood, call to thy memory all the good works which thou wroughtest on the earth for our salvation. I beseech thee, most Piteous Lord, pardon me whatsoever, by my ill deeds, I have at any time knowingly or ignorantly committed, or have caused others to commit, against thy law, and the glory of thy Name.

And now, O most gracious Lord, direct and order all my thoughts, words, and works, according to thy good pleasure,

and to the praise of thy Name; and conform them to the perfect pattern of thy most holy life and conversation. I am thine, and would be thine, O Lord, in life and in death. Into thy hands I commend myself, and all that I have.

Our Father.

THE SACRAMENT OF PENANCE

Prayers while waiting to make your Confession.

O my God, I cry unto thee with the prodigal: Father, I have sinned against Heaven and before thee, and am no more worthy to be called thy son.

I have gone astray like a sheep that is lost. O seek thy servant, for I do not forget thy commandments.

Enter not into judgment with thy servant, O Lord! O spare me for thy mercy's sake.

Try me, O God, and seek the ground of my heart; prove me, and examine my thoughts!

Thou whose nature and property is ever to have mercy and to forgive, O meet me in pity, embrace me in love, and forgive me all my sin.

I confess my sins unto thee, O Christ, Healer of our souls, O Lord of Life. Heal me, heal me of my spiritual sickness, thou who art long-suffering, and of tender mercy; heal me, O Lord Christ.

Accept my supplications, O thou Holy Spirit, unto whom all hearts are open, all desires known, from whom no secrets are hid, and who givest life to our souls; hear and answer, O Spirit of God.

O heavenly Father, who willest not that any sinner should perish, give me true repentance for this my sin, that I perish not.

To what misery am I come by my own fault. O merciful God, pity and forgive me for Jesus' sake.

Thine eyes, O God, are as a flame of fire searching my inmost heart. O be thou merciful to my sin, for it is great.

Thou, God, seest me in all the foulness of my sins. Blessed Jesus, speak for

me, plead for me, come between my soul and my offended God, that I perish not.

Accept my Confession, O most Loving, most Gracious Lord Jesu Christ, on whom alone my soul trusts for salvation. Grant me I beseech thee contrition of heart, and give tears to mine eyes, that I may sorrow deeply for all my sins with humility and sincerity of heart.

O Lord God, who hast called me from my sins, and of thy mercy hast not cut me off in the midst of them, give me now, I beseech thee, time and grace to perfect my repentance according to thy will. Let the deep of my misery call to the deep of thy infinite mercy and compassion. Grant to me a humble and teachable mind that I may meekly receive the counsel of thy Minister. Enable me to fulfil all his godly instruction: melt my heart to true compunction: strengthen me in a hearty determination to renounce all sin for the time to come, that my repentance being at length acceptable in thy sight, I may, according to thy gracious promise, obtain the comfort and blessing of thy free forgiveness, through the merits and mediation of thy Son, Jesus Christ, our Lord. Amen.

FORM OF SACRAMENTAL CONFESSION

When you are kneeling beside the Priest, ask for his blessing, saying:—

Bless me, father, for I have sinned.

When he has given his blessing, say:

I confess to God the Father Almighty, to his Only-Begotten Son Jesus Christ, and to God the Holy Ghost, before the whole Company of Heaven, and to you my father, that I have sinned exceedingly in thought, word, and deed, by my fault, by my own fault, by my grievous fault. Especially I accuse myself that since my last confession which was (....) ago I have committed these sins: ....

then quite simply tell him your sins, and then say:

For these and all my other sins which I cannot now remember, I am heartily sorry, firmly purpose amendment, most humbly ask pardon of God, and of you, my spiritual father, penance, counsel, and absolution. Wherefore I pray God the Father Almighty, his Only-Begotten Son Jesus Christ, and God the Holy Ghost to have mercy upon me, and you my father, to pray for me to the Lord our God. Amen.

When the priest has given you advice, penance and absolution, go back to your place in church, say your penance, and make a thanksgiving to God for the gift of forgiveness.

THANKSGIVING AFTER CONFESSION

O most merciful God, who according to the multitude of thy mercies dost so put away the sins of those who truly repent that thou remembereest them no more, look graciously upon me, thine unworthy servant, and accept my Confession for thy mercy's sake: receive my humble thanks, most loving Father, that of thy great goodness thou hast given me pardon for all my sins. O may thy love and pity supply whatsoever has been wanting in the sufficiency of my contrition, and the fulness of my Confession. And do thou, O Lord grant me the help of thy grace, that I may diligently amend my life and persevere in thy service unto the end, through Jesus Christ our Lord. Amen.

Psalm ciii. *Benedic, anima mea*

Praise the Lord, O my soul: and all that is within me praise his holy Name.

Praise the Lord, O my soul: and forget not all his benefits;

Who forgiveth all thy sin: and healeth all thine infirmities;

Who saveth thy life from destruction: and crowneth thee with mercy and loving-kindness;

Who satisfieth thy mouth with good things: making thee young and lusty as an eagle.

The Lord executeth righteousness and judgement: for all them that are oppressed with wrong.

He shewed his ways unto Moses: his works unto the children of Israel.

The Lord is full of compassion and mercy: long-suffering, and of great goodness.

He will not alway be chiding: neither keepeth he his anger for ever.

He hath not dealt with us after our sins: nor rewarded us according to our wickednesses.

For look how high the heaven is in comparison of the earth: so great is his mercy also toward them that fear him.

Look how wide also the east is from the west: so far hath he set our sins from us.

Yea, like as a father pitieth his own children: even so is the Lord merciful to them that fear him.

For he knoweth whereof we are made: he remembereth that we are but dust.

The days of man are but as grass: for he flourisheth as a flower of the field.

For as soon as the wind goeth over it, it is gone: and the place thereof shall know it no more.

But the merciful goodness of the Lord endureth for ever and ever upon them that fear him: and his righteousness upon children's children;

Even upon such as keep his covenant: and think upon his commandments to do them.

The Lord hath prepared his seat in heaven: and his kingdom ruleth over all.

O praise the Lord, ye angels of his, ye that excel in strength: ye that fulfil his commandment, and hearken unto the voice of his words.

O praise the Lord, all ye his hosts: ye servants of his that do his pleasure.

O speak good of the Lord, all ye works of his, in all places of his dominion: praise thou the Lord, O my soul.

Glory be to the Father.

LITANY OF REPENTANCE

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ, hear us.
O Christ, graciously hear us.

O God the Father, of Heaven,
Have mercy upon us.
O God the Son, Redeemer of the world,
Have mercy upon us.
O God the Holy Ghost,
Have mercy upon us.
Holy Trinity, One God,
Have mercy upon us.

O God, who wouldest not the death of a sinner, but rather that he should be converted and live;
Have mercy upon us.
Who sparedst not the Angels that sinned, but didst cast them down to hell;
Have mercy upon us.
Who calledst Adam after his fall, to acknowledgment of his sin and to repentance;
Have mercy upon us.
Who didst fearfully punish Pharaoh, feigning repentance, yet hardened in heart;
Have mercy upon us.
Who forgavest the sins of thy disobedient people at the prayer of Moses;
Have mercy upon us.
Who sparedst the Ninevites when they fasted and repented in sackcloth and ashes;
Have mercy upon us.
Who by the prophet Nathan, broughtest David to acknowledge his sin;
Have mercy upon us.
Who didst put away his sin when he humbly confessed it;
Have mercy upon us.
Who sparedst Ahab when he humbled himself and repented;
Have mercy upon us.

Who camest into the world to save sinners;
Have mercy upon us.
Who broughtest salvation to the house of Zaccheus, when he repented and restored fourfold;
Have mercy upon us.

Who didst graciously hear the Canaanitish woman when she persevered in prayer;

Have mercy upon us.

Who didst receive publicans and sinners, and eat with them;

Have mercy upon us.

Who freely forgavest the sins of Mary Magdalene because she loved much;

Have mercy upon us.

Who didst in mercy look upon Peter when he thrice denied thee, and didst move him to confess his sins, and to shed tears of penitence;

Have mercy upon us.

Who when hanging on the Cross didst promise Paradise to the penitent thief;

Have mercy upon us.

Who thyself didst no sin, yet bearest our sins in thine own Body on the Tree;

Have mercy upon us.

Who wast bruised for our iniquities;

Have mercy upon us.

Who wouldest not that any should perish, but that all should come to repentance;

Have mercy upon us.

Who camest to seek and to save that which was lost;

Have mercy upon us.

Who hast pity on sinners, who turn to thee, in weeping, fasting, and mourning;

Have mercy upon us.

Who after repentance rememberest our sins no more;

Have mercy upon us.

Who in putting away our sins, dost renew us unto everlasting life;

Have mercy upon us.

Be merciful to us, and spare us, O Lord.

From all evil and wickedness;

Good Lord, deliver us.

From a sudden and unprepared death;

Good Lord, deliver us.

By thy Blood which thou didst shed for the remission of our sins;

Good Lord, deliver us.

In the time of trouble, in the hour of death, and in the Day of Judgment;

Good Lord, deliver us.

We sinners beseech thee to hear us.

That it may please thee to bring us to true repentance;

We beseech thee to hear us.

That we may bring forth fruits meet for repentance;

We beseech thee to hear us.

That sin may not reign in our mortal bodies;

We beseech thee to hear us.

That we yield not our members as instruments of unrighteousness;

We beseech thee to hear us.

That being dead to sin, we may live unto righteousness;

We beseech thee to hear us.

That, coming boldly to the Throne of Grace, we may obtain mercy and find grace to help in time of need;

We beseech thee to hear us.

That it may please thee to chasten and purge us here, and to spare us in eternity;

We beseech thee to hear us.

That it may please thee graciously to hear us;

We beseech thee to hear us.

O Son of God,

We beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

Spare us, O Lord.

O Lamb of God, that takest away the sins of the world,

Graciously hear us, O Lord.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Christ, hear us.

O Christ, graciously hear us.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father.

Let us pray.

O God, who rejectest not the greatest sinner, but in loving pity art reconciled to him by penitence, mercifully regard our lowly supplications, and give us strength to fulfil thy commandments.

O God, who justifiest the wicked, and wouldest not the death of a sinner, we humbly beseech thy Majesty bountifully to protect with thy heavenly succour,

and to preserve, by thy continual help, us thy servants, who trust only in thy mercy; so that we may constantly serve thee, and that no temptations may separate us from thee.

O God, who desirest not the death of a sinner, but his repentance, most mercifully regard the weakness of our mortal nature, and by thy goodness strengthen our endeavours, that of thine infinite mercy we may obtain pardon for our sins, steadfastness in thy service, and finally, with joy, the rewards promised to those who persevere unto the end, through our Lord Jesus Christ. Amen.

DEVOTIONS FOR THE SICK

RULES FOR THE SICK

1. Receive your sickness from the hands of your heavenly Father dealing with you as a son. Expect from it some spiritual benefit.
2. Recognise that sickness is an opportunity to share in the sufferings of our Lord as a penance for sin, your own and that of others, and so to have some part in his redeeming work.
3. Put into practice the virtues of patience and gratitude.
4. See that your priest is informed of your illness. If you are in a hospital remember that you will be witnessing to your faith by your courage, your cheerfulness and the regularity of your prayers. Guard your conversation. Make a point of asking the Ward Sister to tell the chaplain, and ensure that you can receive the sacraments at the times usual there, or in any crisis.
5. If you are seriously ill, do your best to ensure that you are given due warning of danger of death. If this happens take it calmly, and with common sense: set your affairs in order, make a Will, and pray God to prepare you for your journey home.
6. Watch your prayer life. The pattern of it will of course change, but the spirit of prayer should persist and deepen. If you are in pain or under drugs you will probably be able only to recite

prayers or hymns by heart. See that you know some to use in this way.

7. If death is likely, send for the last sacraments, say goodbye to your family and friends; ask forgiveness of God and your neighbour, and commend your soul to your loving Father. Think much on the joys of Heaven, and be thankful for God's mercies and penitent for your sins.

PRAYER FOR PATIENCE

Grant, O Lord, that in my patience I may possess my soul; to that end may I often look upon the face of Christ thy Son, that as he hath suffered such terrible things in the flesh, I may endeavour to be armed with the same mind. Wherefore I commit my strength unto thee, O Lord; for thou art my strength and my refuge; thou dost uphold my life. Behold, O Lord, now am I in the midst of the fire, and, how long I shall be there, thou knowest. Keep me, thou who didst preserve unhurt the three Children in the furnace at Babylon, and bring me forth safely out of this trial when it shall please thee, as thou didst deliver them, that I also may bless thee with all thy creatures for ever. Amen.

PRAYER IN SUFFERING

O my Lord, stand thou by me, with thy supporting grace; sanctify each pang, sustain my weakness. And then order for me what thou pleasest. Come now to my help, O Lord, and so purify my soul, that I may be spared the last, the eternal suffering; let me fly to the embrace of thy love for ever.

O thou who hast comforted the martyrs in their torments, and refreshed them with heavenly sweetness on the rack and in the fire, renew thy mercies to me thy unworthy servant; defend me against all temptation, suffer not the enemy to take advantage of me, but grant me thy heavenly strength, the fulness of thy grace and peace. Amen.

O Lord, by thy Cross and Passion strengthen me: Lord, let this cup pass from me; nevertheless, not my will but thine be done.

THANKSGIVING ON ABATEMENT OF PAIN

Blessed be thy mercy, O my God, who pitiest me in my misery; as a father pitieth his children, so hast thou pitied me. Lord, my soul shall love thee, and sing of thy mercy; in my distress I will always trust in thee, and not be afraid, for thou art our Strength whilst we suffer, and our merciful Deliverer when it seemeth fit to thee to deliver us. To thee be glory, through Jesus Christ our Lord. Amen.

PRAYER ON WANT OF SLEEP

O Lord, thou holdest mine eyes waking, and in the night season I take no rest. Consider, O merciful God, my weariness, which calls aloud to thee for rest; give rest to my wearied eyes, and make my sleep sweet unto me. While thou keepest me awake let me commune with mine own heart, and search out my spirit; let me remember thee on my bed, and meditate on thee in the night watches; let the consideration of thy tender mercies be my comfort, till thy goodness sees fit to give sleep to my eyes and refreshment to my sorrows, through my dearest Lord and Saviour Jesus Christ. Amen.

THANKSGIVING FOR RECOVERY

In the Name ✠ of the Father, and of the Son, and of the Holy Ghost. Amen.

Glory be to thee, O Heavenly Father, for the sickness thou hast in mercy sent me. Lord, the stripes thou didst lay on me were the stripes of love; glory be to thee. Before I was troubled, I went wrong; but now will I keep thy word. It is good for me that I have been in trouble, that I might learn thy statutes.

Glory be to thee, O Lord; glory be to thee, for delivering me from the terrors of death, and

restoring me to my health again; glory be to thee. I called upon the Lord in my trouble, and the Lord heard me at large. I shall not die but live, and declare the works of the Lord. Praise the Lord therefore, O my soul: as long as I have my life, which at first God gave me, and which he has now restored to me, I will sing praises unto my God.

O Lord God, who hast in thy tender mercy prolonged my days in this world, give me grace to spend this life, which thou hast now lengthened, in thy service. Give me grace to perform all my resolutions of new obedience, and so to live in the filial fear of thee all the remainder of my time, that I may at last die at peace with myself, at peace with the whole world, and at peace with thee; and that for the sake of thy well-beloved Son, and my Saviour, in whose holy words I sum up all my desires.

Our Father.

✠ The blessing of God, the Father, the Son, and the Holy Ghost descend upon me and all belonging to me, and dwell in my heart and be with me in my going out and coming in now and for ever. Amen.

ACTS OF MOST NECESSARY VIRTUES FOR THE SICK

These prayers in large type may be useful even when reading is difficult.

ADORATION

I adore thee,
my God and my all;
my first beginning,
and my last end.

PRAISE

Lord I would praise thee for ever,
in sickness and in health:

I would join my heart and voice
with the whole Church
of heaven and earth
in perpetual praise.

THANKSGIVING

I give thee thanks, O Lord,
at all times and in all places
for all thy mercies, known and unknown
to me and to all men.

I thank thee, Almighty Father
for loving us from all eternity;
for sending us thy Son Jesus Christ;
for redeeming us with his blood.

FAITH

Lord, I believe all the truths
thou hast revealed in Holy Church.
Lord, strengthen and increase
my faith.

HOPE

O my God, all my hope is in thee.
Mercy, grace, salvation
do I hope from thee.
To thee do I turn for help.

LOVE

I love thee, O Lord, with my whole heart.
I would love thee above all things.
Teach me to love thee for ever.

CONTRITION

Lord, be merciful to me, a sinner.
Holy Jesu, Son of the Living God,
have mercy upon me.

RESIGNATION

Lord, I resign myself
to thy blessed Will,
for sickness and for health.
Thy Will, not mine, be done
on earth as in heaven.

SELF-OBLATION

Into thy hands, O Lord, I place
all that I now suffer.
Make my sufferings one
with the sufferings of Jesus
my Saviour.

COMMENDATION

I commend my soul and my body
to God the Father, who created me;
to God the Son, who redeemed me;
to God the Holy Ghost, who sanctifies
me.
O Blessed Trinity, one only God.

QUICK PRAYERS IN SICKNESS

1

Lord, offer all my sufferings
to thy Father,
As thou didst offer all thy pains
to him.

2

Good Jesu, crucified for me;
nail my will to the cross
for love of thee.

3

Good Jesu, who bare the Cross for me,
I am all weakness.
Teach me to bear my cross.
Bear it with me: bear it in me.

4

Lord strengthen me
to bear my cross.
Give what thou commandest:
command what thou wilt.

5

Sanctify my cross to me,
and keep me thine for ever.

6

Good Jesu,
motionless upon the Cross
for love of us;
Help me to bear all pain
for love of thee.

DEVOTIONS FOR THE DYING

These prayers are intended for those who know that death will come soon, but not rapidly, so that there is time for preparation.

When the last agony approaches, only short prayers can be used (see pp. 81, 192–196).

IN PREPARATION FOR DEATH

My heart is ready, O God, my heart is ready; not my will, but thine be done. O my Lord, I resign myself entirely to thee, to meet my death at the time and in the manner that shall please thee.

I most humbly ask pardon of thee for all the sins that I have committed against thy Sovereign Goodness, my neighbour, and myself, by omission or commission, in thought or word, mortal or venial, and I repent of them all from the very bottom of my heart.

I firmly believe whatsoever the Holy Catholic Church believes and teaches; and by thy grace I will die in this Faith.

I hope of thine infinite mercy to inherit eternal life, by the merits of my Saviour Jesus Christ.

I desire to love thee above all things, O my God, my chief Good.

I desire, for the love of thee, O God, to love my neighbour as myself, and to forgive from my heart all the injuries that have been done to me.

I most humbly ask pardon of all whom I have in any way offended, knowingly or ignorantly, in

word or in deed; I protest that I am most ready to make amends to them so far as I am able, and I earnestly pray, if I have hurt or defrauded any man, that God may bring the injury to my remembrance, and give me the sincere will, and the full means of repairing it before I die.

I grieve, O God, for my exceeding want of thankfulness, and the poverty of my thanks; and I pray thee to forgive me; regard not my thanklessness, O Lord, but accept my feeble endeavours in union with those praises and thanksgivings, which cease not day and night to be paid to thee by the Blessed Virgin, by all thy Saints, and by the holy Angels, especially my guardian Angel; and which are ever offered to thee through the merits and intercession of my Lord.

I desire to be grateful to all who have bestowed on me any bodily or spiritual benefit; especially to those to whose care I am committed, or who have instructed, rebuked, or admonished me, or who have given me an opportunity of doing any act of love for thee, O my most Sweet Jesus.

I desire to live and die, fortified by the merits of the Passion, Death, and Blood-shedding of my Lord and Saviour Jesus Christ; and by the prayers of all the whole Church; I present the merits of my Saviour to God the Father for the remission of all my sins, and I offer to him the prayers of the Church as a thanksgiving for all the blessings which I have received from his Divine Majesty.

May all the members of Christ's Church in Heaven unite their prayers to mine, and by their effectual prayer through the merits of my Saviour, obtain for me, while I live, and chiefly at the hour of my death, true faith, sure hope, ardent love, unshaken fortitude, deep humility, unconquered patience, and whatsoever other virtues may be needful for me during the rest of my life and at the moment of my death.

I protest that if by God's permission the wicked one assail me during my life or at the hour of my death with any temptation, it is my will not to consent to it, tacitly or expressly, by sign, by word, or by deed: but to cleave faithfully for ever to God alone, my Maker, and Redeemer.

O my Divine Jesus, how great is my desire to receive thy Sacred Body! Come now unto my soul, and grant that I may worthily receive thee before my death! I desire to unite myself to all the worthy Communions which ever have been or shall be made in thy Holy Church, even to the end of the world.

And when in the agony of death, my tongue can speak no more, yet in my soul I would desire to be united to my God; I offer to him now for then, my agony, my pains, my sweats, my sufferings, to be united to the Agony and Bloody Sweat, the griefs and Passion, of my most Sweet Saviour, Jesus Christ, for the remission of my sins, through his sacrifice offered for me upon the Cross, and his eternal glory: and may the holy Angels, who stand before him, be with me to guard me and protect me at the moment of my death. Amen.

DEVOUT PRAYERS

O eternal Father, I am that most unworthy servant, whom thou hast so loved that thou gavest thy well-beloved Son to die for him. Deal mercifully with thy servant in this hour, lest that precious Blood be shed for me in vain. For what profit is there to me in my Saviour's Blood, if I go down to the pit?

O Jesu Christ, I am that lost sheep, for whom thou didst leave the ninety and nine in the wilderness, and seek so diligently, and set it on thy shoulders to bring it home again. Thou art the Good Shepherd, who didst lay down thy life for thy sheep. O, seek thy servant, for I have gone astray like a sheep that is lost. Let not that roaring lion, that

goeth about seeking whom he may devour, snatch me and tear me from thee: save me from the lion's mouth, O Lord.

O Jesu, I am that poor traveller, who going down from Jerusalem to Jericho, fell among thieves, and after many blows, was left half dead. Thou art my Physician, and that Good Samaritan who wast moved with compassion towards me, who hast bound up my wounds, yea, hast prepared for me the medicine of thine own Wounds and Blood. Thou art he who hast borne our sicknesses, and by whose stripes we are healed. Pity me Lord, in my last hour; O Lord, make haste to help me, ere my soul die and perish for ever.

O Jesu, I am that miserable sinner, who is guilty of many sins: thou art my Advocate with the Father, and the Propitiation for my sins. Thou willest not the death of a sinner, but that he should live. Thou camest into the world to save sinners. Deal mercifully with me in the last hour of my life. Be thou my Mediator and Advocate with the Father. O Good Jesu, be gracious to me a sinner. Into thy hands, O Lord, I commend my spirit. Amen.

O Lord Jesus Christ, who hast redeemed us with thy precious Blood, imprint the marks of thy Wounds upon my soul, that I may learn from them thy sorrow and thy love; thy sorrow for all the pains and sorrows which I confess that I have deserved by reason of my sins; thy love, that I may be joined unto thee with an inviolable love, and not be parted from thee and thine Elect for ever. Amen.

Grant me, O Lord Jesu Christ, a share in thy most sacred Incarnation, thy most holy Life, thy most bitter Passion, thy most glorious Resurrection and Ascension. Amen.

Grant me, O Lord, a share in thy most sacred Mysteries and Sacraments. Amen.

Grant me, O Lord, a share in all the prayers and sacrifices which are offered in thy Holy Church. Amen.

Grant me, O Lord, a blessed portion with all thy

Saints who from the beginning of the world have pleased thee in their several generations; and that I may rejoice with them in thy sight for ever. Amen.

PRAYERS

TO BE SAID AT THE BED-SIDE OF THE DYING

O Jesu, Fount of Love, show thy love to me, a poor needy creature; help me in this my last necessity.

O Jesu, my Maker and Redeemer, set thy Passion, Cross, and Death between thy judgment and my soul. I give myself wholly unto thee, cast me not away; I come to thee, drive me not from thee. Now, Lord, deal mercifully with me, according to thy will, and bid my spirit be taken up in peace.

Thou hast redeemed me, O Lord thou God of truth; O may these soothing words sound in the ears of my soul, "To-day shalt thou be with me in Paradise."

O Crucified Jesu, take me into those loving arms, which I see stretched out for me upon the Cross, take me into thy loved embrace and draw my soul to thee: receive me, good Jesu, of thy mercy; receive my soul in peace. Amen.

Lighten mine eyes, O Good Jesu, that I sleep not in death; lest mine enemy say, I have prevailed against him.

O Lord Jesu Christ, Son of the Living God, set thy Passion, Cross, and Death, between thy judgment and my soul.

O Good Jesu, remember not my old sins, but have mercy upon me and that soon, for I am come to great misery.

O most Sweet Lord Jesu Christ, for the honour and virtue of thy blessed Passion, bid me be written among the number of thine Elect.

Enter not into judgment with thy servant, most Pitiful Jesu, for in thy sight shall no man living be justified.

One thing have I desired of the Lord which I will require, even that I may dwell in the House of the Lord all the days of my life.

Bring my soul out of prison, that I may give

thanks unto thy Name: lo, the righteous wait for me till thou recompense me.

O stablish me according to thy word, that I may live, and let me not be disappointed of my hope. Amen.

A COMMENDATION OF THE SOUL

When the dying person enters the last agony a priest should be present, if possible, for the full office of Commendation. If this is impossible, then some person present can say as follows:

Go forth, Christian soul, from this world in the Name of God the Father Almighty, who created thee; in the Name of Jesus Christ, the Son of the living God, who suffered for thee; in the Name of the Holy Ghost who was poured out upon thee;

In the name of the holy and glorious Mother of God, the Virgin Mary; in the name of blessed Joseph; in the name of Angels and Archangels; in the name of Thrones and Dominations; in the name of Principalities and Powers; in the name of Cherubim and Seraphim;

In the name of the Patriarchs and Prophets; in the name of the holy Apostles and Evangelists; in the name of the holy Martyrs and Confessors; in the name of the holy Monks and Hermits; in the name of the holy Virgins and of all the Saints of God.

To-day let thy place be in peace, and thine abode in holy Sion.

Through the same Christ our Lord. Amen.

When the dying person is expiring, let him or those present say aloud many times:

JESUS, JESUS, JESUS.

Into thy Hands, O Lord, I commend my spirit.

A COMMENDATION WHEN THE SOUL HAS DEPARTED

May the Holy Ones of God succour *him*; may the Angels of God receive and bear *his* soul and present it before the Face of the most High.

℣ May Christ, who has called thee, receive thee; may the Angels carry thee into Abraham's bosom.

℟ Receive *his* soul, and present it before the Face of the most High!

℣ Grant *him* eternal rest, O Lord; and let perpetual light shine upon *him*.

℟ May the Angels of God receive and bear *his* soul, and present it before the Face of the most High!

Lord, have mercy upon *him*.
Christ, have mercy upon *him*.
Lord, have mercy upon *him*.

Our Father.

℣ And lead us not into temptation.

℟ But deliver us from evil.

℣ Grant *him* eternal rest, O Lord.

℟ And let perpetual light shine upon *him*.

℣ From the gates of Hell,

℟ Deliver *his* soul, O Lord.

℣ May *he* rest in peace.

℟ Amen.

℣ O Lord, hear our prayer.

℟ And let our cry come unto thee.

Let us pray

We commend to thee, O Lord, the soul of thy Servant N., that being dead unto the world, *he* may live unto thee: and whatsoever sins *he* has committed through the frailty of *his* mortal nature, do thou of thy merciful loving-kindness, blot out for ever; through Christ our Lord. Amen.

PRAYERS BY MOURNERS

I.

O Almighty God, who knowest the weakness and frailty of our nature: we beseech thee to give unto us, thy servants, whom thou hast stricken with this sorrow, such measures of thy grace as shall enable us to bear it with humility, resignation, and submission to thy Divine Will. Grant that no impatient murmuring or

repining thoughts may find a place in our hearts, that we may not sorrow as those who have no hope. Let not our grief exceed the bounds of reason and religion; but so temper it, we beseech thee, with the consolations of thy Holy Spirit, that whatever we may want in outward consolation, we may find in the inward rest of perfect submission to thy holy will, O God, and unshaken trust in thy loving mercy; through Jesus Christ our Lord. Amen.

II.

Almighty and most merciful Father, who lovest those whom thou chastenest, and turnest away thine anger from us, look down in pity upon our distress and sorrow, and grant that the affliction which it has pleased thee to bring on us may be a means of drawing us nearer to thee. Strengthen us, O Lord, that we may not languish in fruitless and unavailing sorrow, but by the assistance of thy Holy Spirit, may truly repent, meekly submit, and effectually be comforted; that we may obtain that peace which the world cannot give, and pass the residue of our life in humble resignation, and cheerful obedience: teach us to set our affections on things above, not on things on the earth; on those joys which never fade, the pleasures that are at thy right hand for evermore. Amen.

III.

O Almighty God, Judge of the quick and the dead, so fit and prepare us, we beseech thee, by thy grace, for that last account which we must one day give, that when the time of our appointed change shall come, we may look up to thee with joy and comfort, and may at last be received together with *him* whom thou hast now taken from us, and with all that are near and dear to us, into that place of rest and peace where thou shalt thyself wipe away all tears from all faces, and where all our troubles and sorrows shall have an end: who with the Father and the Holy Ghost livest and reignest One God, world without end. Amen.

PRAYERS BY MOURNERS FOR THE DEPARTED SOUL.

Every day between death and burial and as often as desired thereafter.

De Profundis. (Ps. cxxx).

Out of the deep have I called unto thee, O Lord: Lord hear my voice.
O let thine ears consider well: the voice of my complaint.
If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?
For there is mercy with thee: therefore shalt thou be feared.
I look for the Lord; my soul doth wait for him: in his word is my trust.
My soul fleeth unto the Lord: before the morning watch, I say, before the morning watch.
O Israel, trust in the Lord, for with the Lord there is mercy: and with him is plenteous redemption.
And he shall redeem Israel: from all his sins.
Rest eternal: grant unto them, O Lord.
And let light perpetual: shine upon them.

Let us pray.

Absolve, O Lord, we beseech thee, the soul of thy servant (handmaid) N., that being dead to the world, *he* may live unto thee; and whatsoever *he* hath done amiss in *his* human conversation through frailty of the flesh, do thou wipe away by the pardon of thy merciful goodness. Through Jesus Christ thy Son, our Lord. Amen.

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